February 2022

Anthology of Novi- Independent Living



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Resident Birthdays Margaret C. 2/12 Adina T. 2/21 Gai C. 2/27	Happy Chinese New Year!! 9:15 Resolution Goal- 15 Minute Cardio Workout [FIT] 9:30 Video Aerobics [FIT] 10:00 Holy Family Parish Communion Service [T] 10:30 The Golden Melodies- Sing Along with Daniel Bergen [MACT] 3:00 Dominos [CDR] 7:00 Winter Concert Series- Accordion Gary [STG]	9:15 Resolution Goal- 15 Minute Balance Workout [FIT] 9:30 Video Aerobics [FIT] 11:00 Lunch at Grand Azteca (weather permitting) [OUT] 2:00 Bingo! \$1.00 per Card [CDR] 4:00 Happy Hour! [PUB] 6:30 Movie Night! [T]	Transportation- Weather Permitting 9:15 Resolution Goal- 15 Minute Stretch & Meditation Workout 9:30 Video Aerobics [FIT] 10:00 Puzzles in the Parlor- Word in a Word [PAR] 10:45 Activity Chat [T] 11:00 Dominos [GR] 2:00 Euchre Club [STG] 3:00 You be the Judge [CDR]	9:15 Resolution Goal- 15 Minute Cardio Drumming Workout with Cheryl! [FIT] 9:30 Video Aerobics [FIT] 11:00 Scrabble [STG] 1:00 Nickel Dominos [AR] 4:00 Total Body Toning Exercise [FIT] 6:30 Modern Movie Night [T]	9:30 Morning Rosary [T] 10:00 Manicures [MACT] 1:00 Bridge Club [PUB] 4:00 Independent Puzzles [LIB] 6:30 Saturday Night Movie [T]
10:30 Holy Family Virtual Catholic Mass [T] 12:15 Holy Communion from Holy Family [T] 1:00 Smarter Than Your Smart Phone- iPhone [T] 2:00 Fit Minds with Jill! [PAR] 3:00 Sunday Sundaes [RA] 4:00 Bingo for Bingo Bucks [CDR]	9:15 Resolution Goal-10 Minute Strength Workout [FIT] 9:30 Video Aerobics [FIT] 10:00 Local Shopping [OUT] 1:00 Classic Movie Matinee [T] 1:00 Learn to Sketch with Jill [MACT] 2:00 Euchre Club [STG] 3:30 Mary Bartlett on Piano [PAR] 6:30 Mahjong [AR]	9:15 Resolution Goal- 15 Minute Cardio Workout [FIT] 9:30 Video Aerobics [FIT] 10:00 Holy Family Parish Communion Service [T] 10:30 Sing Along with Daniel Bergen [AR] 3:00 Dominos [CDR] 7:00 Berliner Philharmoniker- Symphony No. 6 in B minor, op. 74 [T]	National Pizza Day! Novi Library Book Delivery! 9:15 Resolution Goal- 15 Minute Balance Workout [FIT] 9:30 Video Aerobics [FIT] 10:00 Shopping and Lunch at IKEA [OUT] 2:00 Bingo! \$1.00 per Card [STG] 3:00 Menu Chat [CDR] 4:00 Happy Hour! [PUB] 6:30 Movie Night! [T]	9:15 Resolution Goal- 15 Minute Stretch & Meditation Workout 9:30 Video Aerobics [FIT] 10:00 Puzzles in the Parlor- Group Crossword [PAR] 11:00 Dominos [GR] 1:00 Craft Corner- Creating Valentine Cards with Bobbie! [CDR] 2:00 Euchre Club [STG] 3:00 You be the Judge [CDR]	9:15 Resolution Goal- 15 Minute Cardio Drumming Workout [FIT] 9:30 Video Aerobics [FIT] 11:00 Scrabble [STG] 1:00 Nickel Dominos [AR] 4:00 Total Body Toning Exercise [FIT] 6:30 Modern Movie Night [T]	9:30 Morning Rosary [T] 10:00 Manicures [S&S] 1:00 Bridge Club [PUB] 4:00 Independent Puzzles [LIB] 6:30 Saturday Night Movie [T]
10:30 Holy Family Virtual Catholic Mass [T] 12:15 Holy Communion from Holy Family [T] 1:00 Smarter Than Your Smart Phone- iPhone [T] 2:00 Fit Minds with Jill! [PAR] 3:00 Sunday Sundaes [RA] 4:00 Bingo for Bingo Bucks [CDR] 6:00 Superbowl Watch Social! [CDR]	Valentine's Day 9:15 Resolution Goal-10 Minute Strength Workout [FIT] 9:30 Video Aerobics [FIT] 10:00 Local Shopping [OUT] 1:00 Learn to Sketch with Jill [MACT] 1:00 XOXO Dessert Party featuring Double Play Flute & Tuba [CDR] 2:00 Euchre Club [STG] 6:30 Mahjong [AR]	9:15 Resolution Goal-15 Minute Cardio Workout [FIT] 9:30 Video Aerobics [FIT] 10:00 Holy Family Parish Communion Service [T] 10:30 Sing Along with Daniel Bergen [AR] 2:00 Resident Council [STG] 3:00 Dominos [CDR] 7:00 Winter Concert Series- Christine Schinker [STG]	9:15 Episcopal Service with Father Roberts [T] 9:15 Resolution Goal- 15 Minute Balance Workout [FIT] 9:30 MGM Grand Casino [OUT] 9:30 Video Aerobics [FIT] 2:00 Bingo! \$1.00 per Card [STG] 3:00 Activity Chat [T] 4:00 Happy Hour! [PUB] 6:30 Movie Night! [T]	9:15 Resolution Goal- 15 Minute Stretch & Meditation Workout 9:30 Video Aerobics [FIT] 10:00 Puzzles in the Parlor- Word in a Word [PAR] 11:00 Dominos [GR] 2:00 Book Club Discussion [MACT] 2:00 Euchre Club [STG] 3:00 You be the Judge [CDR]	9:15 Resolution Goal- 15 Minute Cardio Drumming Workout [FIT] 9:30 Video Aerobics [FIT] 11:00 Scrabble [STG] 1:00 Nickel Dominos [AR] 4:00 Total Body Toning Exercise [FIT] 6:30 Modern Movie Night [T]	9:30 Morning Rosary [T] 10:00 Manicures [S&S] 1:00 Bridge Club [PUB] 4:00 Independent Puzzles [LIB] 6:30 Saturday Night Movie [T]
10:30 Holy Family Virtual Catholic Mass [T] 12:15 Holy Communion from Holy Family [T] 1:00 Smarter Than Your Smart Phone- iPhone [T] 2:00 Fit Minds with Jill! [PAR] 3:00 Sunday Sundaes [RA] 4:00 Bingo for Bingo Bucks [CDR]	Presidents' Day 9:15 Resolution Goal-10 Minute Strength Workout [FIT] 9:30 Video Aerobics [FIT] 10:00 Local Shopping [OUT] 1:00 Classic Movie Matinee [T] 1:00 Learn to Sketch with Jill [MACT] 2:00 Euchre Club [STG] 2:00 History Chat with Professor Zellers [STG] 6:30 Mahjong [AR]	9:15 Resolution Goal- 15 Minute Cardio Workout [FIT] 9:30 Video Aerobics [FIT] 10:00 Holy Family Parish Communion Service [T] 10:30 Sing Along with Daniel Bergen [AR] 3:00 Dominos [CDR] 7:00 Winter Concert Series- Vanessa Carr [STG]	Novi Library Book Delivery! 9:15 Resolution Goal- 15 Minute Balance Workout [FIT] 9:30 Video Aerobics [FIT] 10:00 Brunch at The Breakfast Club [OUT] 12:00 Bingo Bucks Store! 12:00pm -2pm [STG] 2:00 Bingo! \$1.00 per Card [STG] 3:00 New Resident Social [PAR] 6:30 Movie Night! [T]	9:15 Resolution Goal- 15 Minute Stretch & Meditation Workout 9:30 Video Aerobics [FIT] 10:00 Puzzles in the Parlor- Group Crossword [PAR] 11:00 Dominos [GR] 2:00 Euchre Club [STG] 3:00 You be the Judge [CDR] 5:00 Chinese Theme Dinner!	9:15 Resolution Goal- 15 Minute Cardio Drumming Workout with Cheryl [FIT] 9:30 Video Aerobics [FIT] 11:00 Scrabble [STG] 1:00 Nickel Dominos [AR] 2:30 Afternoon Tea Social [CDR] 4:00 Total Body Toning Exercise [FIT] 6:30 Modern Movie Night [T]	9:30 Morning Rosary [T] 10:00 Manicures [S&S] 1:00 Bridge Club [PUB] 4:00 Independent Puzzles [LIB] 6:30 Saturday Night Movie [T]
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