## February 2024 Vineyard Ranch at Temecula Memory Care Wednesday Friday Sunday Monday Tuesday Thursday Saturday 9:30 SS Morning Stretch 10:00 🔆 Chair Yoga [TR] Groundhog Day 9:30 SS Weight training FB \*Find Balance 10:00 SS Infusion Bar 9:30 SS Balloon Toss GB \*Give Back 10:00 SS Infusion Bar 10:00 V Love on A Leash [LB] 10:00 SS Infusion Bar LI \*Live Inspired 10:00 ☆ Seated Tic Tac Toss [TR] 10:30 🌣 Daily Chronicle 10:00 • Seated Basketball [TR] MC \*Maintain Connections 10:30 🌣 Daily Chronicle 11:30 SK A World of Good-News 10:30 O Daily Chronicle 11:30 SK National Gallery of Art: Washington DC 11:30 K The Letter Game 1:00 MC Be Our Guest- Horse races w/Omar SK \*Seek Knowledge Virtual Visit 2:00 GB Puzzle Club 1:00 MC Trips and Travels: Anthony Bourdain Parts SS \*Stay Strong 12:00 ☆ Kickback Coloring [DR] 2:00 ⓒ Crafty Club: Suncatchers 3:00 🔣 Who Am I Unknown- Southern Italy Emotional 2:00 GB Cooking Club: Smooth Moves 4:00 MC Fruit of the Month Club 4:00 MC Uncorked: Valentines Dice Candy Game w/ Strawberry Milkshakes [DR] 6:30 W Mindfulness Meditation Intellectual 2:30 MC Prize Bingo Assisted Living & Memory Care 4:00 MC Seasonal Celebration 7:00 SK Pass the Popcorn: It's A Wonderful Life ➡ Physical 5:30 MC Evening Devotions with AI [AR] 6:30 W Chicken Soup for the Soul ☆ Purposeful 6:30 W Daily Devotions Social 7:00 SK Montessori Life ₩ Spiritual 9:30 SS Sports Moves 9:30 SS Mimicked stretching 9:30 SS Ageless Grace 9:30 SS Seated Aerobics 9:30 SS Octaband 9:00 W Catholic Service: Saint 9:30 SS Bocce Ball

9:30 SS Octaband 9:45 Church Service with Preston 10:00 SS Infusion Bar 10:30 Daily Chronicle 11:30 SX Button trees 12:00 Puzzle Club [DR] 1:30 Chair Stretches [TR] 2:00 World of Color 3:00 World of Color 3:00 Green Thumb Gardeners 6:30 Meditation Circle 7:00 Church Gathering and Worship	9:30 SS Seated Aerobics 10:00 SS Infusion Bar 10:00 ★ Seated Balloon Baseball [TR] 10:30 ♦ Daily Chronicle 11:00 ♦ Trivia Time 11:30 SS Taste-testing 12:00 ♦ Puzzle Club [DR] 2:00 SB Making birdhouses 4:00 MC Freerice 5:30 MC Evening Devotions with AI [AR] 6:30 ★ Sentimental Serenity	9:00 ★ Catholic Service: Saint Catherine Church [GR] 9:30 ★ Chair Stretching [TR] 10:00 ★ Chair Stretching [TR] 10:00 ★ Daily Chronicle 11:30 ★ Grocery Game 12:00 ★ Kickback Coloring [DR] 2:00 ★ Kickback Coloring [DR] 2:00 ★ Birthday Bash 6:30 ★ Tablet for relaxation 7:00 ★ Timeless Melodies Choir Club	9:30 SS Sports Moves 10:00 SS Infusion Bar 10:00 ★ Seated Bowling 10:30 ♦ Daily Chronicle 11:30 SS History of Film 12:00 ♦ Puzzle Club [DR] 2:00 SS Scratch and Design 3:00 ★ Green Thumb Gardeners [PT] 4:00 MS Welcome Wagon 6:30 ★ Prayer or group spiritual reading 7:00 SC Chapter Chat	7	9:30 SS Ageless Grace 10:00 SS Infusion Bar 10:00 Love on A Leash [LB] 10:00 Seated Soccer [TR] 10:30 Daily Chronicle 11:30 SS Zip, Zap, Zop 12:00 Kickback Coloring [DR] 2:00 Soft pretzels 2:30 MS Prize Bingo 4:00 MS Manicure Madness 6:30 M Music in Motion	8	9:30 SS Bocce Ball 10:00 ☆ Chair Dance [TR] 10:00 SS Infusion Bar 10:30 ◇ Daily Chronicle 11:30 SK Name that Noise 1:00 Me Trips and Travels: Anthony Bourdain Parts Unknown- Lyon 2:00 GB Baking cookies 4:00 Me Uncorked: "Love is in the Air" Cupid's Potion Float 5:30 Me Evening Devotions with AI [AR] 6:30 ★ Weekday Worship: Favorite Hymns 7:00 SK Montessori Life	9:30 SS Mimicked stretching 10:00 SS Infusion Bar 10:00 ★ Seated Volleyball [TR] 10:30 ♦ Daily Chronicle 11:30 SK A World of Good-News 1:00 MS Be Our Guest-Valentine Card Making w/ Volunteer 2:00 BS Puzzle Club 3:00 SK Who Am I 4:00 MS Planet Earth 6:30 ★ Prayer or group spiritual reading 7:00 SK Pass the Popcorn: 13 Going on 30
9:30 SS Ribbon Dance 9:45	10:00 SS Infusion Bar	9:00 Catholic Service: Saint Catherine Church [GR] 9:30 SS Chair Dance 10:00 SS Infusion Bar 10:00 SS Seated Corn Hole [TR] 10:30 Daily Chronicle 11:30 SS Creating firework art 12:00 Kickback Coloring [DR] 2:00 SS Words of Wisdom 4:00 SS Favorite Song-Sing-A-Long 6:30 Chicken Soup for the Soul 7:00 ST Timeless Melodies Choir Club	Valentine's Day 9:30 SS Free-Throw Competition 10:00 SS Infusion Bar 10:00 SM Martin Dog Therapy 10:00 ☆ Table Ball [TR] 10:30 ❖ Daily Chronicle 11:30 SM History Highlights 12:00 ♀ Puzzle Club [DR] 2:00 ♀ Pinch Pot Pottery 3:00 № Passing out Valentines [DR] 4:00 № Cooking Club: American Classic 6:30 ★ Weekday Worship: Favorite Hymns 7:00 ➡ Chapter Chat	14	9:30 SS HORSE 10:00 SS Infusion Bar 10:00 ✓ Love on A Leash [LB] 10:00 ☆ Seated Tic Tac Toss [TR] 10:30 ❖ Daily Chronicle 11:30 SK Name That Job 12:00 ☆ Kickback Coloring [DR] 2:00 GB Veterans celebration 2:30 MC Prize Bingo 4:00 MC Armchair Travel: France 6:30 ★ Meditation Circle	15	9:30 SS Bowling 10:00 SS Infusion Bar 10:00 SS Infusion Bar 10:00 SS Description Seared Basketball [TR] 10:30 Description Daily Chronicle 11:30 SM Finish The Phrase Game 1:00 Me Trips and Travels: Anthony Bourdain Parts Unknown-Rome 2:00 BM Makeover Madness Photo Shoot 4:00 Me Uncorked: Galantines Party 5:30 Me Evening Devotions with AI [AR] 6:30 Tablet for relaxation 7:00 SM Montessori Life	9:00 ★ Catholic Service: Saint Catherine Church [GR]  9:30 SS Baget Baseball  10:00 ★ Chair Yoga [TR]  10:00 SS Infusion Bar  10:30 ♦ Daily Chronicle  11:30 SS A World of Good-News  1:00 ME Be Our Guest- Paint & Sip w/Volunteer  2:00 GB Puzzle Club  3:00 SS Who Am I  4:00 ME Going out for lunch  6:30 ★ Sentimental Serenity  7:00 SS Pass the Popcorn: Sixteen Candles [TR]
9:30 SS Bean Bag Toss 9:45 II Church Service with Preston 10:00 SS Infusion Bar 10:30 O Daily Chronicle 11:30 SI Breaking Bread 12:00 Puzzle Club [DR] 1:30 Club (DR] 1:30 Physical Color 3:00 Prize Bingo [DR] 4:00 Prize Bingo [DR] 4:00 Prize Bingo (DR] 4:00 MC Green Thumb Gardeners 6:30 Mindfulness Meditation 7:00 Church Gathering and Worship	Presidents' Day 9:30 SS Lively Drumming 10:00 SS Infusion Bar 10:00 SS Infusion Bar 10:30 So Daily Chronicle 11:00 Trivia Time 11:30 SS Four Word Phrases 12:00 Puzzle Club [DR] 2:00 SS Creature Craft 4:00 MG Taste of home 5:30 MG Evening Devotions with AI [AR] 6:30 MM Mindfulness Meditation	9:00 ➤ Catholic Service: Saint Catherine Church( Mass) [GR] 9:30 S Shaker Dancing 10:00 ★ Chair Stretching [TR] 10:00 S Infusion Bar 10:30 ♠ Daily Chronicle 11:30 ♠ Kickback Coloring [DR] 2:00 ★ Kickback Coloring [DR] 2:00 ★ Make popsicles 4:00 ★ Making mocktails 6:30 ★ Tablet for relaxation 7:00 ★ Timeless Melodies Choir Club	9:30 SS Home Stretch Derby 10:00 SS Infusion Bar 10:00 ★ Seated Bowling 10:30 ♦ Daily Chronicle 11:30 SX Treeval Word Game: Peacemakers 12:00 ♦ Puzzle Club [DR] 2:00 GS Fairy Pots 3:00 ★ Green Thumb Gardeners [PT] 4:00 M6 Friendly Formal 6:30 ★ Daily Devotions 7:00 Chapter Chat	21	9:30 SS Seated Soccer / "Football" 10:00 SS Infusion Bar 10:00 ✓ Love on A Leash [LB] 10:00 ☆ Seated Soccer [TR] 10:30 ❖ Daily Chronicle 11:30 SK Link Think 12:00 ☆ Kickback Coloring [DR] 2:00 SB Dinner Party name cards 2:30 MC Prize Bingo 4:00 MC What is in that purse? 6:30 ✓ Prayer or group spiritual reading	22	9:30 SS Senior Stretch 10:00 ☆ Chair Dance [TR] 10:00 SS Infusion Bar 10:30 ❖ Daily Chronicle 11:30 S≾ Tongue Twisters 1:00 M€ Trips and Travels: Anthony Bourdain Parts Unknown- Greek Islands 2:00 SB Aquapaint 3:00 ☆ Resident Birthday Party [PB] 4:00 M€ Uncorked: "Be Mine" Bingo & Mocktails [DR] 5:30 M€ Evening Devotions with AI [AR] 6:30 ₩ Weekday Worship: Favorite Hymns 7:00 S≾ Montessori Life	9:30 SS Sittercise 10:00 SS Infusion Bar 10:00 SS Infusion Bar 10:00 SS Seated Volleyball [TR] 10:30
9:30 SS Kickball 9:45	9:30 SS Aqua Toss 10:00 SS Infusion Bar 10:00 ★ Seated Disc Golf [TR] 10:30 ♦ Daily Chronicle 11:00 ♦ Trivia Time 11:30 SM This Day in History Discussion Group 12:00 ♦ Puzzle Club [DR] 2:00 GB Collaborative Fairy Garden 4:00 MG Going out for ice cream 5:30 MG Evening Devotions with AI [AR] 6:30 ★ Meditation Circle	9:00 Catholic Service: Saint Catherine Church [GR] 9:30 SS TacTic Toss 10:00 SS Infusion Bar 10:00 SS Popsicle Stick trees 11:30 SS Popsicle Stick trees 12:00 K Kickback Coloring [DR] 2:00 SS Colorful Collage 4:00 SS Resident Spotlight: My History 6:30 SS Sentimental Serenity 7:00 Timeless Melodies Choir Club	9:30 SS Seated Qigong Tai Chi and Yoga 10:00 SS Infusion Bar 10:00 SK Martin Dog Therapy 10:00 Table Ball [TR] 10:30 Daily Chronicle 11:30 SK Opposites 12:00 Puzzle Club [DR] 2:00 SB No-bake items 3:00 SG Green Thumb Gardeners [PT] 4:00 MC Happy Trails 6:30 M Meditation Circle 7:00 SC Chapter Chat	28	9:30 SS Balance Boogie 10:00 SS Infusion Bar 10:00 ✓ Love on A Leash [LB] 10:00 ✓ Seated Tic Tac Toss [TR] 10:30 ✓ Daily Chronicle 11:30 SS Master Minds 12:00 ★ Kickback Coloring [DR] 2:00 SB Folding towels 2:30 Me Prize Bingo 4:00 MS Sunshine Social 6:30 ★ Tablet for relaxation	29	Location Keys  Activity Room AR  Dining Room DR  Game Room GR  Lobby LB  Patio PT  Piano Bar PB  TV Room TR	
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