

May 2022  
Memory Care Monthly Calendar



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
Daily Occurrences Hydration Break 10am, 3pm, 7pm  *Events Subject to Change*	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Trivia [MCAR] 1:30 Table Games [MCAR] 3:30 Beautiful Nails 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Westerns	1	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Finish Lines [MCAR] 1:30 Bingo, Bingo, Bingo!!! 3:00 Recreation Game [MCAR] 4:00 Walk and Roll Around the Block to music of the '50s 6:30 Western Movie [MCL]	2	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Fit Minds - Fun Brain Exercise! [MCAR] 1:00 Craft Time [MCAR] 2:30 Band Practice! Rhythm Instruments [MCDR] 3:30 <b>Daisy Group</b> 4:00 Walk and Roll Around the Block to music of the '50s 6:30 Evening Movie-Ladie's Choice [MCL]	3	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Reminiscing Discussion 1:00 Hallway Bowling! 2:30 <b>Music Spotlight: Doris Day and her music</b> 3:30 Beautiful Nails 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Classic Radio Shows [MCL]	4	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Fit Minds - Fun Brain Exercise! [MCAR] 1:00 Team Trivia Game [MCL] 2:30 Adult Coloring and music favorites [MCDR] 4:00 Walk and Roll Around the Block to music of the '50s 7:00 Evening Entertainment with Peter Tavens and James Love [PGR]	5	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Geography [MCAR] 1:30 Art Class 3:00 Afternoon Social: Ice Cream Novelties! 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Reminiscing [MCL]	6	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Word and Number Puzzles [MCAR] 1:30 Cornhole Tournament! 2:30 Card Games [MCAR] 3:30 Art Pages [MCAR] 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Sing Along! [MCL]	7
	<b>Mother's Day</b> 10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11a-2 Mother's Day Brunch [ILCDR] 11:00 Trivia [MCAR] 1:30 Table Games [MCAR] 3:30 Beautiful Nails 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Classic TV Shows [MCAR]	8	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Spelling "B" [MCAR] 1:30 Bingo, Bingo, Bingo!!! 3:00 Recreation Game [MCAR] 4:00 Walk and Roll Around the Block to music of the '50s 6:30 Western Movie [MCL]	9	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Fit Minds - Fun Brain Exercise! [MCAR] 1:00 Craft Time [MCAR] 2:30 Band Practice! Rhythm Instruments [MCDR] 3:30 <b>Daisy Group</b> 4:00 Walk and Roll Around the Block to music of the '50s 6:30 Evening Movie-Ladie's Choice [MCL]	10	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Math Fun 1:00 Going out for a Scenic Drive and Ice Cream! [ALNS] 2:30 <b>Music Spotlight: Perry Como and his music</b> 3:30 Beautiful Nails 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Classic Radio Shows [MCL]	11	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Fit Minds - Fun Brain Exercise! [MCAR] 1:00 Team Trivia Game [MCL] 2:30 Adult Coloring and music favorites [MCDR] 4:00 Walk and Roll Around the Block to music of the '50s 6:30 Movie-Resident's Choice	12	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Word Games [MCAR] 1:30 Art Class 3:00 Afternoon Social: Strawberry Shortcake! 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Reminiscing [MCL]	13	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Word and Number Puzzles [MCAR] 1:30 Balloon Toss and Parachute 2:30 Card Games [MCAR] 3:30 Art Pages [MCAR] 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Sing Along! [MCL]	14
Resident Birthdays	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Trivia [MCAR] 1:30 Table Games [MCAR] 3:30 Beautiful Nails 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Westerns	15	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Finish Lines [MCAR] 1:30 Bingo, Bingo, Bingo!!! 3:00 Plant the resident garden! [MCAR] 4:00 Walk and Roll Around the Block to music of the '50s 6:30 Western Movie [MCL]	16	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Fit Minds - Fun Brain Exercise! [MCAR] 1:00 Craft Time [MCAR] 2:30 Band Practice! Rhythm Instruments [MCDR] 3:30 <b>Daisy Group</b> 4:00 Walk and Roll Around the Block to music of the '50s 6:30 Evening Movie-Ladie's Choice [MCL]	17	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Reminiscing Discussion 1:30 "You Be the Judge" Discussion group 2:30 <b>Music Spotlight: Dinah Shore and her music</b> 3:30 Beautiful Nails 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Classic Radio Shows [MCL]	18	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Fit Minds - Fun Brain Exercise! [MCAR] 1:00 Team Trivia Game [MCL] 2:30 Adult Coloring and music favorites [MCDR] 4:00 Walk and Roll Around the Block to music of the '50s 7:00 Evening Entertainment with Cliff Habian [PGR]	19	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Geography [MCAR] 1:30 Art Class 3:00 Afternoon Social: Ice Cream Novelties! 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Reminiscing [MCL]	20	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Word and Number Puzzles [MCAR] 1:30 Cornhole Tournament! 2:30 Card Games [MCAR] 3:30 Art Pages [MCAR] 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Sing Along! [MCL]	21
Anthology of Mayfield Heights 6200 Landerhaven Dr. Mayfield, OH 44124 (440) 720-4900	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Trivia [MCAR] 1:30 Table Games [MCAR] 3:30 Beautiful Nails 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Classic TV Shows [MCAR]	22	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Spelling "B" [MCAR] 1:30 Bingo, Bingo, Bingo!!! 3:00 Plant the resident garden! [MCAR] 3:00 Recreation Game [MCAR] 4:00 Walk and Roll Around the Block to music of the '50s 6:30 Western Movie [MCL]	23	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Fit Minds - Fun Brain Exercise! [MCAR] 1:00 Craft Time [MCAR] 2:30 Band Practice! Rhythm Instruments [MCDR] 3:30 <b>Daisy Group</b> 4:00 Walk and Roll Around the Block to music of the '50s 6:30 Evening Movie-Ladie's Choice [MCL]	24	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Math Fun 1:00 Going out for a Scenic Drive and Ice Cream! 2:30 <b>Music Spotlight: Dick Haymes and his music</b> 3:30 Beautiful Nails 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Classic Radio Shows [MCL]	25	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Fit Minds - Fun Brain Exercise! [MCAR] 1:00 Team Trivia Game [MCL] 2:30 Resident Birthday Party! [ILCDR] 3:00 Sing along with Kirsten [PGR] 4:00 Walk and Roll Around the Block to music of the '50s 6:30 Movie-Resident's Choice	26	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Word Games [MCAR] 1:30 Art Class 3:00 Afternoon Social: Frozen Shirley Temples!! 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Reminiscing [MCL]	27	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Word and Number Puzzles [MCAR] 1:30 Jigsaw Puzzles 2:30 Card Games [MCAR] 3:30 Art Pages [MCAR] 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Sing Along! [MCL]	28
	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Trivia [MCAR] 1:30 Table Games [MCAR] 3:30 Beautiful Nails 4:00 Walk and Roll Around the Block to music of the '50s 6:30 iN2L - Westerns	29	<b>Memorial Day</b> 10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Finish Lines [MCAR] 1:30 Bingo, Bingo, Bingo!!! 3:00 Plant the resident garden! [MCAR] 3:00 Recreation Game [MCAR] 4:00 Walk and Roll Around the Block to music of the '50s 6:30 Western Movie [MCL]	30	10:00 Morning Stroll 10:15 Meet and Greet 10:30 Exercise [MCAR] 11:00 Fit Minds - Fun Brain Exercise! [MCAR] 1:00 Craft Time [MCAR] 2:30 Band Practice! Rhythm Instruments [MCDR] 3:30 <b>Daisy Group</b> 4:00 Walk and Roll Around the Block to music of the '50s 6:30 Evening Movie-Ladie's Choice [MCL]	31								