







January 2021

Sabal Palms Assisted Living Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January cont'd 31 9:00 ↔ Roll and Stroll 10:30 🦋 Hymn Sing-A-Long [PL] 2:00 ★ Quarter Bingo [AR] 3:30 ⚡ Game Time [GR] 6:30 🌿 Turner Classic Movies [MT]	 31	 Intellectual  Physical  Purposeful  Social  Spiritual	Location Keys Activities Room AR Fitness Room FR Game Room GR Movie Theater MT Piano Lounge PL		New Year's Day 1 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ⚡ Quarter Bingo [AR] 2:00 ↔ Corn Hole Competition [AR] 3:15 🌿 Wine & Friends Social [PL]	2 9:00 ↔ Roll and Stroll 10:00 🌿 Nail Spa [AR] 2:00 ⚡ Quarter Bingo [AR] 3:30 🦋 Bible Study [AR] 3:30 ⚡ Game Time [GR] 6:30 🌿 Turner Classic Movies [MT]
3 9:00 ↔ Roll and Stroll 10:30 🦋 Hymn Sing-A-Long [PL] 2:00 ★ Quarter Bingo [AR] 3:30 ⚡ Game Time [GR] 6:30 🌿 Turner Classic Movies [MT]	4 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ↔ Corn Hole Competition [AR] 2:00 ⚡ F.Y.I. [AR] 3:15 🌿 Wine & Friends Social [PL]	5 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ⚡ Trivia [GR] 2:00 ⚡ Quarter Bingo [AR] 3:15 🌿 Wine & Friends Social [PL]	6 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ⚡ Quarter Bingo [AR] 2:00 ★ Resident Activity Meeting [AR] 3:15 🌿 Wine & Friends Social [PL]	7 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ★ Arts and Crafts [AR] 2:00 Quarter Bingo [AR] 3:15 🌿 Wine & Friends Social [PL]	8 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ⚡ Quarter Bingo [AR] 2:00 ↔ Corn Hole Competition [AR] 3:15 🌿 Wine & Friends Social [PL]	9 9:00 ↔ Roll and Stroll 10:00 🌿 Nail Spa [AR] 2:00 ⚡ Quarter Bingo [AR] 3:30 🦋 Bible Study [AR] 3:30 ⚡ Game Time [GR] 6:30 🌿 Turner Classic Movies [MT]
10 9:00 ↔ Roll and Stroll 10:30 🦋 Hymn Sing-A-Long [PL] 2:00 ★ Quarter Bingo [AR] 3:30 ⚡ Game Time [GR] 6:30 🌿 Turner Classic Movies [MT]	11 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ↔ Corn Hole Competition [AR] 2:00 ⚡ F.Y.I. [AR] 3:15 🌿 Wine & Friends Social [PL]	12 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ⚡ Trivia [GR] 2:00 ⚡ Quarter Bingo [AR] 3:15 🌿 Wine & Friends Social [PL]	13 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ⚡ Quarter Bingo [AR] 2:00 ★ Chef Chat 3:15 🌿 Wine & Friends Social [PL]	14 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ★ Arts and Crafts [AR] 2:00 Quarter Bingo [AR] 3:15 🌿 Wine & Friends Social [PL]	15 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ⚡ Quarter Bingo [AR] 2:00 ↔ Corn Hole Competition [AR] 3:15 🌿 Wine & Friends Social [PL]	16 9:00 ↔ Roll and Stroll 10:00 🌿 Nail Spa [AR] 2:00 ⚡ Quarter Bingo [AR] 3:30 🦋 Bible Study [AR] 3:30 ⚡ Game Time [GR] 6:30 🌿 Turner Classic Movies [MT]
17 9:00 ↔ Roll and Stroll 10:30 🦋 Hymn Sing-A-Long [PL] 2:00 ★ Quarter Bingo [AR] 3:30 ⚡ Game Time [GR] 6:30 🌿 Turner Classic Movies [MT]	Martin Luther King, Jr. Day 18 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ↔ Corn Hole Competition [AR] 2:00 ⚡ F.Y.I. [AR] 3:15 🌿 Wine & Friends Social [PL]	19 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ⚡ Trivia [GR] 2:00 ⚡ Quarter Bingo [AR] 3:15 🌿 Wine & Friends Social [PL]	20 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ⚡ Quarter Bingo [AR] 2:00 ★ Resident Council Meeting [AR] 3:15 🌿 Wine & Friends Social [PL]	21 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ★ Arts and Crafts [AR] 2:00 Quarter Bingo [AR] 3:15 🌿 Wine & Friends Social [PL]	22 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ⚡ Quarter Bingo [AR] 2:00 ↔ Corn Hole Competition [AR] 3:15 🌿 Wine & Friends Social [PL]	23 9:00 ↔ Roll and Stroll 10:00 🌿 Nail Spa [AR] 2:00 ⚡ Quarter Bingo [AR] 3:30 🦋 Bible Study [AR] 3:30 ⚡ Game Time [GR] 6:30 🌿 Turner Classic Movies [MT]
24 9:00 ↔ Roll and Stroll 10:30 🦋 Hymn Sing-A-Long [PL] 2:00 ★ Quarter Bingo [AR] 3:30 ⚡ Game Time [GR] 6:30 🌿 Turner Classic Movies [MT]	25 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ↔ Corn Hole Competition [AR] 2:00 ⚡ F.Y.I. [AR] 3:15 🌿 Wine & Friends Social [PL]	26 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ⚡ Trivia [GR] 1:00 Zoom Meeting 2:00 ⚡ Quarter Bingo [AR] 3:15 🌿 Wine & Friends Social [PL]	27 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ⚡ Quarter Bingo [AR] 12:30 🌿 Lunch Bunch [AR] 3:15 🌿 Wine & Friends Social [PL]	28 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ★ Arts and Crafts [AR] 1:00 Zoom Meeting 2:00 Quarter Bingo [AR] 3:15 🌿 Wine & Friends Social [PL]	29 9:00 ↔ Roll and Stroll 10:00 ↔ Morning Exercise [FR] 11:00 ⚡ Quarter Bingo [AR] 2:00 ↔ Corn Hole Competition [AR] 3:15 🌿 Wine & Friends Social [PL]	30 9:00 ↔ Roll and Stroll 10:00 🌿 Nail Spa [AR] 2:00 ⚡ Quarter Bingo [AR] 3:30 🦋 Bible Study [AR] 3:30 ⚡ Game Time [GR] 6:30 🌿 Turner Classic Movies [MT]

Continued at top