




July 2022

Fountain Square of Lompoc Assisted Living Monthly Calendar

created with  Sagely

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July cont'd 31 10:00 → Walking club [DR] 10:30 → Church Gathering and Worship [AR] 11:30 → Circle Social! [AR] 3:00 SK Food for your brain [AC] 6:00 → Movie of the night: "the fighter" [DR]	 Assisted Living & Memory Care			Resident Birthdays Norrine M. 7/1 Betty T. 7/13	Forth Of July Party! ~HAPPY BIRTHDAY NORRINE!!~ 1 10:30 → Walking Club 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:30 → Trips and Travels [FL] 6:00 → Movie of the night: "Sing 2" [DR]	2 10:00 → Walking club [DR] 11:30 → Circle Social! [AR] 2:00 → Meaningful Meditation [AL] 3:00 SK Food for your brain [AC] 6:00 → Movie of the night: "Dumplin'" [DR]
10:00 → Walking club [DR] 10:30 → Church Gathering and Worship [AR] 11:30 → Circle Social! [AR] 3:00 SK Food for your brain [AC] 6:00 → Movie of the night: "Something's gotta give" [DR]	Independence Day 4 10:30 SS Movin' and Groovin' Exercise Class [AR] 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:00 → Exercise Your Brain Fourth of July Edition 3:00 → Name that state [AR] 6:00 → Movie of the night: "Crazy, Stupid love" [DR]	10:30 SS Movin' and Groovin' Exercise Class [AR] 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:30 → Prize Bingo [DR] 4:00 → Popping Popcorn [DR] 6:00 → Movie of the night: "The starling " [DR]	6 10:00 Resident Council! [DR] 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:00 → Exercise Your Brain 6:00 → Movie of the night: "Otherhood" [DR]	National Strawberry Sundae Day! 7 10:30 SS Movin' and Groovin' Exercise Class [AR] 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:30 → Prize Bingo [DR] 3:00 → Lets make Strawberry Sundaes ! [DR] 4:00 → Popping Popcorn [DR] 6:00 → Movie of the night: "Feel the beat" [DR]	8 10:30 → Walking Club 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:30 → Live Music with Buddy!! [FL] 6:00 → Movie of the night: "The fundamentals of caring" [DR]	9 10:00 → Walking club [DR] 11:30 → Circle Social! [AR] 2:00 → Meaningful Meditation [AL] 3:00 SK Food for your brain [AC] 6:00 → Movie of the night: "Friends with money" [DR]
10:00 → Walking club [DR] 10:30 → Church Gathering and Worship [AR] 11:30 → Circle Social! [AR] 3:00 SK Food for your brain [AC] 6:00 → Movie of the night: "Like father" [DR]	10:30 SS Movin' and Groovin' Exercise Class [AR] 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:00 → Exercise Your Brain 3:00 → Uno [AR] 6:00 → Movie of the night: "The edge of Seventeen" [DR]	10:30 SS Movin' and Groovin' Exercise Class [AR] 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:30 → Prize Bingo [DR] 4:00 → Popping Popcorn [DR] 6:00 → Movie of the night: "Tall girl" [DR]	~HAPPY BIRTHDAY BETTY!!~ 13 10:30 SS Movin' and Groovin' Exercise Class [AR] 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:00 → Exercise Your Brain 6:00 → Movie of the night: "Finding Ohana" [DR]	10:30 SS Movin' and Groovin' Exercise Class [AR] 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:30 → Prize Bingo [DR] 4:00 → Popping Popcorn [DR] 6:00 → Movie of the night: "The clapper" [DR]	15 10:30 → Walking Club 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:30 → Live Music with Buddy! [FL] 6:00 → Movie of the night: "The half of it" [DR]	16 10:00 → Walking club [DR] 11:30 → Circle Social! [AR] 2:00 → Meaningful Meditation [AL] 3:00 SK Food for your brain [AC] 6:00 → Movie of the night: "The prom" [DR]
10:00 → Walking club [DR] 10:30 → Church Gathering and Worship [AR] 11:30 → Circle Social! [AR] 3:00 SK Food for your brain [AC] 6:00 → Movie of the night: "Sandy wexler" [DR]	10:30 SS Movin' and Groovin' Exercise Class [AR] 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:00 → Exercise Your Brain 3:00 → Uno [AR] 6:00 → Movie of the night: "The last laugh" [DR]	10:30 SS Movin' and Groovin' Exercise Class [AR] 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:30 → Prize Bingo [DR] 4:00 → Popping Popcorn [DR] 6:00 → Movie of the night: "The clapper" [DR]	10:30 SS Movin' and Groovin' Exercise Class [AR] 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:00 → Exercise Your Brain 6:00 → Movie of the night: "tall girl 2" [DR]	10:30 SS Movin' and Groovin' Exercise Class [AR] 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:30 → Prize Bingo [DR] 4:00 → Popping Popcorn [DR] 6:00 → Movie of the night: "The last summer" [DR]	22 10:30 → Walking Club 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:00 → Summer Bash!! 2:30 → Trips and Travels [FL] 6:00 → Movie of the night: "Lean on me" [DR]	23 10:00 → Walking club [DR] 11:30 → Circle Social! [AR] 2:00 → Meaningful Meditation [AL] 3:00 SK Food for your brain [AC] 6:00 → Movie of the night: "Fatherhood" [DR]
10:00 → Walking club [DR] 10:30 → Church Gathering and Worship [AR] 11:30 → Circle Social! [AR] 3:00 SK Food for your brain [AC] 6:00 → Movie of the night: "The lost husband" [DR]	10:30 SS Movin' and Groovin' Exercise Class [AR] 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:00 → Exercise Your Brain 3:00 → Uno [AR] 6:00 → Movie of the night: "soul surfer" [DR]	10:30 SS Movin' and Groovin' Exercise Class [AR] 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:30 → Prize Bingo [DR] 4:00 → Popping Popcorn [DR] 6:00 → Movie of the night: "five feet apart" [DR]	10:30 SS Movin' and Groovin' Exercise Class [AR] 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:00 → Lets Sing with Jab! [MC] 6:00 → Movie of the night: "Rescued by ruby " [DR]	BIRTHDAY BASH! 28 10:30 SS Movin' and Groovin' Exercise Class [AR] 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:30 → Prize Bingo [DR] 4:00 → Popping Popcorn [DR] 6:00 → Movie of the night: "troy" [DR]	29 10:30 → Walking Club 11:00 → Hydration Break/ Daily Chronicle [AR] 11:30 → Circle Social! [AR] 2:30 → Walmart outing [FL] 6:00 → Movie of the night: "the flash" [DR]	30 10:00 → Walking club [DR] 11:30 → Circle Social! [AR] 2:00 → Meaningful Meditation [AL] 3:00 SK Food for your brain [AC] 6:00 → Movie of the night: "little women" [DR]

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