















































































































































































































Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><p>WWW.SENIORLIFESTYLE.COM</p><p>Activities are subject to change</p></div> <div><p>MACARTHUR HILLS</p><p>a Senior Lifestyle community</p></div> <div> *Outing  Connect  Contribute  Feel  Grow  Move  Reflect</div> <div><p>Location Keys</p><div>3rd Floor Lounge 3FL-LG</div><div>4th Floor Art Area 4thFL-Art</div><div>Chapel CHP</div><div>Gym GYM</div><div>Lounge LGN</div><div>Media Room MR</div></div>	<div> July cont'd</div> <div>30</div> <div><p>11:00  Plymouth Park United Methodist Church Service [MR]</p><p>11:00  Sunday Mass on Channel KFWD</p><p>1:30  The MacArthur Hares [GYM]</p><p>2:00  Time of Prayer [CHP]</p><p>3:00  Sunday Sundae</p><p>5:00  An Afternoon At the Movies -- Resident's Choice [MR]</p></div>	<div>31</div> <div><p>9:00  Water Aerobics</p><p>10:00  Move It or Lose It [GYM]</p><p>11:00  Bean Bag Baseball [GYM]</p><p>1:00  Shopping -- Resident's Choice</p><p>1:00  Update on Walk Around The World [LGN]</p><p>1:30  BINGO in Media Room [MR]</p><p>1:30  Devotional in Chapel [CHP]</p><p>3:00  Brain Fit [LGN]</p><p>5:00  Monday Night Movie -- Resident's Choice [MR]</p></div>	<div></div>	<div></div>	<div></div>	<div>1</div> <div><p>1:00  BINGO in Media Room [MR]</p><p>2:30  Arranging Flowers for Dining Room [MR]</p><p>4:00  The MacArthur Turtles</p><p>5:00  At the Movies with Snacks [MR]</p></div>	
	<div>2</div> <div><p>11:00  Plymouth Park United Methodist Church Service [MR]</p><p>11:00  Sunday Mass on Channel KFWD</p><p>1:00  Pianist Su Gordh from Irving Bible Church [LGN]</p><p>1:30  The MacArthur Hares [GYM]</p><p>2:00  Time of Prayer [CHP]</p><p>3:00  Sunday Sundae</p><p>5:00  An Afternoon At the Movies -- Resident's Choice [MR]</p></div>	<div>3</div> <div><p>9:00  Water Aerobics</p><p>10:00  Move It or Lose It [GYM]</p><p>11:00  Exercise With Humor [GYM]</p><p>11:00  Plymouth Park United Methodist Church Service [CHP]</p><p>1:00  Shopping -- Resident's Choice</p><p>1:00  Update on Walk Around The World [LGN]</p><p>1:30  BINGO in Media Room [MR]</p><p>1:30  Devotional in Chapel [CHP]</p><p>3:00  Brain Fit [LGN]</p><p>5:00  Monday Night Movie -- Resident's Choice [MR]</p></div>	<div>4</div> <div><p>Independence Day</p><p>10:00  Move It or Lose It [GYM]</p><p>11:00  4th of July Picnic and Corn Hole Event</p><p>2:00  Word Play [MR]</p><p>3:30  BETTY GROEZINGER -- Reading of "The Davenport Dilemma" [MR]</p></div>	<div>5</div> <div><p>9:00  Water Aerobics</p><p>10:00  Move It or Lose It [GYM]</p><p>11:00  Exercise With Humor [GYM]</p><p>1:00  BINGO in Media Room [MR]</p><p>2:30  Coffee Break with Nicol [LGN]</p><p>3:00  A Belly Full of Laughs [MR]</p></div>	<div>6</div> <div><p>10:00  Move It or Lose It [GYM]</p><p>11:00  Stretching [GYM]</p><p>12:30  Great Courses [MR]</p><p>3:00  Beginner's Spanish [4thFL-Art]</p><p>3:30  LIFE AFTER GRIEF [CHP]</p></div>	<div>7</div> <div><p>9:00  Coffee Social for Veteran's</p><p>10:00  Chair Volleyball with Legacy [GYM]</p><p>10:00  Silver Sneakers Exercise Video [MR]</p><p>11:30  Out To Lunch</p><p>2:30  BINGO in Media Room [MR]</p><p>3:30  Marie Presents the Dances of Camroon</p><p>4:00  Happy Hour</p></div>	<div>8</div> <div><p>11:00  Introducing Pajamas for Seniors [MR]</p><p>1:00  BINGO in Media Room [MR]</p><p>2:30  Arranging Flowers for Dining Room [MR]</p><p>3:00  Chicken Soup For The Soul [MR]</p><p>4:00  The MacArthur Turtles</p><p>5:00  At the Movies with Snacks [MR]</p></div>
	<div>9</div> <div><p>11:00  Plymouth Park United Methodist Church Service [MR]</p><p>11:00  Sunday Mass on Channel KFWD</p><p>1:30  The MacArthur Hares [GYM]</p><p>2:00  Time of Prayer [CHP]</p><p>3:00  Sunday Sundae</p><p>5:00  An Afternoon At the Movies -- Resident's Choice [MR]</p></div>	<div>10</div> <div><p>9:00  Water Aerobics</p><p>10:00  Move It or Lose It [GYM]</p><p>11:00  Bowling Competition [GYM]</p><p>1:00  Shopping -- Resident's Choice</p><p>1:00  Update on Walk Around The World [LGN]</p><p>1:30  BINGO in Media Room [MR]</p><p>1:30  Devotional in Chapel [CHP]</p><p>3:00  Brain Fit [LGN]</p><p>5:00  Monday Night Movie -- Resident's Choice [MR]</p></div>	<div>11</div> <div><p>MONTHLY WEIGH-IN WITH MARIE/AL</p><p>10:00  Move It or Lose It [GYM]</p><p>11:00  Stretching [GYM]</p><p>12:45  MAKING CARDS WITH NORMA [4thFL-Art]</p><p>1:30  Poker Tournament [3FL-LG]</p><p>3:00  An Afternoon of Merriment with Rick McCoy [LGN]</p><p>3:30  BETTY GROEZINGER -- Reading of "The Davenport Dilemma" [MR]</p></div>	<div>12</div> <div><p>9:00  Water Aerobics</p><p>10:00  Move It or Lose It [GYM]</p><p>11:00  Exercise With Humor [GYM]</p><p>1:00  BINGO in Media Room [MR]</p><p>2:30  Coffee Break with Nicol/Resident Council</p><p>3:00  PUZZLE COMPETITION</p><p>6:00  Family Feud [MR]</p></div>	<div>13</div> <div><p>10:00  Move It or Lose It [GYM]</p><p>11:00  Stretching [GYM]</p><p>12:30  Great Courses [MR]</p><p>2:00  Women's Tea Social [MR]</p><p>3:00  Beginner's Spanish [4thFL-Art]</p></div>	<div>14</div> <div><p>10:00  Chair Volleyball with Legacy [GYM]</p><p>10:00  Silver Sneakers Exercise Video [MR]</p><p>1:00  Julianne's Ted Talk -- Trying New Things [MR]</p><p>2:30  BINGO in Media Room [MR]</p><p>4:00  Happy Hour</p></div>	<div>15</div> <div><p>1:00  BINGO in Media Room [MR]</p><p>2:30  Arranging Flowers for Dining Room [MR]</p><p>3:00  Book talk With Nancee [MR]</p><p>4:00  The MacArthur Turtles</p><p>5:00  At the Movies with Snacks [MR]</p></div>
	<div>16</div> <div><p>11:00  Plymouth Park United Methodist Church Service [MR]</p><p>11:00  Sunday Mass on Channel KFWD</p><p>1:30  The MacArthur Hares [GYM]</p><p>2:00  Time of Prayer [CHP]</p><p>3:00  Sunday Sundae</p><p>5:00  An Afternoon At the Movies -- Resident's Choice [MR]</p></div>	<div>17</div> <div><p>9:00  Water Aerobics</p><p>10:00  Move It or Lose It [GYM]</p><p>11:00  Golf Tournament [GYM]</p><p>1:00  Shopping -- Resident's Choice</p><p>1:00  Update on Walk Around The World [LGN]</p><p>1:30  BINGO in Media Room [MR]</p><p>1:30  Devotional in Chapel [CHP]</p><p>3:00  Brain Fit [LGN]</p><p>5:00  Monday Night Movie -- Resident's Choice [MR]</p></div>	<div>18</div> <div><p>10:00  Move It or Lose It [GYM]</p><p>11:00  Stretching [GYM]</p><p>2:00  Word Play [MR]</p><p>3:00  LEGACY SOCIAL EVENT</p><p>3:30  BETTY GROEZINGER -- Reading of "The Davenport Dilemma" [MR]</p></div>	<div>19</div> <div><p>9:00  Water Aerobics</p><p>10:00  Move It or Lose It [GYM]</p><p>11:00  Exercise With Humor [GYM]</p><p>11:30  Texas Rangers vs. Tampa Bay Rays</p><p>1:00  BINGO in Media Room [MR]</p><p>2:30  Coffee Break with Nicol/Town Hall [LGN]</p><p>3:15  DON & SHARON PERFORM</p></div>	<div>20</div> <div><p>10:00  Move It or Lose It [GYM]</p><p>11:00  Stretching [GYM]</p><p>12:30  Great Courses [MR]</p><p>3:00  Beginner's Spanish [4thFL-Art]</p></div>	<div>21</div> <div><p>9:00  Coffee Social for Veteran's</p><p>10:00  Chair Volleyball with Legacy [GYM]</p><p>10:00  Silver Sneakers Exercise Video [MR]</p><p>1:00  I-Phone Basics [MR]</p><p>2:30  BINGO in Media Room [MR]</p><p>4:00  Happy Hour</p></div>	<div>22</div> <div><p>1:00  BINGO in Media Room [MR]</p><p>2:30  Arranging Flowers for Dining Room [MR]</p><p>4:00  The MacArthur Turtles</p><p>5:00  At the Movies with Snacks [MR]</p></div>
	<div>23</div> <div><p>11:00  Plymouth Park United Methodist Church Service [MR]</p><p>11:00  Sunday Mass on Channel KFWD</p><p>1:30  The MacArthur Hares [GYM]</p><p>2:00  Time of Prayer [CHP]</p><p>3:00  Sunday Sundae</p><p>5:00  An Afternoon At the Movies -- Resident's Choice [MR]</p></div>	<div>24</div> <div><p>9:00  Water Aerobics</p><p>10:00  Move It or Lose It [GYM]</p><p>11:00  Preparing for 2024 Texas Senior Games [GYM]</p><p>1:00  Shopping -- Resident's Choice</p><p>1:00  Update on Walk Around The World [LGN]</p><p>1:30  DAVID CALLAHAN SING-A-LONG [LGN]</p><p>1:30  Devotional in Chapel [CHP]</p><p>3:00  Celebrating National Tequila Day with Andy Goin</p><p>5:00  Monday Night Movie -- Resident's Choice [MR]</p></div>	<div>25</div> <div><p>10:00  Move It or Lose It [GYM]</p><p>11:00  Stretching [GYM]</p><p>1:00  Nicol Hosts "The Yuck Olympics"</p><p>3:00  Brain Fit [LGN]</p><p>3:30  BETTY GROEZINGER -- Reading of "The Davenport Dilemma" [MR]</p></div>	<div>26</div> <div><p>9:00  Water Aerobics</p><p>10:00  Move It or Lose It [GYM]</p><p>11:00  Exercise With Humor [GYM]</p><p>1:00  BINGO in Media Room [MR]</p><p>2:30  Coffee Break with Nicol [LGN]</p><p>3:00  Americans with Disabilities Discussion [MR]</p></div>	<div>27</div> <div><p>9:00  Men's Breakfast</p><p>10:00  Move It or Lose It [GYM]</p><p>11:00  BINGO Store Opens [MR]</p><p>11:00  BINGO Store Opens [MR]</p><p>11:00  Stretching [GYM]</p><p>12:00  New Residents Luncheon [MR]</p><p>12:30  Great Courses [MR]</p><p>3:00  Beginner's Spanish [4thFL-Art]</p><p>3:30  Name That Tune [MR]</p></div>	<div>28</div> <div><p>SHREDDER DAY -- 9:00 AM - 6:00 PM</p><p>10:00  Chair Volleyball with Legacy [GYM]</p><p>10:00  Silver Sneakers Exercise Video [MR]</p><p>11:30  Men's Outing -- Lunch and Toyota Factory</p><p>2:30  BINGO in Media Room [MR]</p><p>4:00  Happy Hour</p></div>	<div>29</div> <div><p>1:00  BINGO in Media Room [MR]</p><p>2:30  Arranging Flowers for Dining Room [MR]</p><p>3:00  Belly Full of Laughs [MR]</p><p>4:00  The MacArthur Turtles</p><p>5:00  At the Movies with Snacks [MR]</p></div>

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