

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

- Connect
- Contribute
- Feel
- Grow
- Move
- Reflect



**NATIONAL NO RHYME (NOR REASON) DAY 1**  
 9:00 ● Floor Coffee Social  
 9:15 ● Exercise with Desmond/AL Only  
 10:30 ● Exercise with Desmond/Villas  
 1:00 ● Town Hall/AL

**NATIONAL V-J DAY 2**  
 9:00 ● Floor Coffee Social  
 10:30 ● Muffins with Mary/AL Only  
 1:30 ● BINGO in Media Room/All Floors  
 6:00 ● Game Night/Villas

**U.S. BOWLING LEAGUE DAY 3**  
 9:00 ● Floor Coffee Social  
 9:15 ● Exercise with Desmond/AL Only  
 10:30 ● Exercise with Desmond/Villas  
 3:00 ● Spanish for Beginners with Iris/Villas  
 4:30 ● Nancee's Corner/AL Only

**NATIONAL COLLEGE COLORS DAY 4**  
 9:00 ● Floor Coffee Social  
 11:00 ● Travels with Jack  
 1:00 ● Arranging Flowers/AL Only  
 3:00 ● BINGO/Villas  
 4:00 ● Happy Hour with Dinner in Dining Room/2nd & 3rd Floor  
 5:00 ● Happy Hour with Dinner in Dining Room/4th Floor & Villas  
 6:15 ● Friday Night Movie/Villas

**NATIONAL BE LATE FOR SOMETHING DAY 5**  
 10:00 ● Exercise with Desmond/AL Only  
 1:30 ● BINGO in Media Room/All Floors  
 6:00 ● Movie Night/AL Only

**LOCATION**  
 Arts Area -- 4th Floor  
 Dining Room -- 1st Floor  
 Lounge -- 1st Floor  
 Media Room -- 1st Floor  
 Gym -- 1st Floor  
 Room to Room

**BIRTHDAYS**  
 Gopal Raju 1st  
 Tom Bethea 1st  
 Tom Chapman 13th  
 Bob Galbraith 26th  
 Margaret Valdez 27th  
 Joanne Connell 27th  
 Valerie Norder 30th

**ANNIVERSARIES**  
 Andy & Jean Odom 3rd

**SENIOR LIFESTYLE**  
 Come grow with us!

**SENIOR LIFESTYLE**  
 Unlimited options, Unparalleled services

**WWW.SENIORLIFESTYLE.COM**  
 Activities are subject to change

**NATIONAL READ A BOOK DAY 6**  
 10:15 ● Plymouth Park United Methodist Church Sunday Sermon  
 11:00 ● Sunday Mass KFWD  
 1:30 ● 2nd Floor Prayer Session  
 2:00 ● 3rd & 4th Floor Prayer Session  
 2:30 Sunday Sundae and Movie Matinee/Villas  
 3:00 ● Sunday Sundaes/AL Only

**LABOR DAY 7**  
 9:00 ● Floor Coffee Social  
 9:15 ● Exercise with Desmond/AL Only  
 10:30 ● Exercise with Desmond/Villas  
 1:30 ● BINGO in Media Room/All Floors  
 6:00 ● Monday Movie/AL Only

**INTERNATIONAL LITERACY DAY 8**  
 9:00 ● Floor Coffee Social  
 9:15 ● Exercise with Desmond/AL Only  
 10:30 ● Exercise with Desmond/Villas  
 1:00 ● Crafts/All Floors

**INTERNATIONAL DAY TO PROTECT EDUCATION FROM ATTACK 9**  
 9:00 ● Floor Coffee Social  
 10:30 ● Muffins with Mary/Villas  
 1:30 ● BINGO in Media Room/All Floors  
 6:00 ● Game Night/AL Only

**NATIONAL SCHOOL PICTURE DAY 10**  
 9:00 ● Floor Coffee Social  
 9:15 ● Exercise with Desmond/AL Only  
 10:30 ● Exercise with Desmond/Villas  
 1:00 ● Line Up for Photos/All Floors  
 2:00 ● Women's Tea Social/AL Only  
 2:15 ● Line Up for Photos/Villas  
 3:00 ● Spanish for Beginners with Iris/AL Only

**PATRIOT DAY AND NATIONAL DAY OF SERVICE AND REMEMBRANCE 11**  
 9:00 ● Floor Coffee Social  
 1:00 ● Arranging Flowers/Villas  
 4:00 ● Happy Hour with Dinner in Dining Room/2nd & 3rd Floor  
 5:00 ● Happy Hour with Dinner in Dining Room/4th Floor & Villas  
 6:15 ● Friday Night Movie/Villas

**NATIONAL DAY OF ENCOURAGEMENT 12**  
 10:00 ● Exercise with Desmond/AL Only  
 1:30 ● BINGO in Media Room/All Floors  
 6:00 ● Movie Night/AL Only

**UNCLE SAM DAY 13**  
 10:15 ● Plymouth Park United Methodist Church Sunday Sermon  
 11:00 ● Sunday Mass KFWD  
 1:30 ● 2nd Floor Prayer Session  
 2:00 ● 3rd & 4th Floor Prayer Session  
 2:30 Sunday Sundae and Movie Matinee/Villas  
 3:00 ● Sunday Sundaes/AL Only

**NATIONAL LIVE CREATIVE DAY 14**  
 9:00 ● Floor Coffee Social  
 9:15 ● Exercise with Desmond/AL Only  
 10:30 ● Exercise with Desmond/Villas  
 1:30 ● BINGO in Media Room/All Floors  
 6:00 ● Monday Movie/AL Only

**INTERNATIONAL DAY OF DEMOCRACY 15**  
 9:00 ● Floor Coffee Social  
 9:15 ● Exercise with Desmond/AL Only  
 10:30 ● Exercise with Desmond/Villas  
 1:00 ● Crafts/Villas

**NATIONAL PLAY-DOH DAY 16**  
 9:00 ● Floor Coffee Social  
 9:00 ● Muffins with Mary/AL Only  
 10:00 ● Don & Sharon Perform/AL Only  
 11:15 ● Don & Sharon Perform/Villas  
 1:30 ● BINGO in Media Room/All Floors  
 3:00 ● Playing with Play Doh/All Floors  
 4:00 ● Playing with Play Doh/Villas  
 6:00 ● Game Night/Villas

**CONSTITUTION DAY AND CITIZENSHIP DAY 17**  
 9:00 ● Floor Coffee Social  
 9:15 ● Exercise with Desmond/AL Only  
 10:30 ● Exercise with Desmond/Villas  
 2:00 ● Women's Tea Social/Villas  
 3:00 ● Spanish for Beginners with Iris/Villas  
 4:30 ● Nancee's Corner/Villas

**AIRFORCE BIRTHDAY 18**  
 9:00 ● Floor Coffee Social  
 10:00 ● Marty Ruiz Entertains/AL Only  
 11:15 ● Marty Ruiz Entertains/Villas  
 1:00 ● Arranging Flowers/AL Only  
 4:00 ● Happy Hour with Dinner in Dining Room/2nd & 3rd Floor  
 5:00 ● Happy Hour with Dinner in Dining Room/4th Floor & Villas  
 6:15 ● Friday Night Movie/Villas

**NATIONAL DANCE DAY 19**  
 10:00 ● Exercise with Desmond/AL Only  
 1:30 ● BINGO in Media Room/All Floors  
 6:00 ● Movie Night/AL Only

**NATIONAL PEPPERONI PIZZA DAY 20**  
 10:15 ● Plymouth Park United Methodist Church Sunday Sermon  
 11:00 ● Sunday Mass KFWD  
 1:30 ● 2nd Floor Prayer Session  
 2:00 ● 3rd & 4th Floor Prayer Session  
 2:30 Sunday Sundae and Movie Matinee/Villas  
 3:00 ● Sunday Sundaes/AL Only

**INTERNATIONAL DAY OF PEACE 21**  
 9:00 ● Floor Coffee Social  
 9:15 ● Exercise with Desmond/AL Only  
 10:30 ● Exercise with Desmond/Villas  
 1:30 ● BINGO in Media Room/All Floors  
 6:00 ● Monday Movie/AL Only

**DEAR DIARY DAY 22**  
 9:00 ● Floor Coffee Social  
 9:15 ● Exercise with Desmond/AL Only  
 10:30 ● Exercise with Desmond/Villas  
 1:00 ● Crafts/All Floors

**NATIONAL CHECKERS/DOGS IN POLITICS DAY 23**  
 9:00 ● Floor Coffee Social  
 10:30 ● Muffins with Mary/Villas  
 1:30 ● BINGO in Media Room/All Floors  
 2:00 ● BINGO Store Open  
 6:00 ● Game Night/AL Only

**INTERNATIONAL DAY OF SIGN LANGUAGES 24**  
 9:00 ● Floor Coffee Social  
 9:00 ● Men's Breakfast  
 9:15 ● Exercise with Desmond/AL Only  
 10:30 ● Exercise with Desmond/Villas  
 1:00 ● Food Forum with Alba/AL Only  
 2:00 ● Food Forum with Alba/Villas  
 3:00 ● Spanish for Beginners with Iris/AL Only  
 4:00 ● Learning Sign Language/AL Only

**NATIONAL COMIC BOOK DAY 25**  
 9:00 ● Floor Coffee Social  
 1:00 ● Arranging Flowers/Villas  
 4:00 ● Happy Hour with Dinner in Dining Room/2nd & 3rd Floor  
 5:00 ● Happy Hour with Dinner in Dining Room/4th Floor & Villas  
 6:15 ● Friday Night Movie/Villas

**NATIONAL JOHNNY APPLESEED DAY 26**  
 10:00 ● Exercise with Desmond/AL Only  
 1:30 ● BINGO in Media Room/All Floors  
 6:00 ● Movie Night/AL Only

**NATIONAL SCARF DAY 27**  
 10:15 ● Plymouth Park United Methodist Church Sunday Sermon  
 11:00 ● Sunday Mass KFWD  
 1:30 ● 2nd Floor Prayer Session  
 2:00 ● 3rd & 4th Floor Prayer Session  
 2:30 Sunday Sundae and Movie Matinee/Villas  
 3:00 ● Sunday Sundaes/AL Only

**NATIONAL GOOD NEIGHBOR DAY 28**  
 9:00 ● Floor Coffee Social  
 9:15 ● Exercise with Desmond/AL Only  
 10:30 ● Exercise with Desmond/Villas  
 1:30 ● BINGO in Media Room/All Floors  
 6:00 ● Monday Movie/AL Only

**VFW DAY 29**  
 9:00 ● Floor Coffee Social  
 9:15 ● Exercise with Desmond/AL Only  
 10:00 ● Birthday/New Resident's Celebration with Denny/AL  
 10:30 ● Exercise with Desmond/Villas  
 11:15 ● Birthday/New Resident's Celebration with Denny/Villas  
 1:00 ● Crafts/Villas

**NATIONAL CHEWING GUM DAY 30**  
 9:00 ● Floor Coffee Social  
 10:30 ● Muffins with Mary/AL Only  
 1:30 ● BINGO in Media Room/All Floors  
 6:00 ● Game Night/Villas

