




July 2025		Monthly Activities						
Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div><div><div>EMBRACE</div><div>BY SENIOR LIFESTYLE</div></div><div><div>THE SHERIDAN</div><div>AT EASTSIDE</div><div>a Senior Lifestyle community</div></div><div><div><div>*Diversity Event</div><div>*Enjoy- Dining Partnership Event</div><div>*Outing</div><div>Embrace -BOOKMARKS</div><div>Embrace -ESSENCE</div><div>Embrace -MELODY</div><div>Embrace -SNAPSHOTS</div><div>Embrace -SPARK</div><div>Embrace -THYMELESS</div><div>Explore - Spiritual Health & Religion</div><div>Explore - Travels & Treks</div><div>_CONNECT</div><div>_CONTRIBUTE</div><div>_FEEL</div><div>_GROW</div><div>_MOVE</div></div><div><div>Location Keys</div><div>Dining Room</div><div>Entertainment Room</div><div>Essence Therapy Room</div><div>Living Room</div><div>Mom's Kitchen</div><div>Piano Room</div></div><div><div>DR</div><div>ER</div><div>ETR</div><div>LR</div><div>MK</div><div>PR</div></div></div></div>		<div></div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● White Board Games [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>1:00 ● Beauty Bar - Manicures & Hand Massages [ER]</div> <div>2:00 ♫ Thymeless- Hummus with Pita & Veggies</div> <div>3:00 ● Patriotic Arts and Craft [PR]</div> <div>3:00 ● iN2L Activity [ER]</div> <div>4:00 ● Bible Study [LR]</div> <div>6:00 ● Tuesday Night Trivia [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>1</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● White Board Games [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>1:00 ● Beauty Bar - Manicures & Hand Massages [ER]</div> <div>2:00 ● Let's Bake Blueberry Muffins! [MK]</div> <div>2:00 ♫ Thymeless- Hummus with Pita & Veggies</div> <div>3:00 ● Candy Bingo!</div> <div>3:00 ● iN2L Activity [ER]</div> <div>4:00 ● Bible Study [LR]</div> <div>6:00 ● Tuesday Night Trivia [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>8</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● White Board Games [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>1:00 ● Beauty Bar - Manicures & Hand Massages [ER]</div> <div>1:30 📖 Bookmarks - Book Club [PR]</div> <div>2:00 ♫ Thymeless- Pizza Bites</div> <div>3:30 ● Christmas in July Candy Bingo! [ER]</div> <div>3:30 ● Coffee & Current events w/Naomi [ER]</div> <div>6:00 ● PM Walkers [PR]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>9</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Sensory Adventure [ER]</div> <div>10:30 📖 Spark Class [LR]</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Chef Demo, Action Station [DR]</div> <div>2:00 ● Volunteers Visit: 1:1 Let's Make a Kiwi Hand Fan!</div> <div>3:00 Nature Walk</div> <div>4:00 🎵 Melody 1-1 Visits</div> <div>6:00 ● Thursday Night Trivia [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>10</div>	<div>Independence Day</div> <div>9:30 ● Zumba w/ Lenae</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Parachute Wave Rider [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Cheese and Crackers</div> <div>2:30 ● Spa Time w/Mia [ER]</div> <div>3:30 ● 4th of July Treats and Fireworks Show on Tv!</div> <div>3:30 ● IN2L Activity</div> <div>6:00 ● PM Walkers [PR]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>4</div>	<div>National Hawaii Day : Wear Your Lei!</div> <div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Balance Basics: Fall Prevention Exercise [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Saturday Smoothies</div> <div>2:30 Bible Study w/ Mia</div> <div>3:30 ● Candy Bingo! [ER]</div> <div>5:30 ● Sheridan Cinema Movie [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>5</div>
		<div>9:00 ● 12Stone Live Church Service [LR]</div> <div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>11:00 Hymn Singing [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>1:30 📖 Bookmarks - Book Club</div> <div>1:30 ● Give Back Sundays</div> <div>2:00 ♫ Thymeless- Sunday Sundaes</div> <div>3:00 ● Creative Crafters: Sunday Painting [PR]</div> <div>5:30 ● Sheridan Cinema Movie [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>6</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Get Your Passports: Journey to Jamaica [ER]</div> <div>10:30 ● Puzzles And Reminiscing</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Caprese Salad</div> <div>2:00 ● Volunteers Visit: 1:1 Strawberry Sundae Pop up!</div> <div>3:30 🌸 Essence Therapy 1:1 [ETR]</div> <div>6:00 ● PM Walkers [PR]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>7</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● White Board Games [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>1:00 ● Beauty Bar - Manicures & Hand Massages [ER]</div> <div>2:00 ● Let's Bake Blueberry Muffins! [MK]</div> <div>2:00 ♫ Thymeless- Hummus with Pita & Veggies</div> <div>3:00 ● Candy Bingo!</div> <div>3:00 ● iN2L Activity [ER]</div> <div>4:00 ● Bible Study [LR]</div> <div>6:00 ● Tuesday Night Trivia [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>8</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● White Board Games [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>1:00 ● Beauty Bar - Manicures & Hand Massages [ER]</div> <div>1:30 📖 Bookmarks - Book Club [PR]</div> <div>2:00 ♫ Thymeless- Pizza Bites</div> <div>3:30 ● Christmas in July Candy Bingo! [ER]</div> <div>3:30 ● Coffee & Current events w/Naomi [ER]</div> <div>6:00 ● PM Walkers [PR]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>9</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Sensory Adventure [ER]</div> <div>10:30 📖 Spark Class [LR]</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Chef Demo, Action Station [DR]</div> <div>2:00 ● Volunteers Visit: 1:1 Let's Make a Kiwi Hand Fan!</div> <div>3:00 Nature Walk</div> <div>4:00 🎵 Melody 1-1 Visits</div> <div>6:00 ● Thursday Night Trivia [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>10</div>	<div>9:30 ● Zumba w/ Lenae</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Parachute Wave Rider [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Cheese and Crackers</div> <div>2:30 ● Spa Time w/Mia [ER]</div> <div>3:30 ● IN2L Activity</div> <div>6:00 ● PM Walkers [PR]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>11</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Balance Basics: Fall Prevention Exercise [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Saturday Smoothies</div> <div>2:30 Bible Study w/ Mia</div> <div>3:30 ● Candy Bingo! [ER]</div> <div>5:30 ● Sheridan Cinema Movie [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>12</div>
		<div>9:00 ● 12Stone Live Church Service [LR]</div> <div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>11:00 Hymn Singing [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>1:30 📖 Bookmarks - Book Club</div> <div>1:30 ● Give Back Sundays</div> <div>2:00 ♫ Thymeless- Sunday Sundaes</div> <div>5:30 ● Sheridan Cinema Movie [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>13</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Get Your Passports: Journey to Jamaica [ER]</div> <div>10:30 ● Puzzles And Reminiscing</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Caprese Salad</div> <div>2:00 ● Volunteers Visit: 1:1</div> <div>3:30 🌸 Essence Therapy 1:1 [ETR]</div> <div>6:00 ● PM Walkers [PR]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>14</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● White Board Games [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>1:00 ● Beauty Bar - Manicures & Hand Massages [ER]</div> <div>2:00 ♫ Thymeless- Hummus with Pita & Veggies</div> <div>3:00 ● Candy Bingo!</div> <div>3:00 ● iN2L Activity [ER]</div> <div>4:00 ● Bible Study [LR]</div> <div>6:00 ● Tuesday Night Trivia [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>15</div>	<div>8:00 🚗 Chef Action Station- Waffles [DR]</div> <div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Horse Racing [ER]</div> <div>11:00 🚗 Scenic Drive With Bo</div> <div>11:00 ● SingFit [PR]</div> <div>1:30 📖 Bookmarks - Book Club [PR]</div> <div>2:00 ♫ Thymeless- Pizza Bites</div> <div>3:30 ● Christmas in July Candy Bingo! [ER]</div> <div>3:30 ● Coffee & Current events w/Naomi [ER]</div> <div>6:00 ● PM Walkers [PR]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>16</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Sensory Adventure [ER]</div> <div>10:30 📖 Spark Class [LR]</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Chef Demo, Action Station [DR]</div> <div>2:00 ● Volunteers Visit: 1:1</div> <div>3:00 Nature Walk</div> <div>4:00 🎵 Melody 1-1 Visits</div> <div>6:00 ● Thursday Night Trivia [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>17</div>	<div>9:30 ● Zumba w/ Lenae</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Parachute Wave Rider [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Cheese and Crackers</div> <div>2:30 ● Spa Time w/Mia [ER]</div> <div>3:30 ● IN2L Activity</div> <div>6:00 ● PM Walkers [PR]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>18</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Balance Basics: Fall Prevention Exercise [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Saturday Smoothies</div> <div>2:30 Bible Study w/ Mia</div> <div>3:30 ● Candy Bingo! [ER]</div> <div>5:30 ● Sheridan Cinema Movie [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>19</div>
		<div>9:00 ● 12Stone Live Church Service [LR]</div> <div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>11:00 Hymn Singing [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>1:30 📖 Bookmarks - Book Club</div> <div>1:30 ● Give Back Sundays</div> <div>2:00 🎄 Christmas In July Family Party</div> <div>2:00 ♫ Thymeless- Sunday Sundaes</div> <div>3:00 ● Creative Crafters: Sunday Painting [PR]</div> <div>5:30 ● Sheridan Cinema Movie [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>20</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Get Your Passports: Journey to Jamaica [ER]</div> <div>10:30 ● Puzzles And Reminiscing</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Caprese Salad</div> <div>2:00 ● Volunteers Visit: 1:1 Live Music w/ Myron</div> <div>3:30 🌸 Essence Therapy 1:1 [ETR]</div> <div>6:00 ● PM Walkers [PR]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>21</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● White Board Games [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>1:00 ● Beauty Bar - Manicures & Hand Massages [ER]</div> <div>2:00 🍕 Pizza Station [MK]</div> <div>2:00 ♫ Thymeless- Hummus with Pita & Veggies</div> <div>3:00 ● Candy Bingo!</div> <div>3:00 ● iN2L Activity [ER]</div> <div>4:00 ● Bible Study [LR]</div> <div>6:00 ● Tuesday Night Trivia [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>22</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● White Board Games [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>1:30 📖 Bookmarks - Book Club [PR]</div> <div>2:00 ♫ Thymeless- Pizza Bites</div> <div>3:30 ● Christmas in July Candy Bingo! [ER]</div> <div>3:30 ● Coffee & Current events w/Naomi [ER]</div> <div>6:00 ● PM Walkers [PR]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>23</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Sensory Adventure [ER]</div> <div>10:30 📖 Spark Class [LR]</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Chef Demo, Action Station [DR]</div> <div>2:00 ● Volunteers Visit: 1:1</div> <div>3:00 Nature Walk</div> <div>4:00 🎵 Melody 1-1 Visits</div> <div>6:00 ● Thursday Night Trivia [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>24</div>	<div>9:30 ● Zumba w/ Lenae</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Parachute Wave Rider [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Cheese and Crackers</div> <div>2:30 ● Spa Time w/Mia [ER]</div> <div>3:30 ● IN2L Activity</div> <div>6:00 ● PM Walkers [PR]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>25</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Balance Basics: Fall Prevention Exercise [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Saturday Smoothies</div> <div>2:30 Bible Study w/ Mia</div> <div>3:30 ● Candy Bingo! [ER]</div> <div>5:30 ● Sheridan Cinema Movie [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>11:00 Chapel Service with Pastor Jomy G.</div> <div>26</div>
		<div>9:00 ● 12Stone Live Church Service [LR]</div> <div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>11:00 Hymn Singing [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>1:30 📖 Bookmarks - Book Club</div> <div>1:30 ● Give Back Sundays</div> <div>2:00 ♫ Thymeless- Sunday Sundaes</div> <div>5:30 ● Sheridan Cinema Movie [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>27</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Get Your Passports: Journey to Jamaica [ER]</div> <div>10:30 ● Puzzles And Reminiscing</div> <div>11:00 Embrace Pool Party</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Caprese Salad</div> <div>2:00 ● Volunteers Visit: 1:1</div> <div>3:30 🌸 Essence Therapy 1:1 [ETR]</div> <div>6:00 ● PM Walkers [PR]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>28</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● White Board Games [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>1:00 ● Beauty Bar - Manicures & Hand Massages [ER]</div> <div>2:00 ♫ Thymeless- Hummus with Pita & Veggies</div> <div>3:00 ● Candy Bingo!</div> <div>3:00 ● iN2L Activity [ER]</div> <div>4:00 ● Bible Study [LR]</div> <div>6:00 ● Tuesday Night Trivia [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>29</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● White Board Games [ER]</div> <div>11:00 ● SingFit [PR]</div> <div>1:30 📖 Bookmarks - Book Club [PR]</div> <div>2:00 ♫ Thymeless- Pizza Bites</div> <div>3:30 ● Christmas in July Candy Bingo! [ER]</div> <div>3:30 ● Coffee & Current events w/Naomi [ER]</div> <div>6:00 ● PM Walkers [PR]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>30</div>	<div>9:30 ● Morning Mindfulness & Stretching [ER]</div> <div>10:00 ♥ Daily Chronicle & Chat</div> <div>10:00 ● Water Well Station & Morning Snack [MK]</div> <div>10:30 ● Sensory Adventure [ER]</div> <div>10:30 📖 Spark Class [LR]</div> <div>11:00 ● SingFit [PR]</div> <div>2:00 ♫ Thymeless- Chef Demo, Action Station [DR]</div> <div>2:00 ● Volunteers Visit: 1:1</div> <div>3:00 Nature Walk</div> <div>4:00 🎵 Melody 1-1 Visits</div> <div>6:00 ● Thursday Night Trivia [ER]</div> <div>7:00 ● Evening Wind-Down with a Snack & Water Well Station [ER]</div> <div>31</div>	<div>Resident Birthdays</div> <div>Joyce G. 7/1</div> <div>Marvin J. 7/5</div> <div>Elaine S. 7/16</div> <div>Harry B. 7/20</div>	<div></div>