

# June 2021 Ocean Hills Assisted Living Monthly Calendar



Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

<p><b>Location Keys</b></p> <ul style="list-style-type: none"> <li>Activity Room      AR</li> <li>Bus      Bus</li> <li>Courtyard      C</li> <li>Dining Room      DR</li> <li>Game Room      GR</li> <li>Ice Cream Parlor      ICP</li> <li>Library      Lib</li> <li>Lobby      L</li> <li>Movie Theater      MT</li> <li>Tavern      T</li> </ul>		<p><b>Doctor Drives: 9:00am -3:00pm</b></p> <p><b>Purple Tuesdays (Wear purple in honor of Alzheimer's Awareness)</b></p> <p><b>10:00 ↔ Chair Yoga with Sarah [AR]</b></p> <p>10:30 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>11:00 ☀ Word of the Day [AR]</p> <p>11:15 ☀ Creating Alliterations [AR]</p> <p>1:30 ↔ Outdoor Walk [L]</p> <p>2:00 ♡ Together in Christ: Bible Study with Phyllis [AR]</p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Music Movie: [MT]</p>	<p><b>10:00 ↔ Beach Walk at the Oceanside Pier [Bus]</b></p> <p>10:00 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>10:30 ☀ Word of the Day [AR]</p> <p>10:45 ☀ Creating Alliterations [AR]</p> <p><b>11:00 ↔ Chair Tai Chi with Patrick [AR]</b></p> <p><b>2:00 🌿 Alzheimer's Fundraiser: Karaoke Sing Off [GR]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p><b>5:00 🌿 Music Station Concert at Dinner [DR]</b></p> <p>6:30 ♡ Comedy Movie Night [MT]</p>	<p><b>Doctor Drives: 9:00am -3:00pm</b></p> <p>10:00 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>10:30 ↔ Strength Exercises [AR]</p> <p>11:00 ♡ Meditation [AR]</p> <p>11:15 ☀ Word of the Day [AR]</p> <p>11:30 ☀ Creating Alliterations [AR]</p> <p><b>1:30 🌿 Big Topic Thursday [AR]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Inspiring Movie Night: [MT]</p>	<p>10:00 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>10:30 ↔ Balance Exercises [AR]</p> <p>11:00 ☀ Word of the Day</p> <p>11:15 ☀ Creating Alliterations</p> <p><b>1:30 🌿 Movie Clips [AR]</b></p> <p><b>3:00 🌿 Happy Hour [T]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Romantic Movie Night [MT]</p>	<p>10:00 ☀ Daily Chronicle &amp; Today in History [AR]</p> <p>10:30 ↔ Morning Stretches [AR]</p> <p>11:00 ♡ Meditation [AR]</p> <p>11:15 ☀ Word of the Day [AR]</p> <p>11:30 ☀ Creating Alliterations [AR]</p> <p><b>1:30 ♡ Saturday Cinema: Jojo Rabbit [MT]</b></p> <p><b>2:00 ☀ Trivia Challenge [AR]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p><b>6:30 ♡ Saturday Cinema: Jojo Rabbit [MT]</b></p>
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<p><b>No Church Drives</b></p> <p><b>9:00 ♡ Virtual Catholic Mass [MT]</b></p> <p>9:30 🌿 Coffee &amp; Friends with Donuts [L]</p> <p><b>10:00 ♡ Virtual Service -North Coast Calvary Chapel [MT]</b></p> <p>10:30 ↔ Morning Stretches [AR]</p> <p><b>1:30 ☀ Bridge Club [T]</b></p> <p>1:30 ♡ Sunday Matinee [MT]</p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>3:30 ♡ Afternoon Matinee: "Viewers Choice" [MT]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Drama Movie Night [MT]</p>	<p>10:00 ☀ Daily Chronicle &amp; Today in History [AR]</p> <p>10:30 ↔ Balance Exercises [AR]</p> <p>11:00 ☀ Word of the Day [AR]</p> <p>11:15 ☀ Anagrams [AR]</p> <p><b>11:15 ⭐ Scenic Drive [Bus]</b></p> <p><b>1:30 ⭐ Shopping: Burlington Coat Factory, Walmart/Target [Bus]</b></p> <p><b>3:00 ☀ TED Talk: What can you do to prevent Alzheimer's? [MT]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>4:30 ☀ Social Media 101 [Lib]</p> <p>6:30 ♡ Documenary Film [MT]</p>	<p><b>Doctor Drives: 9:00am -3:00pm</b></p> <p><b>Purple Tuesdays (Wear purple in honor of Alzheimer's Awareness)</b></p> <p>10:00 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>10:30 ↔ Strength Exercises [AR]</p> <p>11:00 ☀ Word of the Day [AR]</p> <p>1:30 ↔ Outdoor Walk [L]</p> <p><b>2:00 ♡ Together in Christ: Bible Study with Phyllis [AR]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p><b>4:30 ⭐ Resident Ambassador Orientation [T]</b></p> <p>6:30 ♡ Music Movie: [MT]</p>	<p>10:00 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p><b>10:00 🌿 Valley View Casino [Bus]</b></p> <p>10:30 ☀ Word of the Day [AR]</p> <p>10:45 ☀ Creating Alliterations [AR]</p> <p><b>11:00 ↔ Chair Tai Chi with Patrick [AR]</b></p> <p>12:00 🌿 Group Jig Saw Puzzle [AR]</p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Comedy Movie Night [MT]</p>	<p><b>Doctor Drives: 9:00am -3:00pm</b></p> <p><b>Happy Birthday Sondra!</b></p> <p>10:00 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>10:30 ↔ Strength Exercises [AR]</p> <p>11:00 ♡ Meditation [AR]</p> <p>11:15 ☀ Word of the Day [AR]</p> <p>11:30 ☀ Creating Alliterations [AR]</p> <p><b>12:30 🌿 Food Demo with Chef [DR]</b></p> <p>2:00 🌿 Group Jig Saw Puzzle [AR]</p> <p><b>3:00 ↔ Movement Exercises with Lisbeth [AR]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Inspiring Movie Night: [MT]</p>	<p>10:00 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>10:30 ↔ Balance Exercises [AR]</p> <p>11:00 ☀ Word of the Day</p> <p>11:15 ☀ Creating Alliterations</p> <p><b>1:30 🌿 Music Appreciation [AR]</b></p> <p><b>3:00 🌿 Happy Hour [T]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Romantic Movie Night [MT]</p>	<p>10:00 ☀ Daily Chronicle &amp; Today in History [AR]</p> <p>10:30 ↔ Morning Stretches [AR]</p> <p>11:00 ♡ Meditation [AR]</p> <p>11:15 ☀ Word of the Day [AR]</p> <p>11:30 ☀ Creating Alliterations [AR]</p> <p><b>1:30 ♡ Saturday Cinema: Rocketman [MT]</b></p> <p><b>2:00 ☀ Trivia Challenge [AR]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p><b>6:30 ♡ Saturday Cinema: Rocketman [MT]</b></p>
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<p><b>Church Drives</b></p> <p><b>8:30 ♡ Drive: Carlsbad Community Church [Bus]</b></p> <p><b>9:00 ♡ Virtual Catholic Mass [MT]</b></p> <p>9:30 🌿 Coffee &amp; Friends [L]</p> <p><b>10:00 ♡ Virtual Service -North Coast Calvary Chapel [MT]</b></p> <p>10:30 ↔ Morning Stretches [AR]</p> <p><b>1:30 ☀ Bridge Club [T]</b></p> <p>1:30 ♡ Sunday Matinee [MT]</p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>3:30 ♡ Afternoon Matinee: "Viewers Choice" [MT]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Drama Movie Night [MT]</p>	<p>10:00 ☀ Daily Chronicle &amp; Today in History [AR]</p> <p>10:30 ↔ Balance Exercises [AR]</p> <p>11:00 ☀ Word of the Day [AR]</p> <p>11:15 ☀ Anagrams [AR]</p> <p><b>11:15 ⭐ Scenic Drive [Bus]</b></p> <p><b>12:30 ♡ Background Music with Taylor Bassett During Lunch [DR]</b></p> <p><b>1:30 ⭐ Shopping: Albertsons, Walmart, Koh's [Bus]</b></p> <p><b>3:00 ☀ TED Talk: The brain - changing benefits of exercise [MT]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>4:30 ☀ Computer Skills [Lib]</p> <p>6:30 ♡ Documenary Film [MT]</p>	<p><b>Doctor Drives: 9:00am -3:00pm</b></p> <p><b>Purple Tuesdays (Wear purple in honor of Alzheimer's Awareness)</b></p> <p><b>10:00 ↔ Chair Yoga with Sarah [AR]</b></p> <p>10:30 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>11:00 ☀ Word of the Day [AR]</p> <p>11:15 ☀ Creating Alliterations [AR]</p> <p>1:30 ↔ Outdoor Walk [L]</p> <p><b>2:00 ♡ Together in Christ: Bible Study with Phyllis [AR]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p><b>4:00 🌿 New Resident Social [DR]</b></p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Music Movie: [MT]</p>	<p><b>10:00 ↔ Beach Walk at the Oceanside Pier [Bus]</b></p> <p>10:00 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>10:30 ☀ Word of the Day [AR]</p> <p>10:45 ☀ Creating Alliterations [AR]</p> <p><b>11:00 ↔ Chair Tai Chi with Patrick [AR]</b></p> <p><b>12:30 🌿 Fish House Vera Cuz [Bus]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Comedy Movie Night [MT]</p>	<p><b>Doctor Drives: 9:00am -3:00pm</b></p> <p>10:00 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>10:30 ↔ Strength Exercises [AR]</p> <p>11:00 ♡ Meditation [AR]</p> <p>11:15 ☀ Word of the Day [AR]</p> <p>11:30 ☀ Creating Alliterations [AR]</p> <p><b>12:30 ♡ Heathy Food Station [T]</b></p> <p><b>1:30 🌿 Big Topic Thursday [AR]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Inspiring Movie Night: [MT]</p>	<p>10:00 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>10:30 ↔ Balance Exercises [AR]</p> <p>11:00 ☀ Word of the Day</p> <p>11:15 ☀ Creating Alliterations</p> <p><b>1:30 🌿 Movie Clips [AR]</b></p> <p><b>3:00 🌿 Happy Hour [T]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Romantic Movie Night [MT]</p>	<p>10:00 ☀ Daily Chronicle &amp; Today in History [AR]</p> <p>10:30 ↔ Morning Stretches [AR]</p> <p>11:00 ♡ Meditation [AR]</p> <p>11:15 ☀ Word of the Day [AR]</p> <p>11:30 ☀ Creating Alliterations [AR]</p> <p><b>1:30 ♡ Saturday Cinema: First Man [MT]</b></p> <p><b>2:00 ☀ Trivia Challenge [AR]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p><b>6:30 ♡ Saturday Cinema: First Man [MT]</b></p>
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<p><b>Church Drives</b></p> <p><b>8:30 ♡ Drive: Carlsbad Community Church [Bus]</b></p> <p><b>9:00 ♡ Virtual Catholic Mass [MT]</b></p> <p>9:30 🌿 Coffee &amp; Friends with Donuts [L]</p> <p><b>10:00 ♡ Virtual Service -North Coast Calvary Chapel [MT]</b></p> <p>10:30 ↔ Morning Stretches [AR]</p> <p><b>12:30 🌿 Father's Day BBQ [C]</b></p> <p><b>1:30 ☀ Bridge Club [T]</b></p> <p>1:30 ♡ Sunday Matinee [MT]</p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>3:30 ♡ Afternoon Matinee: "Viewers Choice" [MT]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Drama Movie Night [MT]</p>	<p>10:00 ☀ Daily Chronicle &amp; Today in History [AR]</p> <p>10:30 ↔ Balance Exercises [AR]</p> <p>11:00 ☀ Word of the Day [AR]</p> <p>11:15 ☀ Anagrams [AR]</p> <p><b>11:15 ⭐ Scenic Drive [Bus]</b></p> <p><b>1:30 ⭐ Shopping: Trader Joe's [Bus]</b></p> <p><b>3:00 ☀ TED Talk: Don't suffer from your depression in silence [MT]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>4:30 ☀ Social Media 101 [Lib]</p> <p>6:30 ♡ Documenary Film [MT]</p>	<p><b>Doctor Drives: 9:00am -3:00pm</b></p> <p><b>Purple Tuesdays (Wear purple in honor of Alzheimer's Awareness)</b></p> <p>10:00 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>10:30 ↔ Strength Exercises [AR]</p> <p>11:00 ☀ Word of the Day [AR]</p> <p>1:30 ↔ Outdoor Walk [L]</p> <p><b>2:00 🌿 Reader's Book Club [AR]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Music Movie: [MT]</p>	<p>10:00 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>10:30 ☀ Word of the Day [AR]</p> <p>10:45 ☀ Creating Alliterations [AR]</p> <p><b>11:00 ↔ Chair Tai Chi with Patrick [AR]</b></p> <p><b>11:30 🌿 Carlsbad Forum: Shop &amp; Dine [Bus]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Comedy Movie Night [MT]</p>	<p><b>Doctor Drives: 9:00am -3:00pm</b></p> <p>10:00 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>10:30 ↔ Strength Exercises [AR]</p> <p>11:00 ♡ Meditation [AR]</p> <p>11:15 ☀ Word of the Day [AR]</p> <p>11:30 ☀ Creating Alliterations [AR]</p> <p><b>3:00 ↔ Movement Exercises with Lisbeth [AR]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p><b>4:00 🌿 Birthday Celebration [DR]</b></p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Inspiring Movie Night: [MT]</p>	<p>10:00 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>10:30 ↔ Balance Exercises [AR]</p> <p>11:00 ☀ Word of the Day</p> <p>11:15 ☀ Creating Alliterations</p> <p><b>1:30 🌿 Music Appreciation [AR]</b></p> <p><b>3:00 🌿 Happy Hour [T]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Romantic Movie Night [MT]</p>	<p>10:00 ☀ Daily Chronicle &amp; Today in History [AR]</p> <p>10:30 ↔ Morning Stretches [AR]</p> <p>11:00 ♡ Meditation [AR]</p> <p>11:15 ☀ Word of the Day [AR]</p> <p>11:30 ☀ Creating Alliterations [AR]</p> <p><b>1:30 ♡ Saturday Cinema: A Star is Born [MT]</b></p> <p><b>2:00 ☀ Trivia Challenge [AR]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p><b>6:30 ♡ Saturday Cinema: A Star is Born [MT]</b></p>
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<p><b>Church Drives</b></p> <p><b>Happy Birthday Janice!</b></p> <p><b>8:30 ♡ Drive: Carlsbad Community Church [Bus]</b></p> <p><b>9:00 ♡ Virtual Catholic Mass [MT]</b></p> <p>9:30 🌿 Coffee &amp; Friends [L]</p> <p><b>10:00 ♡ Virtual Service -North Coast Calvary Chapel [MT]</b></p> <p>10:30 ↔ Morning Stretches [AR]</p> <p><b>1:30 ☀ Bridge Club [T]</b></p> <p>1:30 ♡ Sunday Matinee [MT]</p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>3:30 ♡ Afternoon Matinee: "Viewers Choice" [MT]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Drama Movie Night [MT]</p>	<p>10:00 ☀ Daily Chronicle &amp; Today in History [AR]</p> <p>10:30 ↔ Balance Exercises [AR]</p> <p>11:00 ☀ Word of the Day [AR]</p> <p>11:15 ☀ Anagrams [AR]</p> <p><b>11:15 ⭐ Scenic Drive [Bus]</b></p> <p><b>12:30 ♡ Background Music with Taylor Bassett During Lunch [DR]</b></p> <p><b>1:30 ⭐ Shopping: Albertsons, CVS [Bus]</b></p> <p><b>3:00 ☀ TED Talk: A simple way to break a bad habit [MT]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>4:30 ☀ Computer Skills [Lib]</p> <p>6:30 ♡ Documenary Film [MT]</p>	<p><b>Doctor Drives: 9:00am -3:00pm</b></p> <p><b>Happy Birthday John G!</b></p> <p><b>Purple Tuesdays (Wear purple in honor of Alzheimer's Awareness)</b></p> <p><b>10:00 ↔ Chair Yoga with Sarah [AR]</b></p> <p>10:30 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>11:00 ☀ Word of the Day [AR]</p> <p>11:15 ☀ Creating Alliterations [AR]</p> <p>1:30 ↔ Outdoor Walk [L]</p> <p><b>2:00 ♡ Together in Christ: Bible Study with Phyllis [AR]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Music Movie: [MT]</p>	<p><b>10:00 ↔ Beach Walk at the Oceanside Pier [Bus]</b></p> <p>10:00 ☀ Daily Chronicle &amp; This Day in History [AR]</p> <p>10:30 ☀ Word of the Day [AR]</p> <p>10:45 ☀ Creating Alliterations [AR]</p> <p><b>11:00 ↔ Chair Tai Chi with Patrick [AR]</b></p> <p><b>2:00 🌿 Carlsbad Street Faire [Bus]</b></p> <p>3:15 🌿 Ice Cream Parlor Open: 3:15-3:45 [ICP]</p> <p>4:00 ☀ Rummikub Club [AR]</p> <p>6:30 ♡ Comedy Movie Night [MT]</p>	<p> <span style="color: red;">♥</span> Emotional  <span style="color: orange;">💡</span> Intellectual  <span style="color: blue;">↔</span> Physical  <span style="color: yellow;">★</span> Purposeful  <span style="color: green;">👥</span> Social  <span style="color: purple;">🦋</span> Spiritual         </p>			<p style="text-align: center; color: red; font-weight: bold;"> <b>ALL Activities are subject to change without notice. Please see your daily schedules for any changes!</b>  <b>Thank you!</b>  <b>-Anisa Enciso</b> </p>	
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