



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
<div><p>MEMORY CARE embrace BY SENIOR LIFESTYLE</p><p>WWW.SENIORLIFESTYLE.COM</p><p>Activities are subject to change</p></div> <div><p>PRESTONWOOD COURT</p><p>a Senior Lifestyle community</p></div>		<div><i>Resident Birthdays</i></div> <div><i>Jareen S. 2/18</i></div>												
9:30 ↔ Dance to the "Oldies" AM ✚ DEVOTIONAL WORSHIP AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ✚ Gaither Gospel Hour PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless 3:00 🍷 Ice Cream Social 3:15 ✚ Sunday Devotionals PM 🍷 Fresh Snack 4:30 🍷 Dinner PM ❤️ Sing -a-long Sunday		5	9:30 ↔ Sit and Stretch 10:00 🍷 Art Room Crafts AM 🍷 NOW IN THE NEWS AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch — ✚ Communion 1:00 ↔ Let the Games Begin! w/Kimmie PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless 2:30 🍷 Movie Monday w fresh popcorn PM 🍷 Fresh Snack PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner PM 🍷 "GOOD NEWS"	6	AM ↔ Grow & Flow w/ Nature 10:00 ✚ "WAY BACK WHEN" 10:00 ✚ Bible Study AM 🍷 "All About YOU" AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ↔ Let the Games Begin! w/Kimmie 1:30 🍷 Legacy Live Well Class PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless PM 🍷 Fresh Snack PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner PM 🍷 "EARTH"	7	9:30 ↔ Move w/ Music AM 🍷 Finish the Phrase AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ↔ Let the Games Begin! w/Kimmie PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless PM 🍷 Fresh Snack 3:30 ❤️ Inspirational Stories PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner 6:00 🍷 Find & Share Favorite Songs	8	9:30 ↔ Sit & Be Fit 10:00 🍷 "The Australian" BRAD ACKLAND AM 🌿 Thymeless 10:30 🍷 Time to Rhyme 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ↔ Let the Games Begin! w/Kimmie PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless PM 🍷 Fresh Snack PM ❤️ Jokes on us!! PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner PM 🍷 Gentle Men's Club PM 🍷 ANIMALS OF THE WILD	9	AM ↔ Move your muscles AM 🍷 EXPLORE NEXT DOOR OUTING AM ↔ WALKING CLUB INITIATION AM 🍷 Name 10 Game AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ↔ Let the Games Begin! w/Kimmie PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless — 🍷 Essence PM 🍷 Fresh Snack 3:45 🍷 Fun Friday Happy Hour PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner	10	9:30 ↔ Morning Yoga 10:00 🍷 Explore Performing Arts AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless PM 🍷 Art Appreciation PM 🍷 MILK & COOKIES PM 🍷 Fresh Snack 4:30 🍷 Dinner PM 🍷 "GOOD NEWS"	11
9:30 ↔ Dance to the "Oldies" AM ✚ DEVOTIONAL WORSHIP AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ✚ Gaither Gospel Hour PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless 3:00 🍷 Ice Cream Social 3:15 ✚ Sunday Devotionals PM 🍷 Fresh Snack 4:30 🍷 Dinner PM ❤️ Sing -a-long Sunday		12	9:30 ↔ Sit and Stretch 10:00 🍷 Art Room Crafts AM 🍷 NOW IN THE NEWS AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch — ✚ Communion 1:00 ↔ Let the Games Begin! w/Kimmie PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless 2:30 🍷 Movie Monday w fresh popcorn PM 🍷 Fresh Snack PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner PM 🍷 "GOOD NEWS"	13	Valentine's Day AM ↔ Grow & Flow w/ Nature 10:00 ✚ Bible Study 10:00 ❤️ VALENTINES VOLLEY AM 🍷 "All About YOU" AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ↔ Let the Games Begin! w/Kimmie 1:30 🍷 Legacy Live Well Class PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless PM 🍷 Fresh Snack PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner PM 🍷 "EARTH"	14	9:30 ↔ Move w/ Music AM 🍷 NEW NEIGHBOR WELCOME AM 🍷 Finish the Phrase AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ↔ Let the Games Begin! w/Kimmie PM 🍷 Table Time: games/puzzles/art PM 🌿 PAUL ANDERSON SINGS! PM 🌿 Thymeless PM 🍷 Fresh Snack 3:30 ❤️ Inspirational Stories PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner 6:00 🍷 Find & Share Favorite Songs	15	9:30 ↔ Sit & Be Fit 10:00 🍷 "The Australian" BRAD ACKLAND AM 🌿 Thymeless 10:30 🍷 Time to Rhyme 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ↔ Let the Games Begin! w/Kimmie PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless PM 🍷 Fresh Snack PM ❤️ Jokes on us!! PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner PM 🍷 Gentle Men's Club PM 🍷 ANIMALS OF THE WILD	16	AM ↔ Move your muscles AM 🍷 Few of My Favorite Things AM 🍷 NATIONAL CAREGIVER DAY AM 🍷 Name 10 Game AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ↔ Let the Games Begin! w/Kimmie PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless — 🍷 Essence PM 🍷 Fresh Snack 3:45 🍷 Fun Friday Happy Hour PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner	17	9:30 ↔ Morning Yoga 10:00 🍷 Explore Performing Arts AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless PM 🍷 Art Appreciation PM 🍷 MILK & COOKIES PM 🍷 Fresh Snack 4:30 🍷 Dinner PM 🍷 "GOOD NEWS"	18
9:30 ↔ Dance to the "Oldies" AM ✚ DEVOTIONAL WORSHIP AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ✚ Gaither Gospel Hour PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless 3:00 🍷 Ice Cream Social 3:15 ✚ Sunday Devotionals PM 🍷 Fresh Snack 4:30 🍷 Dinner PM ❤️ Sing -a-long Sunday		19	Presidents' Day 9:30 ↔ Sit and Stretch 10:00 🍷 Art Room Crafts AM 🍷 NOW IN THE NEWS AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch — ✚ Communion 1:00 ↔ Let the Games Begin! w/Kimmie PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless 2:30 🍷 Movie Monday w fresh popcorn PM 🍷 Fresh Snack PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner PM 🍷 "GOOD NEWS"	20	AM ↔ Grow & Flow w/ Nature 10:00 ✚ Bible Study 10:00 ❤️ LEARN AFRICAN AMERICAN DANCES AM 🍷 "All About YOU" AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ↔ Let the Games Begin! w/Kimmie 1:30 🍷 Legacy Live Well Class PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless PM 🍷 Fresh Snack PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner PM 🍷 "EARTH"	21	9:30 ↔ Move w/ Music AM ✚ START OF LENT AM 🍷 Finish the Phrase AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ↔ Let the Games Begin! w/Kimmie PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless PM 🍷 Fresh Snack 3:30 ❤️ Inspirational Stories PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner 6:00 🍷 Find & Share Favorite Songs	22	9:30 ↔ Sit & Be Fit 10:00 🍷 "The Australian" BRAD ACKLAND AM 🌿 Thymeless 10:30 🍷 Time to Rhyme 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ↔ Let the Games Begin! w/Kimmie PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless PM 🍷 Fresh Snack PM ❤️ Jokes on us!! PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner PM 🍷 Gentle Men's Club PM 🍷 ANIMALS OF THE WILD	23	AM ↔ Move your muscles AM 📖 BOOK CLUB AM 🍷 FIND A NEW FRIEND AM 🍷 Name 10 Game AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ↔ Let the Games Begin! w/Kimmie PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless — 🍷 Essence PM 🍷 Fresh Snack 3:45 🍷 Fun Friday Happy Hour PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner	24	9:30 ↔ Morning Yoga 10:00 🍷 Explore Performing Arts AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless PM 🍷 Art Appreciation PM 🍷 MILK & COOKIES PM 🍷 Fresh Snack 4:30 🍷 Dinner PM 🍷 "GOOD NEWS"	25
9:30 ↔ Dance to the "Oldies" AM ✚ DEVOTIONAL WORSHIP AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ✚ Gaither Gospel Hour PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless 3:00 🍷 Ice Cream Social 3:15 ✚ Sunday Devotionals PM 🍷 Fresh Snack 4:30 🍷 Dinner PM ❤️ Sing -a-long Sunday		26	9:30 ↔ Sit and Stretch 10:00 🍷 Art Room Crafts AM 🍷 NOW IN THE NEWS AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch — ✚ Communion 1:00 ↔ Let the Games Begin! w/Kimmie PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless 2:30 🍷 Movie Monday w fresh popcorn PM 🍷 Fresh Snack PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner PM 🍷 "GOOD NEWS"	27	AM ↔ Grow & Flow w/ Nature 10:00 ✚ Bible Study 10:00 ❤️ Courtyard Cruising AM 🍷 "All About YOU" AM 🌿 Thymeless 11:00 🍷 Hydration Break 11:30 🍷 Lunch 1:00 ↔ Let the Games Begin! w/Kimmie 1:30 🍷 Legacy Live Well Class PM 🍷 Table Time: games/puzzles/art PM 🌿 Thymeless PM 🍷 Fresh Snack PM 🍷 Bingo Before Dinner 4:30 🍷 Dinner PM 🍷 "EARTH"	28								