

calendar & activities
AUG 2020

North Court – Farewell to Summer

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

LOCATIONS

Living Room [LR]
Music Room [MR]
Dining Room [DR]
Courtyard [CY]

BIRTHDAYS
THIS MONTH

GEORGIANNA; 8/11
BETTY JO; 8/19

SENIOR LIFESTYLE
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Unparalleled services*

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Activities are subject to
change

August cont'd

30

9:30 Dance to the "Oldies"
AM Fun Baby Videos
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Gaither Gospel Hour
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
3:00 Ice Cream Social
3:15 Sunday Devotionals
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe

2

9:30 Dance to the "Oldies"
AM Fun Baby Videos
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Gaither Gospel Hour
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
3:00 Ice Cream Social
3:15 Sunday Devotionals
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM Magnificent Manicures
PM "Hold Me Over" Snack

9

9:30 Dance to the "Oldies"
AM Fun Baby Videos
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Gaither Gospel Hour
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
3:00 Ice Cream Social
3:15 Sunday Devotionals
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM Magnificent Manicures
PM "Hold Me Over" Snack

16

9:30 Dance to the "Oldies"
AM Fun Baby Videos
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Gaither Gospel Hour
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
3:00 Ice Cream Social
3:15 Sunday Devotionals
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM Magnificent Manicures
PM "Hold Me Over" Snack

23

9:30 Dance to the "Oldies"
AM Fun Baby Videos
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Gaither Gospel Hour
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
3:00 Ice Cream Social
3:15 Sunday Devotionals
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM Magnificent Manicures
PM "Hold Me Over" Snack

31

9:30 Sit and Stretch
10:00 "The Australian" Performs
AM Name that State
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
2:30 Movie Monday w fresh popcorn
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM "Hold Me Over" Snack

3

9:30 Sit and Stretch
10:00 "The Australian" Performs
AM Name that State
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
2:30 Movie Monday w fresh popcorn
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM **MEDITATION MENTORING**
PM "Hold Me Over" Snack

10

9:30 Sit and Stretch
10:00 "The Australian" Performs
AM Name that State
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
2:30 Movie Monday w fresh popcorn
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM "Hold Me Over" Snack

17

9:30 Sit and Stretch
10:00 "The Australian" Performs
AM Name that State
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
2:30 Movie Monday w fresh popcorn
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM "Hold Me Over" Snack

24

9:30 Sit and Stretch
10:00 "The Australian" Performs
AM Name that State
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
2:30 Movie Monday w fresh popcorn
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM "Hold Me Over" Snack



4

— Grow & Flow w/ Nature
10:00 Courtyard Cruising
AM Tea and Trivia
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
1:30 Legacy Live Well Class
2:00 Games, Art activities, Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM "Hold Me Over" Snack

5

— Grow & Flow w/ Nature
10:00 Courtyard Cruising
AM Tea and Trivia
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
1:30 Legacy Live Well Class
2:00 Games, Art activities, Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM "Hold Me Over" Snack

11

— Grow & Flow w/ Nature
10:00 Courtyard Cruising
AM Tea and Trivia
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
1:30 Legacy Live Well Class
2:00 Games, Art activities, Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
2:30 Eldergrow Class
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM "Hold Me Over" Snack

18

— Grow & Flow w/ Nature
10:00 Courtyard Cruising
AM Tea and Trivia
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
1:30 Legacy Live Well Class
2:00 Games, Art activities, Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM "Hold Me Over" Snack

25

— Grow & Flow w/ Nature
10:00 Courtyard Cruising
AM Tea and Trivia
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
1:30 Legacy Live Well Class
2:00 Games, Art activities, Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM "Hold Me Over" Snack

6

9:30 Move w/ Music
10:00 **DISCO DANCE PARTY**
AM Finish the Phrase
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Fresh Snack
3:30 Inspirational Stories
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
6:00 Find & Share Favorite Songs
PM "Hold Me Over" Snack

12

9:30 Move w/ Music
10:00 **SUMMER NIGHT PAINTING CLASS**
AM Finish the Phrase
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Fresh Snack
3:30 Inspirational Stories
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
6:00 Find & Share Favorite Songs
PM "Hold Me Over" Snack

19

9:30 Move w/ Music
10:00 **WIND CHIMES**
AM Finish the Phrase
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Fresh Snack
3:30 Inspirational Stories
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
6:00 Find & Share Favorite Songs
PM "Hold Me Over" Snack

26

9:30 Move w/ Music
10:00 **WOODSTOCK MUSIC FESTIVAL**
AM Finish the Phrase
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Fresh Snack
3:30 Inspirational Stories
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
6:00 Find & Share Favorite Songs
PM "Hold Me Over" Snack

7

9:30 Sit & Be Fit
10:00 "The Australian" Performs
AM **Thymeless**
10:30 Time to Rhyme
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Fresh Snack
PM Jokes on us!!
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM Blooming Flower Walk
PM "Hold Me Over" Snack

13

9:30 Sit & Be Fit
10:00 "The Australian" Performs
AM **Thymeless**
10:30 Time to Rhyme
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Fresh Snack
PM Jokes on us!!
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM Blooming Flower Walk
PM "Hold Me Over" Snack

20

9:30 Sit & Be Fit
10:00 "The Australian" Performs
AM **Thymeless**
10:30 Time to Rhyme
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Fresh Snack
PM Jokes on us!!
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM Blooming Flower Walk
PM "Hold Me Over" Snack

27

9:30 Sit & Be Fit
10:00 "The Australian" Performs
AM **Thymeless**
10:30 Time to Rhyme
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Fresh Snack
PM Jokes on us!!
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
PM Blooming Flower Walk
PM "Hold Me Over" Snack

8

9:30 Dance & Move
10:00 **SCHOOL SUPPLY DRIVE**
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
2:30 Cooking with Beena!
2:30 **VAN RIDE & ICE CREAM**
3:00 **Essence**
PM Fresh Snack
PM Bingo Before Dinner
4:00 Fun Friday Happy Hour
4:30 Dinner
PM Relax & Breathe
PM "Hold Me Over" Snack

14

9:30 Dance & Move
10:00 **SCHOOL SUPPLY DRIVE**
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
2:30 Cooking with Beena!
3:00 **Essence**
PM Fresh Snack
PM Bingo Before Dinner
4:00 Fun Friday Happy Hour
4:30 Dinner
PM Relax & Breathe
PM "Hold Me Over" Snack

21

9:30 Dance & Move
10:00 **SCHOOL SUPPLY DRIVE**
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
2:30 Cooking with Beena!
3:00 **Essence**
PM Fresh Snack
PM Bingo Before Dinner
4:00 Fun Friday Happy Hour
4:30 Dinner
PM Relax & Breathe
PM "Hold Me Over" Snack

28

9:30 Dance & Move
10:00 **SCHOOL SUPPLY DRIVE**
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
1:00 Let the Games Begin! w/Kimmie
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
2:30 Cooking with Beena!
3:00 **Essence**
PM Fresh Snack
PM Bingo Before Dinner
4:00 Fun Friday Happy Hour
4:30 Dinner
PM Relax & Breathe
PM "Hold Me Over" Snack

1

9:30 Morning Yoga
10:00 Explore Performing Arts
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Art Appreciation
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
6:00 Karaoke Wind Down
PM "Hold Me Over" Snack

8

9:30 Morning Yoga
10:00 Explore Performing Arts
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Art Appreciation
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
6:00 Karaoke Wind Down
PM "Hold Me Over" Snack

15

9:30 Morning Yoga
10:00 Explore Performing Arts
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Art Appreciation
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
6:00 Karaoke Wind Down
PM "Hold Me Over" Snack

22

9:30 Morning Yoga
10:00 Explore Performing Arts
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Art Appreciation
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
6:00 Karaoke Wind Down
PM "Hold Me Over" Snack

29

9:30 Morning Yoga
10:00 Explore Performing Arts
AM **Thymeless**
11:00 Hydration Break
11:30 Lunch
PM Feed the Turtles
PM Games and Puzzles
PM Powerhouse Protein Snack
PM **Thymeless**
PM Art Appreciation
PM Fresh Snack
PM Bingo Before Dinner
4:30 Dinner
PM Relax & Breathe
6:00 Karaoke Wind Down
PM "Hold Me Over" Snack

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