calendar & activities
JAN 2020

New Year, New You – Try Something New

JAIN 2020						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CONNECTCONTRIBUTEFEELGROWMOVEREFLECT	Location Keys Be Fit BF Card Room CR Creative Studio CS Hudson Lounge HL Lodge A LA Lodge B LB Rockefeller's RK The Reel R Trip TR	Recreation Team MK - Maureen - Director CN - Christopher CO - Concierge JE - Jenna RCO - Richard RC - Resident Run SL - Sherry Lewis	New Year's Day 11:00 Start Of the New Year Trivia [JE] [LB] 12:30 Fit & Fabulous 2020 Workout [JE] [BF] 2:00 DIY: New Year's Resolution Board [JE] [LB] 2:00 New Year's Day At The Movies: When Harry Met Sally [JE] [R] 3:00 Happy Hour: Grigory Ringing In The New Year [JE] 4:15 Good Luck In The New Year Bingo [JE] [LB] 7:30 New Beginnings Movie Night [C]	3:00	Games [SL] [LB] 11:00 • A Strand Above: Jewelry Making [SL] [LB] 11:00 • Shopping At CVS [RC] [TR] 12:30 • Embrace The Power Fitness [SL] [BF] 2:00 • Movie Matinee [JE] [R] 2:30 • Shabbat: Rabbi Malik [SL] [LA] 3:00 • Words That Start With ? [SL] [LB] 4:00 • Synonyms & Antonyms [SL] [LB] 7:30 • Evening Movie [C] [R]	10:00 Scattergories [SL] [LB]
10:15 • St. Theresa's Church D ITR 12:30 • Chair Fitness Tone & Trim JE [BF] 1:30 • Chat Soup: Staying Healthy This Winter Season JE [LA] 2:00 • Bridge Club RC [CR] 2:00 • Movie Matinee JE [R] 3:00 • Words In Words You Are Never Too Old To Set Another Goal Or To Dream A New Dream' JE [RK] 4:00 • Scrabble Challenge JE [CR] 7:30 • Evening Movie C] [R]	10:00 • Big White Book Of Trivia [JE] [CR]	10.00	10:00	10:00 Language Prot. Lefs Learn Spanish Sigl 10:00 Slice Of Art Pastels Jie [HL] 10:00 Slice Of Art Pastels Jie [HL] 11:30 Big White Book of Trivia SL] [Lis 11:30 Catholic Communion Prayer Service: St. Therea's Church VI Lia 12:30 Deep Stretch & Relaxation SL] [BF] 12:30 Health Tips For Healthy Snacks Jie Lia 12:30 March Marine Jie 12:30 Putting It on The Page: Poetry Appreciation: Susan Kroinsh La Lia 12:30 Netholic Lia Lia 13:30 Canasta Ro [CR] 3:300 Ro [CR] 3	[LB] 11:00 • Shopping At CVS	10:00
10:15 • St. Theresa's Church [D] [TR] 12:30 • Sunday Fitness Workout [JE] [BF] 1:30 • Crossword Solvers! [JE] [LB] 2:00 • Bridge Club [RC] [CR] 2:00 • Movie Matinee [JE] [R] 3:00 • Paint & Sip [JE] [LB] 4:00 • Nostalgia Discussion Corner: Winter Vacations & Travel Destinations [JE] [BF] 7:30 • Evening Movie [C] [R]	10:00	10:00 • Girls Night Out? Table Topics [SL] [LA] 10:00 • Mornis Extecth / Breathing / Meditation [JE] [BF] 11:00 • At Connection: Lauren [LB] 11:00 • At Connection: Lauren [LB] 11:00 • Lock Good & Feel Good Video, Demenstration & Discussion [JE] 12:00 • Let's Do Lunch: Mediterraneo Ristorante & Carlot Extension (LB) 12:30 • Creative Writing: Autobiographies [JE] [CS] 12:30 • Gram Hourl [SL] [R] 12:30 • Movie Matinee [JE] [R] 13:30 • It's Debatable: Ralph Cohen [LB] 14:30 • Crafty-E-Corner [SL] [CS] 14:30 • Crafty-E-Corner [SL] [CS] 15:30 • Evening Movie [C] [R]	10:00 • Arm Chair Travel: Rick Steves [SL] [LA] 10:00 • Drama Club: Skits [JE] 11:00 • Art History & Discussion; Pablo Picasso [JE] [LA] 11:00 • The Crafty Crafter: Snowflake Garland [JE] 12:30 • Chair Fitness Tone & Trim [JE] [BF] 12:30 • Make A Word "Keep Looking UPThat's The Secret of Life [SL] [LB] 2:00 • Movie Matinee [JE] [R] 3:00 • Movie Matinee [JE] [R] 3:00 • Mind Joggers Trivia [JE] [LB] 4:15 • Mind Joggers Trivia [JE] [LB] 17:30 • Evening Movie [Cl [R]	10:00 Bingo [JE] [CS]	[LB] 11:00 • Shopping At CVS [RC] ITR] 11:00 • What If? [SL] [LB] 12:30 • Embrace The Power Fitness [SL]	10:00 • Word Jumbles [SL] [LB] 11:00 • Learn To Play Rummikub! [SL] [LB] 11:00 • Ossining Winter Farmers Market [RC] 12:30 • Chair Fitness Trim & Tone [SL] [BF] 2:00 • Movie Matinee [JE] [R] 2:15 • This & That Trivia [SL] [LB] 3:00 • Tai Chi: Molly StepWISEnow [BF] 4:15 • Creatively Calm Pencil & Color [SL] [LB] 7:30 • Fvening Movie [C] [R]
10:15 • St. Theresa's Church [D] [TR] 12:30 • Total Body Fitness [JE] [BF] 1:30 • Learn & Play Rummikub [JE] [LB] 2:00 • Bridge Club [RC] [CR] 2:00 • Movie Matinee [JE] [R] 3:00 • Scatterogories & Categories [JE] [CR] 4:00 • The Trivia Connection [JE] [RK] 7:30 • Evening Movie [C] [R]	Time [JE] [LB] 11:30 • Make A Word' Martin Luther King, Jr. Was A Great Social Activist[JE] [LB] 1:30 • Word Scrambles: Martin Luther King [JE] [RK] 2:00 • Chair Yoga: Shannon [BF] 2:00 • Movie Mattinee [JE] [R]	10:00 • Happiness? Table Topics [SL] [LA] 10:00 • Morning Stretch / Breathing / Meditation [JE] [BF] 11:00 • Here's To You in The New Year [JE] 11:00 • The Artist Studio: Lauren [LB] 12:00 • Let's Do Lunch: Tesoro D'Italia Restaurant [CM] 12:30 • Collage Making [SL] [CS] 12:30 • Creative Writing: Storytelling [JE] [LB] 2:30 • Opera Series: Porgy & Bess Part 1 With Joe Lawliss [R] 3:00 • Crossword Gang [JE] [LB] 3:00 • Let's Share: Family Photos [SL] [CR] 4:00 • Light My Choir Singing Group [SL] 4:00 • Light My Choir Singing Group [SL] 7:30 • Evening Movie [C] [R]	10:00	10:00 • Language Pro: Spanish 101 [SL] [LB] 10:00 • Thursday Word Teasers [JE] [CR] 11:00 • Stone Appea [SL] [CS] 11:30 • A Novel idea: Book Club [JE] [CS] 11:30 • A Novel idea: Book Club [JE] [CS] 11:30 • Catholic Communion Prayer Service: St. Thereasa Church [VI] [LA] 12:30 • Voyager: Interactive Travel Program: Google Earth [JE] 2:00 • Movie Matinee [JE] [R] 2:00 • Movie Matinee [JE] [R] 2:00 • Rominikub [SL] 2:00 • The Fablous Fifties: Professor Mark Bruce [LA] 3:00 • Canasta [RG] [CR] 4:00 • Chinese New Year Welcome In The New Year In Good Fortune[JE] 7:30 • Evening Movie [C] [R]	[RC] [TR] 12:30 • Embrace The Power Fitness [SL]	10:00 • Art History: Art Deco [SL] [LB] 11:00 • Ossining Winter Farmers Market [RC]
10:15 • St. Theresa's Church D Tra! 26 12:30 • Sit & Be Fit Je [BF 1:30 • Words That End With "Y"? Je [LB 2:00 • Bridge Club [RC] [CR] 2:00 • Movie Matinee Je [R] 3:00 • Wine & Watercolors Je [LB 4:00 • Words That Start With? Je [LB 7:30 • Evening Movie C] [R	11:00 • Mind Tickler Z: Rhyme Time [JE] [LB] 11:30 • Word Search [JE] [LB] 2:00 • Chair Yoga: Shannon [BF] 2:30 • Hollywood Legends: Michael Gaskin [R] 3:00 • Bridge Club [RC] [CS] 3:00 • Canasta [RC] [CR] 3:00 • Winter Blues Hangman [JE] [LB] 4:00 • Name Them: States & Capitals [JE] [CR] 7:30 • Evening Movie [C] [R]	FUN AT WORK DAY 10:00 Best Things Ever! Table Topics Stil [LA] 10:00 Morning Stretch / Breathing / Meditation [JE] [Br] 11:00 Helping Hands: Community Service [JE] [LB] 11:00 Site of Art: Lauren [LB] 12:00 Let's Do Lunch: Squires Of Binarcliff [CM] 12:30 Creative Writing: The Art of Rhyming [JE] [CS] 12:30 Game Hour! [SL] [HL] 2:00 Movie Matnice [JE] [R] 2:00 StepWisenow Studio: A Matter Of Balance Class & Lecture 3:00 Crossword [SL] [LB] 3:00 Sudoku [JE] [CS] 4:00 Pluzzle Hour [JE] [LB] 4:00 Pluzzle Hour [JE] [LB]	10:00 Drama Club: Skits [JE] 10:00 Scrabble Challenge [SL] [H.L] 11:30 Who We Are?: Careers & Hobbies [JE] [R] 11:30 Wii Sports Resort: Bowling [SL] [BF] 12:30 Chair Fitness Tone & Trim [JE] [BF] 12:30 Chicken Soup For The Soul [SL] [CR] 2:00 Movie Matinee [JE] [R] 3:00 Happy Hour: Magical Musical Afternoon With Violinist Albert M. 4:15 More Clue Trivia [JE] [LB] 4:15 Pitch Perfect Glee Club [SL] 7:30 Evening Movie [C] [R]	10:00	10:00 • Thinklers! Brain Games [SL.] [LB] 11:00 • Shopping At CVS [RC.] [TR] 12:30 • Embrace The Power Fitness [SL.] [BF] 2:00 • Movie Matinee [JE.] [R] 2:30 • Shabbat: Rabbi Malik [SL.] [LA] 3:30 • Big White Book Of Trivia [SL.] [LB] 7:30 • Evening Movie [C.] [R]	2020 HAPPY NEW YEAR