

January 2025

River Point of Kerrville Memory Care Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>ASSISTED LIVING MEMORY CARE</div></div>	<div>Life's a Garden, DIG IT!</div>		<div>New Year's Day1<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Chair Dance 10:00 Infusion Bar 11:30 Zip, Zap, Zop 12:00 Lunch [DR] 2:00 Bingo 4:00 Fruit of the Month Club 5:00 Dinner [DR] 6:30 Weekday Worship: Favorite Hymns 7:00 Chapter Chat</div></div>	<div>2<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Rocking and Rolling 10:00 Infusion Bar 11:30 Master Minds 12:00 Lunch [DR] 2:00 Wonderful World of Watercolor 4:00 Cookies and Conversations 5:00 Dinner [DR] 6:30 Music in Motion</div></div>	<div>3<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Baget Baseball 10:00 Infusion Bar 11:30 Tape Art 12:00 Lunch [DR] 2:00 Words of Wisdom 4:00 Uncorked 5:00 Dinner [DR] 6:30 Daily Devotions 7:00 Montessori Life</div></div>	<div>4<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Morning Stretch 10:00 Infusion Bar 11:30 A World of Good-News 12:00 Lunch [DR] 1:00 Be Our Guest 2:00 Puzzle Club 4:00 Cooking Club: French Cuisine 5:00 Dinner [DR] 6:30 Tablet for relaxation 7:00 Pass the Popcorn</div></div>
<div>5<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Seated Qigong Tai Chi and Yoga 10:00 Infusion Bar 11:30 Poetry Pals 12:00 Lunch [DR] 2:00 World of Color 2:30 Church services with pastor Rogers 4:00 Green Thumb Gardeners 5:00 Dinner [DR] 6:30 Meditation Circle 7:00 Church Gathering and Worship</div></div>	<div>6<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 "Dear Diane" Letter Writing 10:00 HEB outing 10:00 Infusion Bar 10:30 Devotional with Jamie Young 11:30 Famous Duos 12:00 Lunch [DR] 2:00 Puzzle Club 2:00 Trips and Travels 4:00 Beautiful Blossoms Game 5:00 Dinner [DR] 6:30 Sentimental Serenity</div></div>	<div>7<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Baget Golf 10:00 Infusion Bar 11:30 Tablet for coloring or painting 12:00 Lunch [DR] 2:00 Trivia Name that song 5:00 Dinner [DR] 6:30 Chicken Soup for the Soul 7:00 Timeless Melodies Choir Club</div></div>	<div>8<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Bag Toss 10:00 Infusion Bar 10:30 Music Connection w/Stan 11:30 Group Rhyme 12:00 Lunch [DR] 2:00 Chicken Soup for the Soul 3:00 Italian Volleyball 3:30 Jammin with Jim 4:00 Riddle Me This 5:00 Dinner [DR] 6:30 Mindfulness Meditation 7:00 Chapter Chat</div></div>	<div>9<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Free-Throw Competition 10:00 Infusion Bar 11:30 Button trees 12:00 Lunch [DR] 2:30 Prize Bingo 4:00 Resident Spotlight: My History 5:00 Dinner [DR] 6:30 Prayer or group spiritual reading</div></div>	<div>10<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Mimicked stretching 10:00 Infusion Bar 11:30 Team's Choice Trivia 12:00 Lunch [DR] 2:00 Aqua paint 4:00 Uncorked 5:00 Dinner [DR] 6:30 Chicken Soup for the Soul 7:00 Montessori Life</div></div>	<div>11<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Sittercise 10:00 Infusion Bar 11:30 A World of Good-News 12:00 Lunch [DR] 1:00 Be Our Guest 2:00 Puzzle Club 4:00 Intergenerational Programming 5:00 Dinner [DR] 6:30 Music in Motion 7:00 Pass the Popcorn</div></div>
<div>12<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Volleyball 10:00 Infusion Bar 11:30 Treeval Word Game: Food Combos 12:00 Lunch [DR] 2:00 World of Color 2:30 Church services with pastor Rogers 4:00 Green Thumb Gardeners 5:00 Dinner [DR] 6:30 Daily Devotions 7:00 Church Gathering and Worship</div></div>	<div>13<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Ribbon Dance 10:00 HEB outing 10:00 Infusion Bar 10:30 Devotional with Jamie Young 11:30 Name that Noise 12:00 Lunch [DR] 2:00 Potpourri Pals 4:00 Flag-colored parfaits 5:00 Dinner [DR] 6:30 Tablet for relaxation</div></div>	<div>14<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Sit and Be Fit 10:00 Infusion Bar 11:30 Word Wall 12:00 Lunch [DR] 2:00 Residents choice 4:00 Sunshine and Sing-a-long 5:00 Dinner [DR] 6:30 Meditation Circle 7:00 Timeless Melodies Choir Club</div></div>	<div>15<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Frisbee Golf 10:00 Infusion Bar 10:30 Music Connection w/Stan 11:30 Jingle Jumble 12:00 Lunch [DR] 2:00 Word clue 4:00 Prize Bingo 5:00 Dinner [DR] 6:30 Weekday Worship: Favorite Hymns 7:00 Chapter Chat</div></div>	<div>16<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Bean Bag Toss 10:00 Infusion Bar 11:30 Puzzle Club 12:00 Lunch [DR] 2:00 Prize Bingo 4:00 Go Team- Sports Hour 5:00 Dinner [DR] 6:30 Prayer or group spiritual reading</div></div>	<div>17<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Throw Tic Tac Toe 10:00 Infusion Bar 11:30 Putting a puzzle together 12:00 Lunch [DR] 2:00 Aquapaint 3:00 Taste of Italy 5:00 Dinner [DR] 6:30 Sentimental Serenity 7:00 Montessori Life</div></div>	<div>18<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Lively Drumming 10:00 Infusion Bar 11:30 A World of Good-News 12:00 Lunch [DR] 1:00 Be Our Guest 2:00 Puzzle Club 4:00 Seasonal Celebration 5:00 Dinner [DR] 6:30 Mindfulness Meditation 7:00 Pass the Popcorn</div></div>
<div>19<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Kickball 10:00 Infusion Bar 11:30 Flower suncatchers 12:00 Lunch [DR] 2:00 World of Color 2:30 Church services with pastor Rogers 4:00 Green Thumb Gardeners 5:00 Dinner [DR] 6:30 Tablet for relaxation 7:00 Church Gathering and Worship</div></div>	<div>20<div>Martin Luther King, Jr. Day<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Basketball 10:00 HEB outing 10:00 Infusion Bar 10:30 Devotional with Jamie Young 11:30 Name That Tune 12:00 Lunch [DR] 2:00 Trips and Travels to Germany 5:00 Dinner [DR] 6:30 Chicken Soup for the Soul</div></div></div>	<div>21<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Bowling 10:00 Infusion Bar 11:30 Popsicle stick trees 12:00 Lunch [DR] 2:00 Planning a parade float 5:00 Dinner [DR] 6:30 Mindfulness Meditation 7:00 Timeless Melodies Choir Club</div></div>	<div>22<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Seated Soccer / "Football" 10:00 Infusion Bar 10:30 Music Connection w/Stan 11:30 Dominos 12:00 Lunch [DR] 2:00 Italian sip and paint 4:00 What is in that purse? 5:00 Dinner [DR] 6:30 Prayer or group spiritual reading 7:00 Chapter Chat</div></div>	<div>23<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Octaband 10:00 Infusion Bar 11:30 Remember When 12:00 Lunch [DR] 2:00 Crafty Club: Stained Glass 4:00 Wheel of Fortune 5:00 Dinner [DR] 6:30 Weekday Worship: Favorite Hymns</div></div>	<div>24<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Irish Chair Dance 10:00 Infusion Bar 11:30 Crosswords and puzzles 12:00 Lunch [DR] 2:00 Decorating Club 4:00 Uncorked 5:00 Dinner [DR] 6:30 Music in Motion 7:00 Montessori Life</div></div>	<div>25<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Home Stretch Derby 10:00 Devotions and Hymns Trinity Baptist/Jan [AR] 10:00 Infusion Bar 11:30 A World of Good-News 12:00 Lunch [DR] 1:00 Be Our Guest 2:00 Puzzle Club 4:00 Patio Put-Put 5:00 Dinner [DR] 6:30 Meditation Circle 7:00 Pass the Popcorn</div></div>
<div>26<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Seated Aerobics 10:00 Infusion Bar 11:30 Tongue Twisters 12:00 Lunch [DR] 2:00 World of Color 2:30 Church services with pastor Rogers 4:00 Green Thumb Gardeners 5:00 Dinner [DR] 6:30 Daily Devotions 7:00 Church Gathering and Worship</div></div>	<div>27<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Table Ball / Table Pong 10:00 HEB outing 10:00 Infusion Bar 10:30 Devotional with Jamie Young 11:00 Manicure Madness [MR] 12:00 Lunch [DR] 2:00 Resident Spot light 4:00 Share the Good News 5:00 Dinner [DR] 6:30 Sentimental Serenity</div></div>	<div>28<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Badminton 10:00 Infusion Bar 11:30 Brainstorming 12:00 Lunch [DR] 2:00 Dinner Party name cards 4:00 Making mocktails 5:00 Dinner [DR] 6:30 Mindfulness Meditation 7:00 Timeless Melodies Choir Club</div></div>	<div>29<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 HORSE 10:00 Infusion Bar 10:30 Music Connection w/Stan 12:00 Lunch [DR] 2:00 Trivia Game [CY] 4:00 Chicken Soup for the Soul 5:00 Dinner [DR] 6:30 Chapter Chat</div></div>	<div>30<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Bocce Ball 10:00 Infusion Bar 11:30 Word Search 12:00 Lunch [DR] 2:00 Prize Bingo 4:00 Cookie Decorating 5:00 Dinner [DR] 6:30 Sentimental Serenity</div></div>	<div>31<div>8:00 Breakfast [DR] 8:45 Gardening [CY] 9:00 Sit and be Fit [LR] 9:30 Senior Stretch 10:00 Infusion Bar 11:30 The Letter Game 12:00 Lunch [DR] 2:00 Paint Pour 4:00 Uncorked 5:00 Dinner [DR] 6:30 Music in Motion 7:00 Montessori Life</div></div>	<div><div> *Find Balance</div><div> *Give Back</div><div> *Live Inspired</div><div> *Seek Knowledge</div><div> *Stay Strong</div><div> Meal</div><div> Physical</div><div> Social</div></div>