




February 2021
Monthly Theme is Inspire, Love, Compassion

Monthly Activities

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
<div><div>BeInspired</div><div>WWW.SENIORLIFESTYLE.COM</div><div>Activities are subject to change</div></div>		<div>Welcome To the First Day Of February!</div> <div>10:30 <div>●</div> Move More Exercise: Circle Soccer</div> <div>11:00 <div>●</div> Sewing with Susan</div> <div>1:30 <div>●</div> Green Putter's Golf</div> <div>2:30 <div>●</div> Essential Oils Class: Body Spray</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Kind Words Go a Long Way</div> <div>6:00 <div>●</div> Monday Night Movie</div>	1	<div>Groundhog Day</div> <div>10:30 <div>●</div> Marvelous Morning Meditation</div> <div>11:00 <div>●</div> Festive February History 101: Groundhog Day Origins</div> <div>1:30 <div>●</div> Language Lab: Greek</div> <div>2:00 <div>●</div> Poetry Writers Club</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Key To Success</div> <div>6:00 <div>●</div> Tuesday Night Movie: Groundhog Day</div> <div>6:00 <div>●</div> Tuesday Night Poker</div>	2	<div>Today is National Feed the Birds Day</div> <div>10:30 <div>●</div> Move More Exercise: Chair Yoga</div> <div>11:00 <div>●</div> Beautiful Bird Watching: How Many Can You Name?</div> <div>1:30 <div>●</div> Fabulous February Crafts: Puzzle Piece to My Heart Sign</div> <div>2:30 <div>●</div> Bridge Club</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Therapeutic Bird Watching</div> <div>6:00 <div>●</div> Wednesday Night Movie</div>	3	<div>Today is Rosa Parks Birthday!</div> <div>10:30 <div>●</div> Super Morning Stretches</div> <div>11:00 <div>●</div> Throw Back Thursday Documentary: Rosa Parks Origins</div> <div>2:30 <div>●</div> Busy Board Games: Rummikub</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: One Voice Can Change History</div> <div>6:00 <div>●</div> Church Hill Classic Film</div>	4	<div>Today is National Wear Red Day For Healthy Hearts</div> <div>10:30 <div>●</div> Rosary Group</div> <div>11:00 <div>●</div> Church Hill Current Events</div> <div>1:30 <div>●</div> Food For Thought: Heart Healthy Tasty Recipes</div> <div>2:30 <div>●</div> Creative Crafts Corner: Heart Suncatchers</div> <div>3:30 <div>●</div> Social Hour: Cherry Pie</div> <div>4:30 <div>●</div> Ted Talks: Benefits To Grow Your Own Vegetables</div> <div>6:00 <div>●</div> Friday Night Movie</div>	5	<div>Today is National Home Run Day</div> <div>10:30 <div>●</div> Super Seventh-inning Stretches</div> <div>11:00 <div>●</div> Home Run History 101: Babe Ruth</div> <div>1:30 <div>●</div> Sweetheart Sunset Painting</div> <div>2:30 <div>●</div> Church Hill Chapter Chats: Book Club</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: There is no "I" in Team</div> <div>6:00 <div>●</div> Saturday Night at the Movies</div>	6	
	<div>Today is Super Bowl Sunday</div> <div>10:30 <div>●</div> CHV Scenic Drive: Danbury</div> <div>10:30 <div>●</div> Church Service Live Stream</div> <div>11:30 <div>●</div> Green Putters Golf</div> <div>1:00 <div>●</div> BHU: 10 in 60 Football Words</div> <div>1:30 <div>●</div> Church Hill Casino-Bingo Football Blitz</div> <div>2:30 <div>●</div> CHV Virtual Entertainment: Elton John Live in London (2016)</div> <div>3:30 <div>●</div> Social Hour: Super Bowl Appetizers and Cocktails</div> <div>4:30 <div>●</div> Ted Talks: We Are Stronger Together</div> <div>6:00 <div>●</div> Super Soul Sunday Movie</div>	7	<div>Today is Don't Forget to Live, Laugh and Love Day</div> <div>10:30 <div>●</div> Beautiful Body Sculpting</div> <div>11:00 <div>●</div> Sewing with Susan</div> <div>1:30 <div>●</div> Classic Jokes Now and Then Trivia: How Many Can You Name?</div> <div>2:30 <div>●</div> Nifty Knitters Club</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Laughter is The Best Medicine</div> <div>6:00 <div>●</div> Monday Night Movie</div>	8	<div>Today is National Chocolate Kiss Day</div> <div>10:30 <div>●</div> Move More Exercise: Volleyball</div> <div>11:00 <div>●</div> February Favorite Fun Facts: 35 Hershey Kiss Quotes</div> <div>1:30 <div>●</div> How it's Made: Hershey Chocolate</div> <div>2:30 <div>●</div> Movie Club</div> <div>3:00 <div>●</div> CHV Men's Club</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Health Benefits to Dark Chocolate</div> <div>6:00 <div>●</div> Tuesday Night Movie</div> <div>6:00 <div>●</div> Tuesday Night Poker</div>	9	<div>Today is National Heart-2-Heart Day</div> <div>10:30 <div>●</div> Move More Exercise: Chair Yoga</div> <div>11:00 <div>●</div> Unscramble That Word: 20 Heart Healthy Foods</div> <div>1:30 <div>●</div> Fabulous February Crafts: Wool Heart Wreaths</div> <div>2:30 <div>●</div> Bridge Club</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Secrets To a Healthy Heart</div> <div>6:00 <div>●</div> Wednesday Night Movie</div>	10	<div>Today is Burt Reynolds Birthday</div> <div>10:30 <div>●</div> Morning Meditation</div> <div>11:00 <div>●</div> Name That Movie Title: Burt Reynolds</div> <div>1:30 <div>●</div> BHU: 10 in 60 Movie Words</div> <div>2:30 <div>●</div> Busy Board Games: Rummikub</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Kindness is the Greatest Gift</div> <div>6:00 <div>●</div> Church Hill Classic Film</div>	11	<div>Today is National Lost Penny Day</div> <div>10:30 <div>●</div> Rosary Group</div> <div>11:00 <div>●</div> Church Hill Current Events</div> <div>1:30 <div>●</div> Creative Something Beautiful Workshop: Festive Love Wreaths</div> <div>2:30 <div>●</div> Penny Pokeno Cards</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Manage Your Money Good For Success</div> <div>6:00 <div>●</div> Friday Night Movie</div>	12	<div>Today is National Share The Love Day</div> <div>10:30 <div>●</div> Super Saturday Stretches</div> <div>11:00 <div>●</div> February Festive Creations: Heart Charm Pins</div> <div>1:30 <div>●</div> Pen Pals with Sant Rose Elementary: Valentines Day Cards</div> <div>2:30 <div>●</div> Church Hill Chapter Chats: Book Club</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Self-love is Important Everyday</div> <div>6:00 <div>●</div> Saturday Night at the Movies</div>	13
	<div>Valentine's Day</div> <div>10:30 <div>●</div> CHV Scenic Drive: Southbury</div> <div>10:30 <div>●</div> Church Service Live Stream</div> <div>11:00 <div>●</div> Best Of Bowling</div> <div>1:30 <div>●</div> Church Hill Casino-Bingo Valentines Day Blitz</div> <div>2:30 <div>●</div> CHV Entertainment: Sweetheart Valentines Day Dance</div> <div>3:30 <div>●</div> Social Hour: Chocolate Covered Strawberries</div> <div>4:30 <div>●</div> Ted Talks: My Special Valentine</div> <div>6:00 <div>●</div> Super Soul Sunday Movie</div>	14	<div>Presidents' Day</div> <div>10:30 <div>●</div> Beautiful Body Sculpting</div> <div>11:00 <div>●</div> February Flash Back History 101: Presidents Through The Decades</div> <div>1:30 <div>●</div> Essential Oils Class: Rollers</div> <div>2:30 <div>●</div> Sewing with Susan</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Be a Good Leader</div> <div>6:00 <div>●</div> Monday Night Movie</div>	15	<div>Today is National Mardi Gras Day</div> <div>10:30 <div>●</div> Move More Exercise: Chair Yoga</div> <div>11:00 <div>●</div> BHU: Crosswords</div> <div>1:30 <div>●</div> Movie Club</div> <div>2:00 <div>●</div> Poetry Writer's Club</div> <div>2:30 <div>●</div> Arm Chair Travel: Mardi Gras Celebrations Around the World</div> <div>3:30 <div>●</div> Mardi Gras Social Hour: Hot Appetizers and Cocktails</div> <div>4:30 <div>●</div> Ted Talks: Take Time to Celebrate</div> <div>6:00 <div>●</div> Tuesday Night Movie</div> <div>6:00 <div>●</div> Tuesday Night Poker</div>	16	<div>Today is National First Ladies Day</div> <div>10:30 <div>●</div> Move More Exercise: Chair Yoga</div> <div>11:00 <div>●</div> February Flashback History 101: First Ladies Through the Decades</div> <div>1:30 <div>●</div> BHU: Unscramble That Word</div> <div>2:30 <div>●</div> Bridge Club</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Woman Are Strong</div> <div>6:00 <div>●</div> Wednesday Night Movie</div>	17	<div>Today is National Wine Day</div> <div>10:30 <div>●</div> Super Morning Stretches</div> <div>11:00 <div>●</div> Arm Chair Travel: Wineries Around the World</div> <div>1:30 <div>●</div> Busy Board Games: Rummikub</div> <div>2:30 <div>●</div> Festive February Crafts: Red Wine Painting</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: One Glass of Wine a Day Health Benefits</div> <div>6:00 <div>●</div> Church Hill Classic Film</div>	18	<div>Today is National Chocolate Mint Day</div> <div>10:30 <div>●</div> Rosary Group</div> <div>11:00 <div>●</div> Church Hill Current Events</div> <div>1:30 <div>●</div> How it's Made: Delicious Chocolates</div> <div>2:30 <div>●</div> Nifty Knitters Club</div> <div>3:30 <div>●</div> Social Hour: Chocolate Mint Smoothies</div> <div>4:30 <div>●</div> Ted Talks: Having a Sweet Tooth</div> <div>6:00 <div>●</div> Friday Night Movie</div>	19	<div>Today is National Beautiful Landscape Day</div> <div>10:30 <div>●</div> Marvelous Morning Walk</div> <div>11:00 <div>●</div> Card Sharks: Black Jack</div> <div>1:30 <div>●</div> Beautiful Landscape Painting: Winter Lake Sunset</div> <div>2:30 <div>●</div> Church Hill Chapter Chats: Book Club</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Take Time to Enjoy Beautiful Nature</div> <div>6:00 <div>●</div> Saturday Night at the Movies</div>	20
	<div>Today is National John Lewis Day</div> <div>10:30 <div>●</div> CHV Scenic Drive: Beacon Falls</div> <div>10:30 <div>●</div> Church Service Live Stream</div> <div>11:00 <div>●</div> Green Putters Golf</div> <div>1:30 <div>●</div> Church Hill Casino-Bingo Blitz</div> <div>2:30 <div>●</div> CHV Virtual Entertainment: John Denver Live at Wembley Arena (1979)</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Music is the Best Therapy</div> <div>6:00 <div>●</div> Super Soul Sunday TED TALKS</div>	21	<div>Today is National John Lewis Day</div> <div>10:30 <div>●</div> Beautiful Body Sculpting</div> <div>11:00 <div>●</div> Sewing with Susan</div> <div>1:30 <div>●</div> Essential Oils Class: Body Scrub</div> <div>2:30 <div>●</div> Creative Crafts Corner: Winter Sunrise Painting</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Share Love Not Hate</div> <div>6:00 <div>●</div> Monday Night Movie</div>	22	<div>Today is National Mardi Gras Day</div> <div>10:30 <div>●</div> Move More Exercise: Pilates</div> <div>11:00 <div>●</div> Movie Club</div> <div>1:30 <div>●</div> Town Hall Meeting</div> <div>2:30 <div>●</div> Food Committee Meeting</div> <div>3:00 <div>●</div> CHV Men's Club</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Science to Baking</div> <div>6:00 <div>●</div> Tuesday Night Movie</div> <div>6:00 <div>●</div> Tuesday Night Poker</div>	23	<div>Today is National Read a Book Day</div> <div>10:30 <div>●</div> Move More Exercise: Chair Yoga</div> <div>11:00 <div>●</div> Think More Trivia: Finish That Phrase</div> <div>1:30 <div>●</div> CHV Ambassador Committee Meeting</div> <div>2:30 <div>●</div> Favorite February Topics: What's Your Favorite Book Title?</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Endless Knowledge Found in Books</div> <div>6:00 <div>●</div> Wednesday Night Movie</div>	24	<div>Today is National Wine Day</div> <div>10:30 <div>●</div> Move More Exercise: Tai Chi</div> <div>11:00 <div>●</div> BHU: 10 in 60 Candy Words</div> <div>1:30 <div>●</div> Arm Chair Travel: Hershey Park</div> <div>2:30 <div>●</div> Busy Board Games: Rummikub</div> <div>3:30 <div>●</div> Social Hour: Chocolate Chip Muffins</div> <div>4:30 <div>●</div> Ted Talks: Sleep Benefits</div> <div>6:00 <div>●</div> Church Hill Classic Film</div>	25	<div>Today is National Chocolate Mint Day</div> <div>10:30 <div>●</div> Rosary Group</div> <div>11:00 <div>●</div> Church Hill Current Events</div> <div>1:30 <div>●</div> CHV Monthly Birthday Party</div> <div>2:30 <div>●</div> Green Putters Golf</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Key to Saving Money</div> <div>6:00 <div>●</div> Friday Night Movie</div>	26	<div>Today is National Beautiful Landscape Day</div> <div>10:30 <div>●</div> Marvelous Morning Walk</div> <div>11:00 <div>●</div> Creative Crafts Corner: Flowers in Bloom Painting</div> <div>1:30 <div>●</div> Bridge Club</div> <div>2:30 <div>●</div> Church Hill Chapter Chats: Book Club</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Marine Life</div> <div>6:00 <div>●</div> Saturday Night at the Movies</div>	27
	<div>10:30 <div>●</div> CHV Scenic Drive: Sandy Hook</div> <div>10:30 <div>●</div> Church Service Live Stream</div> <div>11:00 <div>●</div> Best Of Bowling</div> <div>1:30 <div>●</div> Church Hill Casino-Bingo Blitz</div> <div>2:30 <div>●</div> CHV Virtual Entertainment: Rock 'n' Roll Greats Live</div> <div>3:30 <div>●</div> Social Hour</div> <div>4:30 <div>●</div> Ted Talks: Work Stronger Together</div> <div>6:00 <div>●</div> Super Soul Sunday</div>	28		<div>Resident Birthday's</div> <div>Harriet R. 2/5/28</div> <div>Eileen M. 2/9/18</div> <div>Janice S. 2/19/49</div>		<div>Senior Life Styles</div> <div>"HEART" Values:</div> <div>H- Hospitality</div> <div>E- Excellence</div> <div>A- Appreciation</div> <div>R- Respect</div> <div>T- Teamwork</div>		<div>Upcoming Events</div> <div>Valentine's Day Celebration!</div> <div>"Sweet Heart Dance"</div> <div>Date: 2/14 Time: 2:30-4:30pm</div> <div>Location: Great Room</div>						