

March 2024

Ocean Hills Assisted Living Monthly Calendar

created with

Sagely

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday					
▶ March cont'd		31		DA *Discover Adventure LI *Live Inspired MC *Maintain Connections SK *Seek Knowledge SS *Stay Strong ♥ Emotional Intellectual Physical Purposeful Social Spiritual		Location Keys Activity Room AR Bar B Bus Bus Dining Room DR Game Room GR Ice Cream Parlor ICP Library Lib Lobby L Movie Theater MT				9:00 What's new in the news - ABC News Live [B] 1 9:30 Donut Day! [L] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Morning Exercise with Suzanna [AR] 11:15 Lunch Outing: Chart House in Encinitas (Ocean View) [Bus] 11:30 Personal Shopping: Target [Bus] 1:30 Come and Play Hand & Foot! [AR] 1:30 Let's Play: Scrabble [GR] 3:15 Happy Hour! [B] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Netflix Presents: Alice Doesn't Live here Anymore ( 1h 52min - 1974 PG) [MT]		9:00 What's new in the news - ABC News Live [B] 2 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Morning Exercise Video [AR] 1:30 Movie Matinee: Netflix Presents: My All American (1h 58min - 2015) [MT] 3:00 Book Club with Marilyn! [B] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Netflix Presents: My All American (1h 58min - 2015) [MT]					
9:00 Virtual Catholic Mass [MT] 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:45 Virtual Service - North Coast Calvary Chapel [MT] 1:00 Easter Brunch! 11:00PM to 2:00PM 12:30 Live Music by Music Station (12:30PM to 2:00PM) 1:30 Mariner's Christian Church service with Bill and Kay Walker [MT] 2:30 Happy Hour with Karen! [B] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Easter Under Wraps (1h 23min - 2019) [MT]		3 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Morning Exercise Video [AR] 10:45 Virtual Service - North Coast Calvary Chapel [MT] 1:00 Card Bingo [GR] 1:30 Mariner's Christian Church service with Bill and Kay Walker [MT] 2:30 Happy Hour with Karen! [B] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Netflix Presents: Joe Kidd (1h 27min - 1972) [MT]		4 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:00 Core Strength & Balance with Empowerment [AR] 10:30 Word of the Day! [AR] 11:15 Lunch Outing: Casa De Bandini [Bus] 1:30 Words of Life - Bible Study [AR] 3:00 Join us for Dime Bingo! (3:00pm - 4:00pm) [AR] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Netflix Presents: The Little Prince (1h 28min - 1974) [MT]		5 Medical and Personal Appointments: 9:00 am - 3:30 pm 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Sit and Be Fit Exercise with Suzanna [AR] 11:00 Word of the day [AR] 1:00 Presentation by Lisa owner of Burtech Family! Vineyard [AR] 2:00 Candy Bingo! [AR] 3:15 Let's Play Jeopardy! [MT] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Netflix Presents: One Flew Over The Cuckoo's Nest (2h 13min - 1975) [MT]		6 Happy Birthday Bonnie A! Joan M Personal Appointments: 9:00 am - 3:30 pm 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Word Of The Day [AR] 11:00 Chair Tai Chi with Patrick [AR] 1:00 Progressive Rummy with Pamela [GR] 1:15 Ice Cream Social! 1:15 to 2:00 PM [ICP] 1:15 Popcorn Day! [ICP] 3:00 Happy Hour! [B] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Netflix Presents: The Legend of Tarzan (1h 50min - 2016) [MT]		7 Medical and Personal Appointments: 9:00 am - 3:30 pm 9:00 What's new in the news - ABC News Live [B] 9:15 Catholic Communion [MT] 9:30 Pick up the Daily Chronicle! [Lib] 10:00 Strength Exercises with Empowerment [AR] 10:30 Word Of The Day [AR] 1:00 Grief Support with Lisa [B] 1:15 Ice Cream Social! 1:15 to 1:45 PM [ICP] 2:00 Card Bingo! [GR] 3:15 Giant Crossword Puzzle [GR] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: A Million Miles away (2h 2min - 2023) [MT]		8 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Morning Exercise with Suzanna [AR] 11:15 Lunch Outing: The Golden Corral Buffet [Bus] 11:30 Personal Shopping: Walmart [Bus] 1:30 Come and Play Hand & Foot! [AR] 1:30 Let's Play: Scrabble [GR] 3:15 Happy Hour! [B] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Silver Wolf (1h 37min - 1999) [MT]		9 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Morning Exercise Video [AR] 1:30 Movie Matinee: Amazon Presents: Fiddler on the Roof (3h - 1971) [MT] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Fiddler on the Roof (3h - 1971) [MT]			
Daylight Saving Time Begins 9:00 Virtual Catholic Mass [MT] 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Morning Exercise Video [AR] 10:45 Virtual Service - North Coast Calvary Chapel [MT] 1:00 Card Bingo [GR] 1:30 Mariner's Christian Church service with Bill and Kay Walker [MT] 2:30 Happy Hour with Karen! [B] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Upgraded ( 1h 45min - 2024) [MT]		10 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Morning Exercise Video [AR] 10:45 Virtual Service - North Coast Calvary Chapel [MT] 1:00 Card Bingo [GR] 1:30 Mariner's Christian Church service with Bill and Kay Walker [MT] 2:30 Happy Hour with Karen! [B] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Upgraded ( 1h 45min - 2024) [MT]		11 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:00 Core Strength & Balance with Empowerment [AR] 10:30 Word of the Day! [AR] 11:15 Lunch Outing: Wild Buffalo Wings! [Bus] 1:30 Words of Life - Bible Study [AR] 3:00 Join us for Dime Bingo! (3:00pm - 4:00pm) [AR] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Surrounded ( 1h 41min - 2023) [MT]		12 Medical and Personal Appointments: 9:00 am - 3:30 pm 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Sit and Be Fit Exercise with Suzanna [AR] 11:00 Word of the day [AR] 2:00 Blessed & Boujee Boutique 2:00PM - 4:00PM [GR] 2:00 Candy Bingo! [AR] 3:15 Let's Play Jeopardy! [MT] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Forrest Gump ( 2h 22min - 1994) [MT]		13 "My Life My Story Display" Donna G Personal Appointments: 9:00 am - 3:30 pm 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Word Of The Day [AR] 11:00 Chair Tai Chi with Patrick [AR] 1:00 Progressive Rummy with Pamela [GR] 1:15 Ice Cream Social! 1:15 to 2:00 PM [ICP] 1:15 Popcorn Day! [ICP] 3:15 Karaoke Sing-a-Long with Margaritas [GR] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: The Boy In The Striped Pajamas (1h 34min -2008) [MT]		14 Medical and Personal Appointments: 9:00 am - 3:30 pm 9:00 What's new in the news - ABC News Live [B] 9:15 Catholic Communion [MT] 9:30 Pick up the Daily Chronicle! [Lib] 10:00 Strength Exercises with Empowerment [AR] 10:30 Word Of The Day [AR] 1:30 Chef Demo with Mariano! [DR] 2:00 Card Bingo! [GR] 2:00 Music Appreciation "Greatest Hits of the 1950s Playlist" [MT] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Mrs. Henderson Presents (1h 43min - 2006) [MT]		15 9:00 What's new in the news - ABC News Live [B] 9:30 Donut Day! [L] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Morning Exercise with Suzanna [AR] 11:30 Personal Shopping: Sprouts Farmers Market [Bus] 1:30 Let's Play: Scrabble [GR] 2:00 St Patrick Day Party 2:00PM - 3:00PM [AR] 2:30 Special Performance ( Irish Dancing) [AR] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Made For Each Other (1h 32min - 1939) [MT]		16 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Morning Exercise Video [AR] 1:30 Movie Matinee: Amazon Presents: The Natural (2h 17min - 1984) [MT] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: The Natural (2h 17min - 1984) [MT]			
Happy St Patrick's Day St. Patrick's Day Wear Green Day 9:00 Virtual Catholic Mass [MT] 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Morning Exercise Video [AR] 10:45 Virtual Service - North Coast Calvary Chapel [MT] 1:00 Card Bingo [GR] 1:30 Mariner's Christian Church service with Bill and Kay Walker [MT] 2:30 St Patrick's day themed Happy Hour with Karen! [B] 3:00 St Patrick's Day Music by Diane the Accordion player [B] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Texas, Brooklyn and Heaven ( 1h 16min - 1948) [MT]		17 9:00 Virtual Catholic Mass [MT] 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Morning Exercise Video [AR] 10:45 Virtual Service - North Coast Calvary Chapel [MT] 1:00 Card Bingo [GR] 1:30 Mariner's Christian Church service with Bill and Kay Walker [MT] 2:30 St Patrick's day themed Happy Hour with Karen! [B] 3:00 St Patrick's Day Music by Diane the Accordion player [B] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Texas, Brooklyn and Heaven ( 1h 16min - 1948) [MT]		18 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:00 Core Strength & Balance with Empowerment [AR] 10:30 Word of the Day! [AR] 11:15 Lunch Outing: Benihana's Sushi & Japanese Steakhouse [Bus] 1:30 Words of Life - Bible Study [AR] 3:00 Join us for Dime Bingo! (3:00pm - 4:00pm) [AR] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Six Minutes to Midnight (1h 39min - 2021) [MT]		19 Medical and Personal Appointments: 9:00 am - 3:30 pm 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Sit and Be Fit Exercise with Suzanna [AR] 11:00 Word of the day [AR] 1:00 Chef Chat with Mariano! [AR] 2:00 Candy Bingo! [AR] 3:15 Let's Play Jeopardy! [MT] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Buck (1h 28min - 2011) [MT]		20 Personal Appointments: 9:00 am - 3:30 pm 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Word Of The Day [AR] 11:00 Chair Tai Chi with Patrick [AR] 1:30 Resident Council Meeting [AR] 2:30 Ice Cream Social! 2:30PM - 3:00PM [ICP] 2:30 Popcorn Day! [ICP] 3:00 Multi-denominational Communion [B] 4:00 Piano Music by Vicent Young! [DR] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: On Our Merry Way (1h 38min) [MT]		21 Medical and Personal Appointments: 9:00 am - 3:30 pm 9:00 What's new in the news - ABC News Live [B] 9:15 Catholic Communion [MT] 9:30 Pick up the Daily Chronicle! [Lib] 10:00 Strength Exercises with Empowerment [AR] 10:30 Word Of The Day [AR] 1:15 Ice Cream Social! 1:15 to 1:45PM [ICP] 2:00 Card Bingo! [GR] 3:15 Painting with a Twist [AR] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Mary Shelley (2h 2018) [MT]		22 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Morning Exercise with Suzanna [AR] 11:15 Outing To Cordiano Winery in Escondido [Bus] 11:30 Personal Shopping: Trader Joe's [Bus] 1:30 Come and Play Hand & Foot! [AR] 1:30 Let's Play: Scrabble [GR] 3:15 Happy Hour! [B] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Stage Door Canteen ( 2h 10min - 1943) [MT]		23 Iva Lou F 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Morning Exercise Video [AR] 1:30 Movie Matinee: Amazon Presents: Sergeant Rutledge (1h 51min - 1960) [MT] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Sergeant Rutledge (1h 51min - 1960) [MT]			
9:00 Virtual Catholic Mass [MT] 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Morning Exercise Video [AR] 10:45 Virtual Service - North Coast Calvary Chapel [MT] 1:00 Card Bingo [GR] 1:30 Mariner's Christian Church service with Bill and Kay Walker [MT] 2:30 Happy Hour with Karen! [B] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: From Prada to Nada [MT]		24 Joan O 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:00 Core Strength & Balance with Empowerment [AR] 10:30 Word of the Day! [AR] 11:15 Lunch Outing: The Yard House in Carlsbad [Bus] 1:30 Words of Life - Bible Study [AR] 3:00 Quarter Bingo (3:00pm - 4:00pm) [AR] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Chocolat ( 2h 1min - 2001) [MT]		25 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:00 Core Strength & Balance with Empowerment [AR] 10:30 Word of the Day! [AR] 11:15 Lunch Outing: The Yard House in Carlsbad [Bus] 1:30 Words of Life - Bible Study [AR] 3:00 Quarter Bingo (3:00pm - 4:00pm) [AR] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Chocolat ( 2h 1min - 2001) [MT]		26 Medical and Personal Appointments: 9:00 am - 3:30 pm Rosemarie J 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Sit and Be Fit Exercise with Suzanna [AR] 11:00 Word of the day [AR] 2:00 Candy Bingo! [AR] 3:15 Let's Play Jeopardy! [MT] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: The Lost City of Z ( 2h 21min- 2017) [MT]		27 Personal Appointments: 9:00 am - 3:30 pm 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Word Of The Day [AR] 11:00 Chair Tai Chi with Patrick [AR] 1:15 Ice Cream Social! 1:15 to 2:00 PM [ICP] 1:15 Popcorn Day! [ICP] 3:00 Birthday Celebration with Music Station! [AR] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: In the Heat of the Night ( 1h 45min - 1967) [MT]		28 Medical and Personal Appointments: 9:00 am - 3:30 pm 9:00 What's new in the news - ABC News Live [B] 9:15 Catholic Communion [MT] 9:30 Pick up the Daily Chronicle! [Lib] 10:00 Strength Exercises with Empowerment [AR] 10:30 Word Of The Day [AR] 1:00 Grief Support with Lisa [B] 1:15 Ice Cream Social! 1:15 to 1:45PM [ICP] 2:00 Card Bingo! [GR] 3:15 Jewelry Designs with Suzanna! Come and Create your own one of a kind! [AR] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Alias Jesse James (1h 32min - 1959) [MT]		29 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Morning Exercise with Suzanna [AR] 11:15 Picnic Outing at the Flower Fields! [Bus] 11:30 Personal Shopping: Albertsons & Dollar Tree [Bus] 1:30 Come and Play Hand & Foot! [AR] 1:30 Let's Play: Scrabble [GR] 3:15 Happy Hour! [B] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: Running for Grace (1h 50min - 2018) [MT]		30 9:00 What's new in the news - ABC News Live [B] 9:30 Pick up the Daily Chronicle! [Lib] 10:30 Morning Exercise Video [AR] 1:30 Movie Matinee: Amazon Presents: O Brother, Where Art Thou ( 1h 43min - 2001) [MT] 4:00 Rummikub Club [AR] 6:30 Evening Movie: Amazon Presents: O Brother, Where Art Thou ( 1h 43min - 2001) [MT]			
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