

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- Connect
- Contribute
- Feel
- Grow
- Move
- Reflect



SENIOR LIFESTYLE
Come grow with us!

SENIOR LIFESTYLE
Unlimited options,
Unparalleled services

WWW.SENIORLIFESTYLE.COM
Activities are subject to
change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>4</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Church Service Live Stream 12:00 Mobile Library 1:00 Scenic Drive- Sandy Hook 2:00 Parking Lot Concert: Larry and Doreen 3:30 Social Hour 4:30 Ted Talks: Changes in The Seasons 6:00 Sunday Night Movie 	<p>5</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Move More Exercise 11:00 BHU: 10 in 60 Word Brain Storm 1:30 Candy Corn Flower Pot Paintings 1:30 Life Stories Journalling 2:30 Bowling for Dollars 3:30 Social Hour 4:30 Ted Talks: Career Choices 6:00 Monday Night Movie 	<p>6</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 CHV Bus Out Trip: Rich's Farm Ice Cream Shop Oxford 11:15 Let's Get Physical 1:00 Movie Club 1:30 Pokeno Palooza 2:30 Spontaneous Scarecrow Signs 3:30 Social Hour 4:30 Ted Talks: The Secrets to Success 6:00 Tuesday Night Movie 	<p>7</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Circle Soccer 11:00 BHU: Boost Your Brain Puzzles 1:30 Nifty Knitters Club 2:30 Festive Fall Flowers Painting 3:30 Social Hour 4:30 Ted Talks: Why Animals Bring Happiness 6:00 Wednesday Night Movie 	<p>1</p> <p>CHV Open Bus Schedule 8am-4pm</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 CHV Bus Out Trip: Rogers Orchard Southington 11:00 Welcome to October Newsletter 1:30 Culinary Corner: Homemade Orchard Apple Sauce 2:30 Pokeno Palooza 3:30 Social Hour 4:30 Ted Talks: Raising Kids 6:00 Church Hill Classic Film 	<p>2</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views: The Beginning Of Walt Disney 10:30 Work it Out-Seated Exercise 11:00 BHU- Cranium Crunches 1:30 Church Hill Casino-Bingo Blitz 2:30 Name That Tune: Walt Disney's Fantasia 3:30 Social Hour Disney Signature Drink: Pineapple Dole Whip 4:30 Ted Talks: Disney Themed Park Memories 6:00 Friday Night Movie: Disney's "Return Of Mary Poppins" 	<p>3</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Morning Walk 11:00 The Andy Griffith Show 60th Anniversary Video 1:30 Green Thumb Garden Club 2:30 Essential Oil Class: Calming Lotion 3:30 Social Hour 4:30 Ted Talks: Think Positive 6:00 Saturday Night at the Movies
<p>11</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Church Service Live Stream 12:00 Mobile Library 1:00 Scenic Drive- Middletown 2:00 Parking Lot Concert: Willie Nininger 2:30 Best Of Bowling 3:30 Social Hour 4:30 Ted Talks: Favorite Hobbies 6:00 Super Soul Sunday 	<p>12</p> <p>Columbus Day</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Body Sculpting 11:00 Autumn Owl Painting 1:30 BHU: Healthy Sleeping Tips and Quiz 2:30 Essential Oil Class: Body Scrub 3:30 Social Hour 4:30 Ted Talks: Family Pets 6:00 Monday Night Movie 	<p>13</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views: History Of Italy 10:30 CHV Bus Out Trip: Barns and Nobles Milford 11:15 Let's Get Physical 1:30 Language Lab: Italian 2:30 Arm Chair Travel: Verona, Italy 3:30 Social Hour Mini Pizza's 4:30 Ted Talks: Favorite Italian Dishes 6:00 Tuesday Night Movie: Under The Tuscan Sun 	<p>14</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Circle Soccer 11:00 Black Jack: Card Sharks 1:30 Nifty Knitters Club 2:30 Mini Jack-O-Lantern Lights 3:30 Social Hour 4:30 Ted Talks: Making Time for Relaxation 6:00 Wednesday Night Movie 	<p>8</p> <p>CHV Open Bus Schedule 8am-4pm</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 CHV Bus Out Trip: Castle Hill Farm Newtown 11:00 Pumpkin Patch History 101 1:30 Mindfulness Walking 2:30 Essential Oil Class 3:30 Social Hour 4:30 Ted Talks: Key to Career Finding 6:00 Church Hill Classic Film 	<p>9</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Work it Out-Seated Exercise 11:00 Brain Health-Cranium Crunches 1:30 Church Hill Casino-Bingo Blitz 2:30 Sunny Sunflower Wreath 3:30 Social Hour 4:30 Ted Talks: Grow Your Own Vegetables 6:00 Friday Night Movie 	<p>10</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Morning Meditation 11:00 The Famous Salem Attractions and History 101 1:30 Green Thumb Garden Club 2:30 National Music Day: Name That Tune 3:30 Social Hour Apple Cider 4:30 Ted Talks: Benefits From Daily Exercise 6:00 Saturday Night at the Movies
<p>18</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Church Service Live Stream 12:00 Mobile Library 1:00 Scenic Drive- Orange 2:00 Parking Lot Concert: Dean Snellbeck 2:30 Essential Oil Class: Relaxation Rollers 3:30 Social Hour 4:30 Ted Talks: Think Positive 6:00 Super Soul Sunday 	<p>19</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Body Sculpting 11:00 Trivia fun 1:30 Life Stories Journalling 2:30 Outdoor Games: Chess 3:30 Social Hour 4:30 Ted Talks: Managing Your Money 6:00 Monday Night Movie 	<p>20</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 CHV Bus Out Trip: TJMaxx Southbury 11:15 Let's Get Physical 1:30 Movie Club 2:30 Language Lab: Italian 3:30 Social Hour 4:30 Ted Talks: Sunday Family Dinners 6:00 Tuesday Night Movie 	<p>21</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Circle Soccer 11:00 BHU: Healthy Facts For The Day 1:30 Nifty Knitters Club 2:30 Pokeno Palooza 3:30 Social Hour 4:00 Ted Talks: Best Destinations For Hikes 6:00 Wednesday Night Movie 	<p>15</p> <p>CHV Open Bus Schedule 8am-4pm</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 CHV Bus Out Trip: Beardsley's Cider Mill & Orchard Shelton 11:00 Mind Joggers 1:30 Flannel Pumpkin Center Piece Craft 2:30 I Love Lucy Anniversary History 101 3:30 Social Hour 4:30 Ted Talks: You Learn Something New Everyday 6:00 Church Hill Classic Film 	<p>16</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Work it Out-Seated Exercise 11:00 Brain Health-Cranium Crunches 1:30 Church Hill Casino-Bingo Blitz 2:30 Secrets Of Sunflowers History 101 3:30 Social Hour 4:30 Ted Talks: Keeping In Touch with Friends 6:00 Friday Night Movie 	<p>17</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Morning Walk 11:00 History 101 1:30 Pokeno Palooza 2:30 Fall Owl Magnets 3:30 Social Hour Hot Chocolate 4:30 Ted Talks: Being The Middle Child 6:00 Saturday Night at the Movies
<p>25</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Church Service Live Stream 12:00 Mobile Library 1:00 Scenic Drive- Cheshire 2:00 Parking Lot Concert: Bob Semanchik 2:30 Green Putters Golf 3:30 Social Hour 4:30 Ted Talks: Talk It Out 6:00 Super Soul Sunday 	<p>26</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Move More Exercise 11:00 National Pumpkin Day History 101 1:30 Essential Oil Class 2:30 Best Of Bowling 3:30 Social Hour 4:30 Ted Talks: Pumpkin Carving Traditions 6:00 Monday Night Movie 	<p>27</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 CHV Bus Out Trip: Holy Cow Ice Cream Shop Newtown 11:15 Let's Get Physical 1:30 Language Lab: Italian 2:30 Movie Club 3:30 Social Hour 4:30 Ted Talks: Key To Happiness 6:00 Tuesday Night Movie 	<p>28</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Volleyball Toss 11:00 Black Jack: Card Sharks 1:30 Nifty Knitters Club 2:30 Spooky Spider Web Vases 3:30 Social Hour 4:30 Ted Talks: Making Time To Relax 6:00 Wednesday Night Movie 	<p>22</p> <p>CHV Open Bus Schedule 8am-4pm</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 CHV Bus Out Trip: Maritime Aquarium, Norwalk 11:00 You Be the Judge 1:30 Autumn Leaf Bowl Painting 2:30 Green Putters Golf 3:30 Social Hour 4:30 Ted Talks: Always Be Kind 6:00 Church Hill Classic Film 	<p>23</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Work it Out-Seated Exercise 11:00 Corn Maze Crosswords 1:30 Church Hill Casino-Bingo Blitz 2:30 October Sunset Painting 3:30 Social Hour 4:30 Ted Talks: Humor Me 6:00 Friday Night Movie 	<p>24</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Morning Walk 11:00 Festive October History 101 1:30 Green Thumb Garden Club 3:30 Happy Hour 3:30 Silly Saturday Memory Poems 3:30 Social Hour Cinnamon Vanilla Milkshakes 4:30 Ted Talks: Feeling Festive 6:00 Saturday Night at the Movies
<p>25</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Church Service Live Stream 12:00 Mobile Library 1:00 Scenic Drive- Cheshire 2:00 Parking Lot Concert: Bob Semanchik 2:30 Green Putters Golf 3:30 Social Hour 4:30 Ted Talks: Talk It Out 6:00 Super Soul Sunday 	<p>26</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Move More Exercise 11:00 National Pumpkin Day History 101 1:30 Essential Oil Class 2:30 Best Of Bowling 3:30 Social Hour 4:30 Ted Talks: Pumpkin Carving Traditions 6:00 Monday Night Movie 	<p>27</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 CHV Bus Out Trip: Holy Cow Ice Cream Shop Newtown 11:15 Let's Get Physical 1:30 Language Lab: Italian 2:30 Movie Club 3:30 Social Hour 4:30 Ted Talks: Key To Happiness 6:00 Tuesday Night Movie 	<p>28</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Volleyball Toss 11:00 Black Jack: Card Sharks 1:30 Nifty Knitters Club 2:30 Spooky Spider Web Vases 3:30 Social Hour 4:30 Ted Talks: Making Time To Relax 6:00 Wednesday Night Movie 	<p>29</p> <p>CHV Open Bus Schedule 8am-4pm</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 CHV Bus Out Trip: The Institute For American Studies Museum, Washington 11:00 Fall Festivals All Over The World History 101 1:30 Town Hall Meeting 2:30 Food Committee Meeting 3:30 Social Hour 4:30 Ted Talks: Rest Is Important 6:00 Church Hill Classic Film 	<p>30</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Work it Out-Seated Exercise 11:00 Brain Health-Cranium Crunches 1:30 Church Hill Casino-Bingo Blitz 2:30 CHV Monthly Birthday Party 3:30 Social Hour Pumpkin Carving Contest 4:30 Ted Talks: Big Brothers 6:00 Friday Night Movie 	<p>31</p> <p>Halloween</p> <ul style="list-style-type: none"> 10:00 Church Hill News and Views 10:30 Morning Walk 11:00 Halloween Traditions History 101 1:30 Green Thumb Garden Club 2:30 Festive Halloween Trivia 3:30 Social Hour Halloween Costume Contest 4:30 Ted Talks: Halloween Childhood Memories 6:00 Saturday Night at the Movies