

August 2025

Monthly Activities

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2025

Monthly Activities

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday










Saturday

August cont'd		31
10:00	<ul style="list-style-type: none"> St. Rose of Lima Live Stream Service followed by Holy Communion [ELR] 	
10:00	<ul style="list-style-type: none"> Thymeless: Infused Water 	
10:30	<ul style="list-style-type: none"> Morning Exercise 	
11:00	<ul style="list-style-type: none"> Essence: Multi-sensory Experience: Featuring Hand Massages 	
1:30	<ul style="list-style-type: none"> Bubbles and Water Pistol Target Practice 	
3:00	<ul style="list-style-type: none"> Social Hour and Snacks 	
6:30	<ul style="list-style-type: none"> Movie Night/Snack Time 	

Resident Birthdays	
Marilyn M.	8/10
Charles "Roy" H.	8/13
Joan E.	8/17
Chris K.	8/24
Mary V.	8/31









“Mistakes are proof
that you are trying”
— *Unknown*



















10:00		Thymeless: Infused Water	
10:30		Morning Exercise [ECS]	
10:45		Gardening [ESP]	
11:00		August IQ	
1:00p		Walking for Fitness	
1:00p		Family Feud	
2:30		Culinary Group: Parfaits	
3:00		Social Hour and Snacks	
6:30		Movie Night/Snack Time	










- 10:00 🍴 Thymeless:
Infused Water
- 10:30 🟪 Satchmo
Summerfest [ELR]
- 11:00 🟢 Feel Good News [ELR]
- 1:00 🟢 Walking Club
- 1:30 🟪 The Gift of a Generous Spirit
- 2:30 🍴 Culinary Group: Finger
Sandwiches
- 3:00 🟡 Social Hour and Snacks
- 4:00 📺 Classic TV [ECS]
- 6:30 🟡 Movie Night/Snack Time










10:00	●	St. Rose of Lima Live Stream Service followed by Holy Communion [ELR]	3
10:00	🍷	Thymeless: Infused Water	
10:30	●	Morning Exercise	
11:00		Gardening	
1:00		Lemonade on the Patio	
2:00	●	Sunday Matinee	
3:00	🍷	Social Hour and Snacks: Watermelon Cups	
6:30	●	Movie Night/Snack Time	

10:00		Thymeless: Infused Water	
10:30		Move to the Music	
11:00		Gardening [ESP]	
—		Scenic Drive	
2:30		Let's Make a Snack: Fruit and Dip [ECS]	
3:00		Social Hour and Snacks	
6:30		Movie Night/Snack Time	

10:00		Thymeless: Infused Water	
10:30		Music and Movement	
11:00		Cardio Cool Down: Hydration Program	
11:15		Brain Activity Games: Places in the World	
1:00		Reading Club: Resident will choose a book each week to read [EMC]	
1:30		Walking Club	
2:00		Entertainment with Danny Russo	
3:00		Social Hour and Snacks	
6:30		Movie Night/Snack Time	









10:00		Thymeless: Infused Water	
10:45		Gardening [ESP]	
11:00		What's New in the News:Daily Chronicle	
1:00		Picnic at Bennett Park	
1:30		Matinee	
3:00		Social Hour and Snacks: Root Beer Floats	
6:30		Movie Night/Snack Time	









10:00		Thymeless: Infused Water	
10:30		Volley Ball Toss	
10:45		Sing Along	
11:15		Move & Groove Exercise Class with Kevin	
1:00		Out Door Walk Weather Permitting	
3:00		Social Hour and Snacks	
3:30		Name That Tune	
5:30		Creative Corner	
6:30		Movie Night/Snack Time	







10:00		Thymeless: Infused Water	
10:30		Morning Exercise [ECS]	
10:45		Gardening [ESP]	
11:00		Daily Chronicle/ News	
11:30		Axe Throwing	
1:00p		Family Feud	
3:00		Social Hour and Snacks	
6:30		Movie Night/Snack Time	



10:00	Thymeless: Infused Water	9
10:30	Stretch & Grow Saturday: AM Exercise [ELR]	
11:00	Feel Good News [ELR]	
1:00	Walking Club	
2:00	Bingo	
3:00	Social Hour and Snacks	
6:30	Movie Night/Snack Time	









10:00	●	St. Rose of Lima Live Stream Service followed by Holy Communion [ELR]	10
10:00	🍴	Thymeless: Infused Water	
10:30	●	Morning Exercise	
11:00		Essence: Multi-sensory Experience: Featuring Hand Massages	
2:00	●	Sunday Matinee	
3:00	●	Social Hour and Snacks	
6:30	●	Movie Night/Snack Time	

10:00		Thymeless: Infused Water	
10:30		Move to the Music	
10:45		Gardening [ESP]	
—		Scenic Drive	
2:30		Let's Make a Snack: Pound Cake and Strawberries [ECS]	
3:00		Social Hour and Snacks	
6:30		Movie Night/Snack Time	

10:00		Thymeless: Infused Water	12
10:30		Music and Movement	
11:00		Cardio Cool Down: Hydration Program	
1:00		Reading Club: Resident will choose a book each week to read. [EMC]	
1:30		Walking for Fitness	
2:00		Entertainment with Dean	
3:00		Social Hour and Snacks	
6:30		Movie Night/Snack Time	

10:00		Thymeless: Infused Water	13
10:45		Out Trip Chuang Yen Monastery	
1:00		Embrace Relaxation [ELR]	
1:30		Afternoon Movie	
3:00		Social Hour and Snacks	
3:30		Polynesian Dancers	
6:30		Movie Night/Snack Time	


10:00		Thymeless: Infused Water	14
10:45		What Am I?	
11:15		Move & Groove Exercise Class with Kevin	
1:30		Mini Golf [PG]	
2:30		Karaoke 50's and 60's Doo Wop	
3:00		Social Hour and Snacks	
3:30		Name That Tune	
6:30		Movie Night/Snack Time	


10:00		Thymeless: Infused Water	15
10:30		Morning Exercise [ECS]	
10:45		Gardening [ESP]	
11:00		Daily Chronicle/ News	
1:00p		Walking for Fitness	
1:00p		Arts and Crafts	
3:00		Social Hour and Snacks	
6:30		Movie Night/Snack Time	


16	
10:00	● Stretch & Grow Saturday: AM Exercise [ELR]
10:00	🍴 Thymeless: Infused Water
10:30	● Chair Yoga [ELR]
11:00	● Feel Good News [ELR]
1:00	● Walking for Fitness
1:30	● Bingo
3:00	● Social Hour and Snacks
6:30	● Movie Night/Snack Time


Embrace
Embrace Creative Studio
Embrace Living Room
Embrace Serenity Patio
Embrace Serenity Room
Entertainment Room
Putting Green


EMC
ECS
ELR
ESP
ESR
ER-AL
PG


10:00  St. Rose of Lima
Live Stream
Service followed
by Holy Communion [ELR]


10:00  Thymeless: Infused Water

10:30  Morning Exercise

10:00  Essence: Multi-sensory
Experience: Featuring
Hand Massages [ESR]

2:00  Sunday Matinee

3:00  Social Hour and Snacks

6:30  Movie Night/Snack Time

10:00 🍴 Thymeless:
Infused Water

10:30 ● Move to the
Music

10:45 🍴 Gardening [ESP]








11:30 ● Ball Exercises









— 🚗 Scenic Drive








2:30 🍴 Let's Make a Snack [ECS]









3:00 ● Social Hour and Snacks

6:30 ● Movie Night/Snack Time

10:00		Thymeless: Infused Water	19
10:30		Church Hill Piano Classics with Daniel [ER-AL]	
10:30		Music and Movement	
11:00		Cardio Cool Down: Hydration Program	
1:00		Reading Club: Resident will choose a book each week to read. [EMC]	
1:30		Walking Club	
3:00		Social Hour and Snacks	
6:30		Movie Night/Snack Time	








20	
10:00	 Thymeless: Infused Water
10:30	 Word From a Word
10:45	 Gardening [ESP]
11:00	 What's New in the News:Daily Chronicle
1:00	 Embrace Relaxation [ELR]
1:00	 Out Trip Action Wildlife
1:30	Afternoon Movie
3:00	 Social Hour and Snacks
6:30	 Movie Night/Snack Time

10:00		Thymeless: Infused Water	21
11:15		Move & Groove Exercise Class with Kevin	
1:00		Walking Club	
1:30		Simon Says	
2:00		Finish The Phrase	
3:00		Social Hour and Snacks	
6:30		Movie Night/Snack Time	







10:00		Thymeless: Infused Water	22
10:30		Morning Exercise [ECS]	
10:45		Gardening [ESP]	
11:00		Daily Chronicle/ News	
1:00p		Walking for Fitness	
1:00p		Entertainment with Nancy Wildman	
3:00		Social Hour and Snacks	
6:30		Movie Night/Snack Time	








23	
10:00	Thymeless: Infused Water
10:30	Stretch & Grow Saturday: AM Exercise [ELR]
11:00	Wheel of Fortune [ELR]
1:00	Walking Club
1:30	Bingo
3:00	Social Hour and Snacks
6:30	Movie Night/Snack Time

10:00	● St. Rose of Lima Live Stream Service followed by Holy Communion [ELR]	24
10:00	☕ Thymeless: Infused Water	
10:30	● Morning Exercise	
10:00	🌸 Essence: Multi-sensory Experience: Featuring Hand Massages [ESR]	
2:00	● Entertainment with Willie Nininger	
3:00	● Social Hour and Snacks	
6:30	● Movie Night/Snack Time	








10:00		Thymeless: Infused Water	25
10:30		Move to the Music	
10:45		Gardening [ESP]	
11:30		Ladder Ball	
—		Scenic Drive	
3:00		Social Hour and Snacks	
6:30		Movie Night/Snack Time	

9:30	Movie Night/Snack Time
10:00	Thymeless: Infused Water
10:30	Music and Movement
11:00	Cardio Cool Down: Hydration Program
1:00	Reading Club: Resident will choose a book each week to read. [EMC]
1:30	Walking Club
2:30	Spiritual Adult Coloring Pages
3:00	Social Hour and Snacks
6:30	Movie Night/Snack Time

10:00		Thymeless: Infused Water	27
10:30		Morning Stretch	
10:45		Gardening [ESP]	
11:00		What's New in the News:Daily Chronicle	
1:00		Embrace Relaxation [ELR]	
1:30		Afternoon Movie	
1:30		Out Trip Shakespeare's Garden	
3:00		Social Hour and Snacks	
6:30		Movie Night/Snack Time	

10:00		Thymeless: Infused Water	28
10:30		Daily Check In	
11:15		Move & Groove Exercise Class with Kevin	
1:00		Walking Club	
1:30		Classic TV	
3:00		Social Hour and Snacks	
3:30		Name That Tune	
6:30		Movie Night/Snack Time	

- 10:00 🍴 Thymeless: Infused Water
- 10:30 🟢 Morning Exercise [ECS]
- 10:45 🍴 Gardening [ESP]
- 11:00 🟡 Daily Chronicle/ News
- 1:00p 🟢 Walking for Fitness
- 3:00 🟡 Social Hour and Snacks
- 6:30 🟡 Movie Night/Snack Time

10:00		Thymeless: Infused Water	30
10:30		Stretch & Grow Saturday: AM Exercise [ELR]	
11:00		Feel Good News [ELR]	
1:00		Walking Club	
1:30		Bingo	
3:00		Social Hour and Snacks	
6:30		Movie Night/Snack Time	

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