

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- Connect
- Feel
- Grow
- Move
- Reflect

	1 Activities & Programs are Subject to Change Daylight Saving Time Begins Today's November Observance: National Life Writing Month 10:30 ● Live Stream Church Service 10:30 ● Morning Scenic Drive 10:30 ● The Story of God 1:30 ● Fall Faithfuls- Bible Study Ted Talks: When God Talks Back Tanya Luhmann TEDxStanford 2:00 ● CHV Patio Concert: Bob and Josie 3:00 ● Thymeless Snack Program 4:00 ● Bookmarks Reading Group: The Story of Joseph 5:30 ● Sunday TV Sports Game's 7:00 ● Sunday Sports Feature- Greater	2 Activities & Programs are Subject to Change National Peanut Butter Lovers Month 10:15 ● Monday Mini Golf On The Green 11:00 ● Baking Club- Peanut Butter Cookies 11:30 ● Cauldron Cafe' 1:30 ● Craft Corner- Thanksgiving Themed Woodworks 2:30 ● Thymeless Snack Program 3:00 ● Social Hour 5:30 ● Evening Puzzle's 6:00 ● Classic TV Monday's 8:00 ● Monday Night Football- ESPN	3 Activities & Programs are Subject to Change Election Day 10:15 ● Let's Get Physical 11:00 ● Atrist's Studio 1:30 ● Spark: Brain Fitness- Finish the phrase/ discussion 2:30 ● Thymeless Snack Program 3:00 ● Social Hour- Election Day History: Equal Rights To Vote 5:30 ● Tuesday Night Sports TV 6:00 ● Classic Fall Feature- Sea Biscuit	4 Activities & Programs are Subject to Change 10:00 ● Court Yard Relaxation 11:00 ● Spark: History 101 Documentary- America's Great Indian Leaders 11:30 ● AM Community Stroll 1:00 ● Ted Talk: Michael Tilson Thomas: Music and emotion through time 1:30 ● Van Outing- Scenic Drive 2:30 ● Thymeless Snack Program 3:00 ● Social Hour 3:30 ● The Classic: This is Your Life (Bobby Darin) 4:00 ● Celebrity TV- Judge Judy 5:30 ● Evening Documentary 6:00 ● Fall Flick- Money Ball	5 Activities & Programs are Subject to Change 10:15 ● Morning Movement- Dancercise 11:00 ● Daily Chronicle and Morning Check In 1:30 ● Cranium Crunches- Trivia and More! 2:30 ● Thymeless Snack Program 3:00 ● Social Hour 4:00 ● Fall Classic- Sitcom TV 5:30 ● Evening Activity- Table Game Fun! 6:00 ● Comedy Night Cinema- Big Daddy	6 Activities & Programs are Subject to Change 10:00 ● Movement/ Meditation 10:30 ● Artist Studio 1:30 ● Court Yard Relaxation 2:30 ● Thymeless Resident Birthday Snack Program 3:00 ● Social Hour 4:00 ● Evening Documentary 5:30 ● Song Reminisce- Karaoke Night 6:00 ● Classic TV	7 Activities & Programs are Subject to Change 10:00 ● Movement/ Meditation 10:30 ● Morning Chronicle Reading 11:00 ● Green Thumbs Garden Club 2:30 ● Thymeless Snack Program 3:00 ● Social Hour 4:00 ● Celebrity TV 4:00 ● Saturday Sports TV 5:30 ● Table Tactic Entertainment 6:00 ● Classic Film- War Games
	8 Activities & Programs are Subject to Change 10:30 ● Live Stream Church Service 10:30 ● Morning Mass 10:30 ● Morning Scenic Drive 10:30 ● The Story of God 1:30 ● Fall Faithfuls Bible Study Ted Talk-We are all connected with nature: Nixiwaka Yawanawa at TEDxHackney 2:00 ● CHV Patio Concert Performance: Eric Lipper 3:00 ● Thymeless Snack Program 4:00 ● Birthday Bingo Social Hour Sunday 5:30 ● Celebrity TV- Dr. Phill 5:30 ● Sunday TV Sports Game's 6:00 ● Sunday Sports Feature- Mirical	9 Activities & Programs are Subject to Change November is National Raisin Bread Month! 10:15 ● Monday Mini Golf On The Green 11:00 ● Baking Club- Raisin Bread 11:30 ● Cauldron Cafe' 1:30 ● Bookmarks Reading Group: Cashing In on a Great Idea 2:30 ● Thymeless Snack Program- Homemade Raisin Bread w/ Cream Cheese Frosting 3:00 ● Social Hour 5:30 ● Evening Puzzle's 6:00 ● Monday Evening Classics- Johnny Come Lately 1943 Starring James Cagney 8:00 ● Monday Night Football- ESPN	10 Activities & Programs are Subject to Change 10:15 ● Let's Get Physical 10:30 ● Jungle Rescue Adventure- Interactive 11:00 ● Atrist's Studio 1:30 ● Spark: Chatter Brain Exercises- Paired Words 2:00 ● Bobby Darin: Beyond the Song + PBS Pledge Drive (12/1998) 2:30 ● Thymeless Snack Program 3:00 ● Social Hour 5:30 ● Tuesday Night Sports TV 6:00 ● Fall Feature- War Horse	11 Activities & Programs are Subject to Change Veterans Day 10:00 ● Court Yard Relaxation 11:00 ● Moving Art 11:30 ● Morning Music- Americas Favorites 1:00 ● Van Outing TBD 1:30 ● Van Outing- Scenic Drive 2:30 ● Thymeless Snack Program 3:00 ● Resident Folding Of The Flag Demonstration 3:00 ● Social Hour 4:00 ● TEDx- How to talk to veterans about war 5:30 ● Evening Documentary 6:00 ● Fall Action Flick-The Grandmaster	12 Activities & Programs are Subject to Change 10:15 ● Morning Movement- Dancercise 11:00 ● Daily Chronicle and Morning Check In 11:15 ● Morning Comedy- Funniest Classical Orchestra 1:30 ● Cranium Crunches 2:30 ● Thymeless Snack Program 3:00 ● Social Hour 4:00 ● Fall Classic- Sitcom TV 5:30 ● Evening Activity- Table Game Fun! 6:00 ● Comedy Night at the Cinema- Like Father 10:30 ● Hydration Program 11:30 ● Morning Comedy-Orchestra plays Microsoft Windows™ - the waltz	13 Activities & Programs are Subject to Change 10:00 ● Movement/ Meditation 10:30 ● Artist Studio 1:30 ● Court Yard Relaxation 2:30 ● Thymeless Snack Program 3:00 ● Social Hour 4:00 ● Evening Documentary 5:30 ● Song Reminisce- Karaoke Night 6:00 ● Classic TV	14 Activities & Programs are Subject to Change 10:00 ● Movement/ Meditation 10:30 ● Morning Chronicle Reading 11:00 ● Green Thumbs Garden Club 2:30 ● Thymeless Snack Program 3:00 ● Social Hour 4:00 ● Celebrity TV 4:00 ● Saturday Sports TV 5:30 ● Table Tactic Entertainment 6:00 ● Classic Film- Sleepless in Seattle

November Theme
"Harvest"

Monthly Birthday's
Maria K.
Ada O.
Jane S.

SENIOR LIFESTYLE

Unlimited options, Unparalleled services

WWW.SENIORLIFESTYLE.COM

*Activities and calendars are subject to change.

	15 Activities & Programs are Subject to Change 10:30 ● Live Stream Church Service 10:30 ● Morning Scenic Drive 10:30 ● The Story of God 1:30 ● Bookmarks Reading Group: Leonardo DaVinci 2:30 ● CHV Patio Performance: Guy Tino 3:00 ● Thymeless Snack Program 4:00 ● Bingo Social Hour Sundays 4:00 ● Comedy Corner- The transformative power of classical music Benjamin Zander 5:30 ● Celebrity TV- Dr. Phill 5:30 ● Sunday TV Sports Game's 6:00 ● Fall Flick Movie Night- Steven Hawkins: The Theory of Everything	16 Activities & Programs are Subject to Change November is National Raisin Bread Month! 10:15 ● Monday Mini Golf On The Green 10:30 ● Monthly Mass & Sacrament of the Sick 11:00 ● Baking Club- Pumpkin Raisin Bread 11:30 ● Cauldron Cafe' 1:30 ● Craft Corner- Water Color Fall Inspirations 2:30 ● Thymeless Snack Program 3:00 ● Social Hour 5:30 ● Evening Puzzle's 6:00 ● Classic Movie Monday- Penny Serenade (1941) IRENE DUNNE/CARY GRANT 8:00 ● Monday Night Football- ESPN	17 Activities & Programs are Subject to Change National Novel Writing Month 10:15 ● Let's Get Physical 11:00 ● Atrist's Studio 1:00 ● Morning Inspiration Tedtalk- How to Humor Your Stress Loretta LaRoche TEDxNewBedford 1:30 ● Spark: November Novelists Brain Fitness- Story Factory 2:30 ● Thymeless Snack Program 3:00 ● Social Hour Comedy Corner- More than funny Michael Jr. TEDxUniversityofNevada 5:30 ● Tuesday Night Sports TV 6:00 ● Fall Travel Feature- Kon Tiki 6:00 ● Sunday Sports Movie- Last Whistle	18 Activities & Programs are Subject to Change November is Aviation History Month 10:00 ● Court Yard Relaxation 11:30 ● Morning Music Expression 1:00 ● Aviation History: History of Aviation - Documentary 1:00 ● Van Outing TBD 1:30 ● Van Outing- Scenic Drive 2:30 ● Spark: Aviation History Observance: Paper Airplane Workshop & Documentary 2:30 ● Thymeless Snack Program 3:00 ● Social Hour- Comedy Talks: More than funny Michael Jr. TEDxUniversityofNevada 4:00 ● Celebrity TV- Judge Judy 6:00 ● Spitfire: The Plane that Saved the World	19 Activities & Programs are Subject to Change November Observance: National Role Models Month 10:15 ● Morning Movement- Dancercise 10:30 ● Daily Holiday News- National Inspirational Role Models Month 11:00 ● Daily Chronicle and Morning Check In 1:30 ● Spark: Cranium Crunches: Group Reminisce Conversation, Our Heroes in Life 2:30 ● Thymeless Snack Program 3:00 ● Social Hour 3:30 ● November Observation Ted Talk: Who inspires you? Why heroes, role models, and mentors matter Dyan deNapoli 4:00 ● Fall Classic- Sitcom TV 5:30 ● Evening Activity- Table Game Fun! 6:00 ● Night at the Cinema- The Siege Of Jadotville	20 Activities & Programs are Subject to Change 10:00 ● Movement/ Meditation 10:30 ● Artist Studio 1:30 ● Court Yard Relaxation 2:30 ● Thymeless Snack Program 3:00 ● Social Hour 4:00 ● Evening Documentary 5:30 ● Song Reminisce- Karaoke Night 6:00 ● Film Friday- The Wedding Planner	21 Activities & Programs are Subject to Change 10:00 ● Movement/ Meditation 10:30 ● Morning Chronicle Reading 11:00 ● Green Thumbs Garden Club 2:30 ● Thymeless Snack Program 3:00 ● Social Hour 4:00 ● Celebrity TV 4:00 ● Saturday Sports TV 5:30 ● Table Tactic Entertainment 6:00 ● Classic Movie- Made for Each Other (1939) CAROLE LOMBARD
	22 Activities & Programs are Subject to Change 10:30 ● Live Stream Church Service 10:30 ● Morning Mass 10:30 ● Morning Scenic Drive 10:30 ● The Story of God 1:30 ● Soul Surfers- Bible Study 2:30 ● CHV Patio Performance: Willie Nininger 3:00 ● Thymeless Snack Program 4:00 ● Bingo Social Hour Sundays 5:30 ● Celebrity TV- Dr. Phill 5:30 ● Sunday TV Sports Game's 6:00 ● Sunday Cinema Feature- Come Sunday	23 Activities & Programs are Subject to Change 10:15 ● Monday Mini Golf On The Green 11:00 ● Baking Club Thanksgiving Favorites- Homemade White Bread w/ Cranberry Butter 11:30 ● Cauldron Cafe' 1:30 ● Craft Corner 2:30 ● Thymeless Snack Program 3:00 ● Social Hour 5:30 ● Evening Puzzle's 6:00 ● Evening Classic- Flame of the Islands (1956) 8:00 ● Monday Night Football- ESPN	24 Activities & Programs are Subject to Change November is Aviation History Month 10:15 ● Let's Get Physical 11:00 ● Atrist's Studio 1:30 ● Embrace Flight School: Virtual Flying 2:30 ● Thymeless Social Hour Snack Program 3:00 ● Bookmarks Reading Group Social- Gene Kelly 3:30 ● The Gene Kelly Show, 1959 5:30 ● Tuesday Night Sports TV 6:00 ● Fall Feature- Tortilla Soup	25 Activities & Programs are Subject to Change Today's November Observance: National Native American Heritage Month 10:00 ● Court Yard Relaxation 11:00 ● History 10: Evening Documentary America's Great Indian Nations- Documentary 11:30 ● AM Chronicle Reading 1:00 ● Van Outing TBD 1:30 ● Van Outing- Scenic Drive 2:30 ● Thymeless Snack Program 3:00 ● Comedy Social Hour- Laughter is Medicine Anjelah Johnson 4:00 ● Celebrity TV- Judge Judy 5:30 ● Essence Hour: Relaxation Program 6:00 ● Fall Flick- Jurassic Park	26 Activities & Programs are Subject to Change Thanksgiving 10:15 ● Morning Music 10:30 ● News Crew Readers 11:00 ● Morning Movement: Thanksgiving Turkey Trot- Scavenger Hunt 1:30 ● Thanksgiving/ November Month Resident Birthday Party and Setup 2:30 ● Thymeless Snack Program and Thanksgiving Celebration 3:00 ● Thanksgiving Social Hour Reminisce 4:00 ● Fall Classic- Sitcom TV 5:30 ● Evening Activity- Table Game Fun! 6:00 ● Night at the Cinema- Dinner for Schmucks	27 Activities & Programs are Subject to Change 10:00 ● Movement/ Meditation 10:30 ● Artist Studio 1:30 ● Court Yard Relaxation 2:30 ● Thymeless Snack Program 3:00 ● Social Hour 4:00 ● Evening Documentary 5:30 ● Song Reminisce- Karaoke Night 6:00 ● Classic TV	28 Activities & Programs are Subject to Change 10:00 ● Movement/ Meditation 10:30 ● Morning Chronicle Reading 11:00 ● Green Thumbs Garden Club 2:30 ● Thymeless Snack Program 3:00 ● Social Hour 4:00 ● Celebrity TV 4:00 ● Saturday Sports TV 5:30 ● Table Tactic Entertainment 6:00 ● Classic Film- My Best Friends Wedding



SENIOR LIFESTYLE
your life, your style

"Yesterday's the past, tomorrow's the future, but today is a gift. That's why it's called the present"
Bil Keane



LOCATION KEY
 MC Common Area- CA
 MC Creative Studio- CS
 MC Dining Room- DR
 MC Lobby- LBY
 AL Great Room- G
 AL Entertainment Room- ER