March 2020 explore | Independent Living The Sheridan at Eastside Sunday Monday Tuesday Wednesday Thursday Friday Saturday 3 10:15 • Shamrock Shake [FC] 5 10:15 • Yoga with Naomi [FC] 1 10:15 • Raise the Barre **Church Shuttles** 10:15 • Kick Boxing 8:00 • Botanical 9:00 • Snellville Club [FC] Gardens Naomi [FC] Farmers Markey 11:00 • Midday Matinee - Ferris Bueller's 2:00 • Growing in Faith 1:00 • R.O.M.E.O. Club 3:30 O Scrabble Gainesville 1:00 • Card Crafting Campus & Waffle House -Showdown [GR] with Charlotte [CS] 10:30 O Doughnuts & Dominos Day Off [ER] - Bible Study [CS] at Chick-Fil-A - \$ [LBY] INDEPENDENT LIVING \$20 [LBY] 3:30 • Book Club [CS] 1:15 O Card Club [GR] Wedding Wrap-Up: 3:30 O Bridge Buddies [GR] I - 1:3 🕒 Make a Mii on the Wii [FC] 10:15 • Ageless Grace [FC] 4:00 • Ladies Pamper Party [CS] Pictures & Video of 2:00 • Cornhole in the Courtyard 4:30 • Wii Bowling Practice [FC] 4:00 • Resident Referal Roundup 4:30 Trivia: Fact or Fiction [ER] Kacey's Wedding [ER] 2:30 • 2 Buck Black Jack [ER] - What You Need to Know 5:00 • Gwinnett Ballet Spring 7:15 • Night Owls Movie - Ferris 7:00 Pretzels, Pints, & Puzzles Show - Excerpts from 5:15 O Dinner at The Diner - \$ 4:00 Happy Hour [GR] **About Referring Your** Bueller's Day Off [ER] Friends [LBY] [LBY] Sleeping Beauty [LBY] BY SENIOR LIFESTYLE 7:00 Movie Monday - The 7:00 • The Story of Us with 7:00 O Board Games & Beers Morgan Freeman [ER] Pursuit of Happyness [ER] Happy Hour [GR] 10:15 • Kick Boxing **Church Shuttles** 8:00 • Day Trip to 10:15 • Walking 10:15 • Ageless Grace 10:15 • Yoga with 11:30 • Artist Hour -**Daylight Saving Time** Savannah, GA -Club [FC] Wednesday Naomi [FC] Free Paint [CS] Workout [FC] \$ [LBY] 11:00 • Downsizing & 2:30 O 2 Buck Black 1:00 • Card Crafting 2:00 • Cornhole in the **Begins** 10:15 • Raise the Barre [FC] 11:00 Hero's Hour - Veterans with Charlotte [CS] Maximizing Your Money Jack [ER] Courtyard 11:00 • Midday Matinee - The "The meeting of preparation 2:00 • Growing in Faith - Bible Club [GR] 4:00 • Happy Hour with Nancy 3:30 • Bridge Buddies [GR] 7:00 • Board Games & Beers Notebook [ER] with opportunity generates the 1:00 • R.O.M.E.O. Club at Stevie 2:00 • Create a Cork [CS] Gerber - Las Vegas theme Happy Hour [GR] Study [CS] 4:30 Family Feud Game Night 4:30 • Wii Bowling Practice [FC] 4:00 • Club Fair [GR] B's Pizza - \$ [LBY] 6:30 • Learning with Dr. Lentz Rat Pack [GR] 7:15 • Night Owls Movie - The offspring we call luck." 7:00 Movie Monday - The Kings 1:15 O Card Club [GR] 7:00 • Wii Game Night - Just Notebook [ER] Dance [FC] Speech [ER] 7:00 • Brain Games [GR] 7:15 • Night Owls Movie - The — Anthony Robbins Notebook [ER] 10:15 • Raise the Barre **Church Shuttles** St. Patrick's Day 10:00 • Georgia 10:15 • Ageless Grace 10:15 • Yoga with 10:30 O Doughnuts & \mathbf{O} Aquarium & Naomi [FC] Dominos [GR] 10:15 • Kick Boxina 12:00 • Feature Film [FC] Mary Mac's Tea 10:15 • The Dillard - 2 F Art Show 1:00 • Card Crafting 2:00 • Cornhole in the Club [FC] Registration [LBY] Room [LBY] with Charlotte [CS] Courtyard House - \$ [LBY] 1:3 • Make a Mii on the Wii [FC] 1:00 • R.O.M.E.O. Club at 2:00 • Growing in Faith - Bible 10:15 • Fab Abs Workout [FC] 2:00 • Sheridan Shares Meeting 4:30 • Resident Art Show [GR] O'Charleys - \$ [LBY] 3:30 • Bridge Buddies [GR] 2:45 • Build Your Bracket [CS] Study [CS] 11:00 Hero's Hour - Veterans 4:00 • The Price is Right [ER] 1:15 O Card Club [GR] 4:30 • Wii Bowling Practice [FC] 7:00 Movie Monday [ER] Club [GR] 2:30 • 2 Buck Black Jack [ER] 7:00 • On Your Feet: The Story of 3:30 O Cheers & Beers on the 1:30 • Blingo Bingo [CS] 4:00 O Happy Hour - Speed Emilio & Gloria Estefan - \$ Green 3:30 O Trivia: Outrageous Laws Friending [GR] [LBY] 7:00 O Pretzels, Pints, & Puzzles 5:15 O Dinner at Provinos - \$ [LBY] Mad for Plaid
10:15 • Kick **Church Shuttles** Crazy Socks Day Sports Fan Day Pajama Party Blue Jean Dress Down Employee Appreciation **Blue Jean Dress Down** 11:30 • Artist Hour -Free Paint [CS] 10:15 • Ageless Grace 10:15 • Kick Boxing 9:30 • Wild Animal 12:00 • Feature Film 10:15 • Raise the Barre 2:00 • Cornhole in the Club [FC] Safari - \$40 per 3:30 • Scrabble Showdown [GR] 2:00 • Growing in Faith - Bible 1:00 • R.O.M.E.O. Club at Chili's person [LBY] 2:30 • 2 Buck Black Jack [ER] Courtyard 10:15 • Yoga with Naomi [FC] WWW.SENIORLIFESTYLE.COM 6:30 O Happy Hour with Nancy 10:15 • Walking Wednesday 4:30 • Wii Bowling Practice [FC] Study [CS] \$ [LBY] 4:00 Happy Hour [GR] 1:00 • Card Crafting with Gerber [GR] 1:15 O Card Club [GR] Workout [FC] 3:30 • Line Dancing Lessons [FC] 6:00 March Birthday's Dinner Charlotte [CS] 11:00 • Hero's Hour - Veterans 7:00 Movie Monday [ER] 7:00 O Director's Night Happy 3:30 • Bridge Buddies [GR] **ACTIVITIES ARE** Club [GR] 4:00 • Love & Marriage Game 4:00 Trivia: Sports [ER] SUBJECT TO CHANGE Show [ER] **Church Shuttles** 29 8:00 • Day Trip to 10:15 • Kick Boxing Club [FC] Savannah, GA 12:00 • Feature Film Your opinion is important to **Location Keys** [I RV] 1:00 • R.O.M.E.O. Club 10:15 • Raise the Barre [FC] - 1:3 O Make a Mii on the Wii [FC] [LBY] us. Share your feedback and Culture & the Arts Bistro 1:15 O Card Club [GR] 4:30 • Wii Bowling Practice [FC] 2:00 • Growing in Faith - Bible SENIOR Leadership & Volunteerism Creative Studio CS suggestions about our new 3:30 • Welcome Wreaths [ER] Study [CS] 6:00 • Gwinnett Gladiators Lecture & Learning LIFESTYLE 7:00 Movie Monday [ER] 7:00 Pretzels, Pints, & Puzzles Hockey Game - \$ [LBY] **Entertainment RoomER** Movement & Mind

Fitness Center

Great Room

Lobby

FC

GR

LBY

Recreation & Entertainment

Spiritual Health & Religion

Travels & Trecks

your life, your style

Created on Tuesday, February 25, 2020 11:26 AM

explore Independent Living

program concept with your

Resident Program Director.