February 2024

Monthly Activities

MEMORY CARE
embrace
BY SENIOR LIFESTYLE

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Activities are subject to change

WELLINGTON AT HERSHEY'S MILL
a Senior Lifestyle community

- *Bookmarks
- *Essence
- *Thymeless
- _CONNECT
- _CONTRIBUTE
- _FEEL
- _GROW
- _MOVE
- _REFLECT

Location Keys

MC Activities Room	MC AR
MC Dining Room	MC DR
MC Living Room	MC LR
MC T.V Room	MC T.V R

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Resident Birthdays Marjorie C. 2/4 Fred W. 2/11	*Bookmarks *Essence *Thymeless _CONNECT _CONTRIBUTE _FEEL _GROW _MOVE _REFLECT	**1** 9:30 Get Up and Dance! [MC AR] 10:00 Daily Chronicle and Cranium Crunch [MC LR] 10:30 Guess the Musician [MC LR] 11:00 **B-I-N-G-O [MC AR]** 1:30 Chair Exercises [MC AR] 2:00 Pampered Manicures and Hand Massages [MC AR] 2:00 Thymeless - Gardening Club [MC AR] 2:30 Jeopardy! [MC AR] 3:30 Piano Music Concert [MC LR] 6:30 National Black History Month Movie [MC T.V R] 7:00 Soothing Settle Down	**2** **Groundhog Day** 9:30 Chair Yoga and Meditation [MC AR] 10:00 Daily Chronicle and Brain Game [MC LR] 10:30 Name That Tune [MC LR] 11:00 Travelogue [MC LR] 1:30 Craft Corner [MC AR] 2:00 Thymeless - Making and Baking [MC AR] 2:30 Family Feud! [MC LR] 3:30 **Bookmarks - Poetry Hour [MC AR]** 3:30 Piano Music Concert [MC LR] 6:30 Must See Musicals [MC T.V R] 7:00 Soothing Settle Down	**3** 9:30 Cardio Boost [MC AR] 10:00 Daily Chronicle and Cranium Crunch [MC LR] 10:30 **Morning Sing Along [MC LR]** 11:00 Name that Tune! [MC AR] 1:30 Chair Exercises [MC LR] 2:00 Thymeless - Gardening Club [MC AR] 2:30 Price is Right! [MC LR] 3:30 Mandala Meditation [MC AR] 3:30 Piano Music Concert [MC LR] 6:30 Cinema Classics [MC T.V R] 7:00 Soothing Settle Down
4 9:30 Sunday Morning Service [MC LR] 9:30 **Sunday Stretch [MC AR]** 10:00 Daily Chronicle and Brain Game [MC LR] 10:30 Guess the Musician [MC LR] 11:00 B-I-N-G-O [MC AR] 2:00 Thymeless - Sunday Sundaes! [MC AR] 2:30 Jeopardy! [MC AR] 3:30 **Travel Across America [MC LR]** 6:30 Cinema Classics [MC T.V R] 7:00 Soothing Settle Down	**5** 9:30 Get Up and Dance! [MC AR] 10:00 Daily Chronicle and Cranium Crunch [MC LR] 10:30 Name That Tune [MC LR] 11:30 Docuseries [MC LR] 1:30 Chair Exercises [MC LR] 1:30 Craft Corner - Heart Suncatchers [MC AR] 2:00 Thymeless - Gardening Club [MC AR] 2:00 **Thymeless - Making & Baking: World Nutella Day [MC DR]** 2:30 Family Feud! [MC LR] 3:30 Piano Music Concert [MC LR] 6:30 Must See Musicals [MC T.V R] 7:00 Soothing Settle Down	**6** 9:30 Chair Yoga and Meditation [MC AR] 10:00 Daily Chronicle and Brain Game [MC LR] 10:30 **Morning Sing Along [MC LR]** 11:00 B-I-N-G-O [MC AR] 1:30 Mindful Movements [MC AR] 2:00 Thymeless - Yogurt Parfaits [MC AR] 2:30 Price is Right! [MC LR] 3:00 Scattergories [MC AR] 3:30 Piano Music Concert [MC LR] 6:30 Cinema Classics [MC T.V R] 7:00 Soothing Settle Down	**7** 9:30 Cardio Boost [MC AR] 10:00 Daily Chronicle and Cranium Crunch [MC LR] 10:30 Guess the Musician [MC LR] 11:00 Essence - Lavendar [MC AR] 11:30 Docuseries [MC LR] 1:30 Craft Corner - Conversation Hearts [MC AR] 2:00 Thymeless - Gardening Club [MC AR] 2:30 Friendship Speed Dating [MC AR] 3:30 Piano Music Concert [MC LR] 6:30 Must See Musicals [MC T.V R] 7:00 Soothing Settle Down	**8** 9:30 Get Up and Dance! [MC AR] 10:00 Daily Chronicle and Brain Game [MC LR] 10:30 Name That Tune [MC LR] 10:30 **Thymeless - Morning Tea Party [MC DR]** 11:00 **B-I-N-G-O [MC AR]** 11:00 Travelogue [MC LR] 1:30 Word In A Word [MC AR] 2:00 Pampered Manicures and Hand Massages [MC AR] 2:00 Thymeless - Making and Baking [MC AR] 2:30 Family Feud! [MC LR] 3:30 Piano Music Concert [MC LR] 6:30 Cinema Classics [MC T.V R] 7:00 Soothing Settle Down	**9** 9:30 Chair Yoga and Meditation [MC AR] 10:00 Daily Chronicle and Cranium Crunch [MC LR] 10:30 **Morning Sing Along [MC LR]** 11:30 Docuseries [MC LR] 1:30 Chair Exercises [MC LR] 1:30 Craft Corner [MC AR] 2:00 Thymeless - Gardening Club [MC AR] 2:30 Price is Right! [MC LR] 3:30 **Bookmarks - Short Story Club [MC AR]** 6:30 Must See Musicals [MC T.V R] 7:00 Soothing Settle Down	**10** 9:30 Cardio Boost [MC AR] 10:00 Daily Chronicle and Brain Game [MC LR] 10:30 Guess the Musician [MC LR] 11:00 Travelogue [MC LR] 2:00 Thymeless - Making and Baking [MC AR] 2:30 Jeopardy! [MC AR] 3:30 Mandala Meditation [MC AR] 6:30 Cinema Classics [MC T.V R] 7:00 Soothing Settle Down
11 9:30 Sunday Morning Service [MC LR] 9:30 **Sunday Stretch [MC AR]** 10:00 Daily Chronicle and Cranium Crunch [MC LR] 10:30 Name That Tune [MC LR] 11:00 B-I-N-G-O [MC AR] 1:30 Chair Exercises [MC LR] 2:30 Family Feud! [MC LR] 2:30 **Thymeless - Sunday Sundaes! [MC DR]** 3:30 **Travel Across America [MC LR]** 6:30 Cinema Classics [MC T.V R] 7:00 Soothing Settle Down	**12** 9:30 Get Up and Dance! [MC AR] 10:00 Daily Chronicle and Brain Game [MC LR] 10:30 Morning Sing Along [MC LR] 11:00 Travelogue [MC LR] 1:30 Craft Corner - Mardi Gras Masks [MC AR] 2:00 **Thymeless - Making & Baking - Chocolate Covered Strawberries [MC DR]** 2:30 Price is Right! [MC LR] 3:30 Piano Music Concert [MC LR] 6:30 Must See Musicals [MC T.V R] 7:00 Soothing Settle Down	**13** **Mardi Gras!** 9:30 Chair Yoga and Meditation [MC AR] 10:00 Daily Chronicle and Cranium Crunch [MC LR] 10:30 Guess the Musician [MC LR] 11:30 Docuseries [MC LR] 1:30 Chair Exercises [MC LR] 2:00 **Thymeless - Mardi Gras Celebration! [MC LR]** 2:30 Jeopardy! [MC AR] 3:30 Piano Music Concert [MC LR] 6:30 Cinema Classics [MC T.V R] 7:00 Soothing Settle Down	**14** **Valentine's Day** 9:30 Cardio Boost [MC AR] 10:00 Daily Chronicle and Brain Game [MC LR] 10:30 Name That Tune [MC LR] 11:00 Essence - Lavendar [MC AR] 11:00 Travelogue [MC LR] 1:30 **Thymeless - Making & Baking - Valentine's Mocktail Making [MC DR]** 2:00 Valentine's Day Celebration with Live Music by Tom Guest [MC AR] 3:30 Name that Famous Actor [MC AR] 6:30 Must See Musicals [MC T.V R] 7:00 Soothing Settle Down	**15** 9:30 Get Up and Dance! [MC AR] 10:00 Daily Chronicle and Cranium Crunch [MC LR] 10:30 **Morning Sing Along [MC LR]** 11:00 **B-I-N-G-O [MC AR]** 1:30 Chair Exercises [MC LR] 2:00 Pampered Manicures and Hand Massages [MC AR] 2:00 Thymeless - Gardening Club [MC AR] 2:30 Price is Right! [MC LR] 3:30 Piano Music Concert [MC LR] 6:30 Cinema Classics [MC T.V R] 7:00 Soothing Settle Down	**16** 9:30 Chair Yoga and Meditation [MC AR] 10:00 Daily Chronicle and Brain Game [MC LR] 10:30 Guess the Musician [MC LR] 11:00 Travelogue [MC LR] 1:30 Craft Corner [MC AR] 2:00 Thymeless - Making and Baking [MC AR] 2:30 Jeopardy! [MC AR] 3:30 **Bookmarks - Poetry Hour [MC AR]** 6:30 Must See Musicals [MC T.V R] 7:00 Soothing Settle Down	**17** 9:30 Cardio Boost [MC AR] 10:00 Daily Chronicle and Cranium Crunch [MC LR] 10:30 Name That Tune [MC LR] 11:30 Docuseries [MC LR] 1:30 Chair Exercises [MC LR] 2:00 Random Acts of Kindness Day: Card Making [MC AR] 2:00 Thymeless - Gardening Club [MC AR] 2:30 Family Feud! [MC LR] 3:30 Mandala Meditation [MC AR] 6:30 Cinema Classics [MC T.V R] 7:00 Soothing Settle Down
18 9:30 Sunday Morning Service [MC LR] 9:30 **Sunday Stretch [MC AR]** 10:00 Daily Chronicle and Brain Game [MC LR] 10:30 **Morning Sing Along [MC LR]** 11:00 B-I-N-G-O [MC AR] 2:30 Price is Right! [MC LR] 2:30 **Thymeless - Sunday Sundaes! [MC DR]** 3:30 **Travel Across America [MC LR]** 6:30 Cinema Classics [MC T.V R] 7:00 Soothing Settle Down	**19** **Presidents' Day** 9:30 Get Up and Dance! [MC AR] 10:00 Daily Chronicle and Cranium Crunch [MC LR] 10:30 Guess the Musician [MC LR] 11:30 Docuseries [MC LR] 1:30 Craft Corner - Felt Flowers [MC AR] 2:00 **Thymeless - Making & Baking - Fruit Salad [MC DR]** 2:30 Jeopardy! [MC AR] 3:30 Piano Music Concert [MC LR] 6:30 Must See Musicals [MC T.V R] 7:00 Soothing Settle Down	**20** 9:30 Chair Yoga and Meditation [MC AR] 10:00 Daily Chronicle and Brain Game [MC LR] 10:30 Name That Tune [MC LR] 11:00 B-I-N-G-O [MC AR] 1:30 Mindful Movements [MC AR] 2:00 **Birthday Bash [MC DR]** 2:00 Thymeless - Making and Baking [MC AR] 2:30 Family Feud! [MC LR] 3:30 Piano Music Concert [MC LR] 6:30 Cinema Classics [MC T.V R] 7:00 Soothing Settle Down	**21** 9:30 Cardio Boost [MC AR] 10:00 Daily Chronicle and Cranium Crunch [MC LR] 10:30 Morning Sing Along [MC LR] 11:00 Essence - Lavendar [MC AR] 11:30 Docuseries [MC LR] 1:30 Chair Exercises [MC LR] 1:30 Craft Corner - Scrapbooking Club [MC AR] 2:00 **Thymeless - Making & Baking: National Sticky Bun Day [MC DR]** 2:30 Price is Right! [MC LR] 3:30 Piano Music Concert [MC LR] 6:30 Must See Musicals [MC T.V R] 7:00 Soothing Settle Down	**22** 9:30 Get Up and Dance! [MC AR] 10:00 Daily Chronicle and Brain Game [MC LR] 10:30 Guess the Musician [MC LR] 11:00 **B-I-N-G-O [MC AR]** 1:30 Word In A Word [MC AR] 2:00 Pampered Manicures and Hand Massages [MC AR] 2:00 Thymeless - Making and Baking [MC AR] 3:30 Piano Music Concert [MC LR] 6:30 Cinema Classics [MC T.V R] 7:00 Soothing Settle Down	**23** 9:30 Chair Yoga and Meditation [MC AR] 10:00 Daily Chronicle and Cranium Crunch [MC LR] 10:30 Name That Tune [MC LR] 11:30 Docuseries [MC LR] 1:30 Chair Exercises [MC LR] 2:00 Thymeless - Gardening Club [MC AR] 2:30 Family Feud! [MC LR] 3:30 **Bookmarks - Short Story Club [MC AR]** 6:30 Must See Musicals [MC T.V R] 7:00 Soothing Settle Down	**24** 9:30 Cardio Boost [MC AR] 10:00 Daily Chronicle and Brain Game [MC LR] 10:30 **Morning Sing Along [MC LR]** 11:00 Travelogue [MC LR] 2:00 Thymeless - Making and Baking [MC AR] 2:30 Price is Right! [MC LR] 3:30 Mandala Meditation [MC AR] 6:30 Cinema Classics [MC T.V R] 7:00 Soothing Settle Down
25 9:30 Sunday Morning Service [MC LR] 9:30 **Sunday Stretch [MC AR]** 10:00 Daily Chronicle and Cranium Crunch [MC LR] 10:30 Guess the Musician [MC LR] 11:00 B-I-N-G-O [MC AR] 1:30 Chair Exercises [MC LR] 2:30 Jeopardy! [MC AR] 2:30 **Thymeless - Sunday Sundaes! [MC DR]** 3:30 **Travel Across America [MC LR]** 6:30 Cinema Classics [MC T.V R] 7:00 Soothing Settle Down	**26** 9:30 Get Up and Dance! [MC AR] 10:00 Daily Chronicle and Brain Game [MC LR] 10:30 Name That Tune [MC LR] 11:00 Travelogue [MC LR] 1:30 Craft Corner - Flower Arranging [MC AR] 2:00 **Thymeless - Making & Baking - Hearty Cookies [MC DR]** 2:30 Family Feud! [MC LR] 3:30 Piano Music Concert [MC LR] 6:30 Must See Musicals [MC T.V R] 7:00 Soothing Settle Down	**27** 9:30 Chair Yoga and Meditation [MC AR] 10:00 Daily Chronicle and Cranium Crunch [MC LR] 10:30 **Morning Sing Along [MC LR]** 11:30 Docuseries [MC LR] 1:30 Mindful Movements [MC AR] 2:00 Thymeless - Gardening Club [MC AR] 2:30 Price is Right! [MC LR] 3:30 Piano Music Concert [MC LR] 6:30 Cinema Classics [MC T.V R] 7:00 Soothing Settle Down	**28** 9:30 Cardio Boost [MC AR] 10:00 Daily Chronicle and Brain Game [MC LR] 10:30 Guess the Musician [MC LR] 11:00 Essence - Lavendar [MC AR] 11:00 Travelogue [MC LR] 1:30 Craft Corner [MC AR] 2:00 **Thymeless - Making & Baking: National Pancake Day [MC DR]** 2:30 Halfway There Happy Hour! [MC AR] 2:30 Jeopardy! [MC AR] 3:30 Piano Music Concert [MC LR] 6:30 Must See Musicals [MC T.V R] 7:00 Soothing Settle Down	**29** 9:30 Get Up and Dance! [MC AR] 10:00 Daily Chronicle and Cranium Crunch [MC LR] 10:30 Name That Tune [MC LR] 11:00 **B-I-N-G-O [MC AR]** 1:30 Chair Exercises [MC LR] 2:00 Pampered Manicures and Hand Massages [MC AR] 2:00 Thymeless - Gardening Club [MC AR] 2:30 Family Feud! [MC LR] 3:30 Piano Music Concert [MC LR] 6:30 Cinema Classics [MC T.V R] 7:00 Soothing Settle Down		