March 2024 Monthly Activities **Independent Living Monthly Calendar** Tuesday Sunday Monday Wednesday Thursday Friday Saturday 8:00 O Pool Hours 8am-8pm [P] 8:00 O Pool Hours 8am-8pm [P March cont'd Theme of the Month: 10:00 • Crafter's Corner (Knitting) [B] **Resident Birthdays** Training-Call to reserve at 10:00 Seated Yoga with Going Fit **Your Neighbors** EXT 5278. [P] 11:15 • Trivia [BA] Pat M. 3/1 Bob M. 3/10 Morning Chronicles and 8:00 O Pool Hours 8am-8pm [P] 12:45 • Armchair Art Gallery Tour [TLB] 9:15 • Sts. Peter and Paul Church-leaving at 9:15am. [HL] **Whole Community** 1:00 • Play Pool [PR] Bob Y. 3/12 Joyce R. 10:30 O Forever Fit 2:15 • Classic Cinema- [TLB] 4:00 • Happy Hour [BA] 11:30 O Aquatic Pool Exercise-Pool is open! [P 11:00 • Café Corner [B] Bob M. 3/14 Carol M **Events:** 1:30 • Yesterday's Treasures-OPEN 3/15 12:30 International Women's Month Documentar Ralph D. Adam R. (Prime) [TLB] 1:00 • Pinochle [B] St. Patrick's Day 3/ 7:00 Poker Club- (Open to Men and Women) [PR] 2:00 Trivia [TLB] (YouTube) [BA] 3/25 Marie K. James W. 1:30 Bridge Club [CR] 4:00 • Happy Hour [BA] 17 Dorothy S. 3/6 Pat M. 3/31 7:00 Friday Flick [TLB] 7:15 • Bingo [AUD] 1:30 • Walking Club [HL] Easter Brunch 3/31 Rose R. John G. 3/31 3:00 • Wellington Fellowship- Streaming Church Service [TLB] 3/9 7:00 Sunday Funday Movie-Funny Girl (Prime)
[BA] Tommy B. 8:00 O Pool Hours 8am-8pm [P] 8:00 O Pool Hours 8am-8pm [P] 8:00 Pool Hours 8am-8nm [P] 8:00 Pool Hours 8am-8pm [P] 8:00 Pool Hours 8am-8pm [P] 8:00 O Pool Hours 8am-8pm [P] 8:00 O Pool Hours 8am-8pm [P 10:00 • 10am-3pm Personal Training-Call to reserve at EXT 5278. [P] 9:30 Sit & Be Strong with Tim [CR] 10:00 ● Crafter's Corner (Knitting) [B] 9:15 Sts. Peter and Paul Church 9:30 Sit & Be Strong with Tim [CR] 10:00 O 10am- 3pm Personal 0:00 O 10am-3pm Personal Training-Call to reserve at EXT 5278. [P] 10:00 O Seated Yoga with Going Fit 10:00 • 10am- 3pm Personal 0:00 O 10am- 3pm Personal EXT 5278. [P] 11:00 • Café Corner [B] Training-Call to reserve at EXT 5278. [P] Training-Call to reserve at EXT 5278. [P] 11:15 • Trivia [BA] 10:00 • RAC Meeting [Conf.Rm] 11:00 • Communion Service [CR] 10:15 O Stretch and Strength with Morning Chronicles and 12:45 • Armchair Art Gallery Tour [TLB]
1:00 • Play Pool [PR]
2:15 • Classic Cinema- [TLB] 0:00 It's About Time Watch Repair Service & Goina Fit [CR] 10:00 • Shopping Trip [HL] 10:15 O Stretch and Strength with Going Fit [CR] Cranium Crunches [BA] 12:30 International Women's Month Documentary: 11:00 Second Floor Meeting [AUD] 10:30 O Forever Fit Jewelry [BA] 10:00 Super Crossword Search [CR] Princess Elizabeth: Destined for Greatness 12:30 Bridge [CR] (YouTube) [BA] Morning Chronicles and Current Events [BA] 11:00 • 3rd Floor Meeting [AUD] WELLINGTON 1:00 • Emergency Group Plan: Resident's Need to 4:00 • Happy Hour [BA] 11:00 Famous Artist Documentaries: Pablo Picass | Behind the Artist (YouTube) [TLB] Know [AUD] 1:30 • Bridge Club [CR] 11:30am-2:30pm 7:00 Movie Committee Feature [TI B] 1:00 • Pinochle [B] 1:00 • Caregiver Support Group for Individuals an AT HERSHEY'S MILL 1:00 Mahiong [B] 1:30 • Pinochle [B] 1:00 Poker Club- (Open to Men and Women) [PR] 7:00 Poker Club- (Open to Men and Women) [PR] 1:00 • First Floor Meeting [AUD] Loved Ones [Lib] 2:00 • Trivia [TLB] 1:30 O Walking Club [HL] 1:00 • Play Pool [PR 1:30 • Painting with Cara- ALL Levels Welcome 1:00 • Computer Help: *(See Sign up Sheet)by 2:00 • Glamour Girls Manicures & Makeup [B] 1:00 • Bridge [CR] 4:00 • Happy Hour [BA] a Senior Lifestyle community 1:00 Poker Club- (Open to Men and Women) [PR] 2:00 • Crafter's Corner (Knitting) [B] 7:00 • Friday Flick [TLB] 3:00 • Wellington Fellowship- Streaming Church 1:00 Wordle [BA] 1:00 • Play Pool [PR] Service [TLB] 1:00 • Rummikube [B] 7:15 • Bingo [AUD] 2:00 • Rosarv Hour [Lib] 2:30 • Flexibility Class 3:00 • Emergency Group Plan: Resident's Need to Know [AUD] 7:00 Sunday Funday Movie-Queen Bees (Netflix) 2:00 O Aquatic Pool Exer 1:00 Scrabble [B] 3:00 O Balance Class [CR] call to reserve a spot! EXT 5278 [P] 1:00 • Word Within a Word [TLB] 4:00 • Happy Hour [BA] 2:00 • Wellington Chorus [AUD] 3:00 • Cocktails & Vinyl [BA] 3:00 O Wii Bowling [TLB] 4:00 • Happy Hour [BA] 7:00 Movie Committee Feature ITLBI 4:00 • Happy Hour [BA] 7:00 • Music Night [TLB] 7:00 • Rosary [Lib] 4:00 • Happy Hour [BA] 8:00 O Pool Hours 8am-8pm [P] Daylight Saving Time Begins 8:00 O Pool Hours 8am-8pm [P] _CONNECT 9:00 • Herr's Factory Trip [HL] 0:00 O 10am- 3pm Personal 9:30 Sit & Be Strong with Tim [CR] 0:00 O 10am- 3pm Personal 0:00 O 10am- 3pm Personal 10:00 • Crafter's Corner (Knitting) [B] 8:00 O Pool Hours 8am-8pm [P] 9:30 Sit & Be Strong with Tim [CR] Training-Call to reserve at 10:00 • 10am- 3pm Personal Training-Call to reserve at Training-Call to reserve at 10:00 • Seated Yoga with Going Fit _CONTRIBUTE 9:15 • Sts. Peter and Paul Church-EXT 5278. [P] EXT 5278. [P] EXT 5278. [P] Training-Call to reserve at EXT 5278. [P] leaving at 9:15am. [HL] 10:00 • 10am- 3pm Personal 11:15 • Trivia [BA] Training-Call to reserve at EXT 5278. [P] 10:00 • 2nd Floor Floor Meeting 10.00 10:00 Morning Chronicles and _FEEL 11:00 • Café Corner [B] 12:45 • Armchair Art Gallery Tour [TLB] Trip [HL] Cranium Crunches [BA] 10:00 Super Crossword Search [CR] 1:00 • Play Pool [PR] 11:00 • Communion Service [CR] 10:15 O Stretch and Strength with Going Fit [CR] 10:15 O Stretch and Strength with Going Fit [CR] 10:30 O Forever Fit Morning Chronicles and Current Events [BA] 1:00 Dominoes [CR] explore - Leadership & Volunteerism 12:30 International Women's Month Documentary: Ruth Bader Ginsburg: My life on the Supreme 2:15 • Classic Cinema- ITLBI 1:00 Famous Artist Documentaries: Wassily Kandinsky, the Master of Abstract Art 11:30 • Yesterday's Treasures-OPEN 1:00 • Poker Club- (Open to Men and Women) [PR] 12:30 • Bridge [CR] 1:30 • Yesterday's Treasures-OPEN 4:00 • Happy Hour [BA] explore - Lectures & Learning Court (YouTube) [BA] 1:30 • Painting with Cara- ALL Levels Welcome 1:00 • Emergency Group Plan: Resident's Need to 7:00 Movie Committee Feature [TLB] (YouTube) [TLB] 1:00 Play Pool [PR] Know [AUD] 1:00 • Pinochle [B] 1:30 • Bridge Club [CR] 7:00 • Poker Club- (Open to Men and Women) [PR] 1:00 Mahiong [B] 1:00 • Bridge [CR] 2:00 • Crafter's Corner (Knitting) [B] explore - Recreation & Entertainment 1:30 • Pinochle [B] 1:00 Scrabble [B] 2:00 Trivia [TLB] 1:00 • Word Within a Word [TLB] 1:00 • Poker Club- (Open to Men and Women) [PR] 1:00 • Play Pool [PR] 3:00 • Music by Miguel C. [BA] 1:30 O Walking Club [HL] 2:00 • Rosary Hour [Lib] explore - Self Expression & the Arts 1:00 • Rummikube ÎBÎ 2:00 • Wellington Chorus [AUD] 4:00 • Happy Hour [BA] 3:00 O Balance Class [CR] 3:00 • Wellington Fellowship- Streaming Church Service [TLB] 2:00 O Aquatic Pool Exer 3:00 • Library Committee Meeting [Lib] 1:00 Wordle [BA] 7:00 • Friday Flick [TLB] 4:00 • Happy Hour [BA] explore - Spiritual Health & Religion 4:00 • Happy Hour [BA]
7:00 • Tuesday Thriller [BA] 7:00 Sunday Funday Movie-Queen Bees (Netflix)
[BA] 2:30 Flexibility Class 7:15 • Bingo [AUD] 7:00 Movie Committee Feature [TLB] 3:00 O Wii Bowling [TLB] 4:00 • Happy Hour [BA] explore - Strength & Vitality 4:00 • Happy Hour [BA] 7:00 • Rosary [Lib] explore - Travels & Treks St. Patrick's Day 8:00 O Pool Hours 8am-8pm [P] 8 9:30 Sit & Be Strong with Tim [CR] 9:30 Sit & Be Strong with Tim [CR] 10:00 • 10am- 3pm Personal Training-Call to reserve at EXT 5278. [P] 10:00 • Crafter's Corner (Knitting) [B] 8:00 O Pool Hours 8am-8pm [P] 9:30 • The Shoppes at Brinton Lake 0:00 O 10am-3pm Personal 10:00 O 10am- 3pm Personal Training-Call to reserve at EXT 5278. [P] 10:00 • Seated Yoga with Going Fit 10:00 O 10am- 3pm Personal 9:15 • Sts. Peter and Paul Church-Training-Call to reserve at 10:00 O 10am- 3pm Personal 11:15 • Trivia [BA] leaving at 9:15am. [HL] EXT 5278. [P] EXT 5278. [P] 10:00 • Aldi Shopping Trip [HL] 0:00 Morning Chronicles and Training-Call to reserve at EXT 5278. [P] 11:00 • Café Corner [B] 12:45 • Armchair Art Gallery Tour [TLB] 10:15 O Stretch and Strength with Going Fit [CR] 10:30 • Morning Chronicles and Current Events [BA] 10:00 • Super Crossword Search [CR] Cranium Crunches [BA] 1:00 • Play Pool [PR] 2:15 • Classic Cinema- [TLB] 11:00 • Communion Service [CR] 11:00 • Famous Artist Documentaries: Vincent Van 11:30 • Yesterday's Treasures-OPEN 11:30am-2:30pm 10:15 Stretch and Strength with Going Fit [CR] 10:30 O Forever Fit **Location Keys** 11.00 • Town Hall [AUD] 12:30 International Women's Month Documentary: Gogh: The Tragic Story of the Artist's Life 12:00 • Men's Club Luncheon [DR] 1:30 • Yesterday's Treasures-OPEN 11:15 • West Chester University Jazz Festival [HL] Amelia Earhart: Legendary Aviatrix and Daredevil (YouTube) [BA] 4:00 • Happy Hour [BA] (YouTube) [TI B] 12:00 Birthday Lunch (Invite Only) 12:30 • Bridge [CR] 11:30am-2:30nm 1:00 Dominoes [CR] 7:00 • Movie Committee Feature [TLB]
7:00 • Poker Club- (Open to Men and Women) [PR] Auditorium **AUD** 1:00 • Pinochle [B] 1:00 • Bridge [CR] 1:00 • Play Pool [PR] 1:00 • Poker Club- (Open to Men and Women) [PR] 1:00 • Emergency 6
Know [AUD] 1:30 Bridge Club [CR] 1:00 • Poker Club- (Open to Men and Women) [PR] 2:00 Trivia [TLB] 1:30 Pinochle [B] 1:00 Scrabble [B] 1:30 • Painting with Cara- ALL Levels Welcome [AUD] BA 1:00 • Mahjong [B] Bar Area 1:30 • Walking Club [HL] 1:00 Rummikube [B] 1:00 Word Within a Word [TLB] 4:00 • Happy Hour [BA] 2:00 O Aquatic Pool Exer 2:00 • Wellington Chorus [AUD] 2:00 • Crafter's Corner (Knitting) [B] 1:00 • Play Pool [PR] 7:00 • Friday Flick [TLB] 2:00 • St. Patrick's Day Party [AUD] call to reserve a spot! EXT 5278 [P] 1:00 • Scrabble [B] 7:15 • Bingo [AUD] Bistro 4:00 • Happy Hour [BA] 2:00 • Rosarv Hour [Lib] 3:00 • Wii Bowling [TLB] 7:00 • Tuesday Thriller [BA] 1:00 • Wordle [BA] 3:00 O Balance Class [CR] Service [TLB] 4:00 • Happy Hour [BA] 7:00 • Rosary [Lib] 7:00 • Sunday Funday Movie-True Grit (Prime) [BA] 2:30 Flexibility Class 4:00 • Happy Hour [BA] Card Room 7:00 Movie Committee Feature [TLB] 4:00 • Happy Hour [BA] 7:00 Music Night [TLB] Conf. Rm. Conf.Rm 8:00 Pool Hours 8am-8pm [P 8:00 O Pool Hours 8am-8pm [P] 8:00 O Pool Hours 8am-8pm [P] 8:00 O Pool Hours 8am-8pm [P Dining Room 9:30 Sit & Be Strong with Tim [CR] 9:30 Sit & Be Strong with Tim [CR] 10:00 O 10am- 3pm Personal 0:00 • 10am- 3pm Personal 10:00 • Crafter's Corner (Knitting) [B] 0:00 O 10am-3pm Personal ΖŌ leaving at 9:15am. [HL] 11:00 • Café Corner [B] 10:00 • 10am- 3pm Personal Training-Call to reserve at Training-Call to reserve at EXT 5278. [P] 10:00 • 10am- 3pm Personal Training-Call to reserve at 10:00 O Seated Yoga with Going Fit Hall Lobby EXT 5278. [P] EXT 5278. [P] 11·15 - Trivia [RA] EXT 5278. [P] 0:00 Activities Co EXT 5278. [P] 10:15 O Stretch and Strength with 10:00 • Morning Chronicles and Cranium Crunches [BA] 11:00 • Communion Service [CR] 12:45 Armchair Art Gallery Tour [TLB] Meeting (Invite Only) Lib 12:30 International Women's Month Docum 10:30 Morning Chronicles and Current Events [BA] 10:00 Super Crossword Search [CR] Going Fit [CR] Library 1:00 • Play Pool [PR] 10:30 O Forever Fit Audrey Hepburn: The Fairest Lady (YouTube) 12:30 • Bridge [CR] 1:00 • Famous Artist Documentaries: How Claude 11:00 • Meet with Dining Services [B] 2:15 • Classic Cinema- [TLB] Monet Transformed French Painting 1:00 • Emergency Group Plan: Resident's Need to Know [AUD] 10:15 O Stretch and Strength with Going Fit [CR] 11:30 • Yesterday's Treasures-OPEN 11:30am-2:30pm Pool P 1:00 Dominoes [CR] 4:00 Happy Hour [BA] (YouTube) [TLB] 1:30 Bridge Club [CR] 11:30 • Yesterday's Treasures-OPEN 1:00 • Poker Club- (Open to Men and Women) [PR 7:00 Movie Committee Feature [TLB] 1:00 • Bridge [CR] 1.00 Mahjong [B] 1:00 • Pinochle [B] 1:30 • Pinochle [B] 1:30 • Painting with Cara- ALL Levels Welcome 7:00 • Poker Club- (Open to Men and Women) [PR] **Pool Room** 1:00 • Play Pool [PR] 1:30 O Walking Club [HL] 1:00 • Poker Club- (Open to Men and Women) [PR] 1:00 • Play Pool [PR] 1:30 Ice Cream Social [B] 1:00 • Rummikube ÎBÎ 2.00 • Crafter's Corner (Knitting) [B] 2:00 Trivia [TLB] 3:00 Wellington Fellowship- Streaming Church 1:00 Scrabble [B] 1:00 Scrabble [B] 1:00 • Symbria Live & Learn-STEADI Steps: Fall Tv Lounge Bar 1:00 Word Within a Word ITLB 3:00 ● Book Club Review [Lib 2:00 • Rosarv Hour [Lib] Sunday Funday Movie-The Fortune Cookie (Prime) [BA] call to reserve a spot! EXT 5278 [P] 2:00 • Wellington Chorus [AUD] Prevention [BA] 4:00 • Happy Hour [BA] 3:00 O Balance Class [CR] 3:00 • RAC Wine & Cheese Social -For All IL 1:00 • Wordle [BA] 3:00 • Library Committee Meeting [Lib] 4:00 • Happy Hour [BA] 7:00 Friday Flick [TI B] Residents [HL] 4:00 • Happy Hour [BA] 2:30 • Flexibility Clas 7:00 Movie Committee Feature ITLBI 7:15 • Bingo [AUD] 3:00 O Wii Bowling [TLB] 7:00 • Tuesday Thriller [BA] 4:00 • Happy Hour [BA]

7:00 Music Performance [BA]

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4:00 • Happy Hour [BA]