May 2024 **Anthology of Mayfield Heights Memory Care** Sunday Monday Wednesday Thursday Friday Saturday Tuesdav 10:30 Games/Puzzles 10:30 Exercise Class 10:30 Stretch & Kentucky Derby (NBC) **5** Ch 3) Strengthen 11:00 Sing and 11:00 Weather, Good **Exercise Class** Exercise with News, & Trivia 10:30 Morning 11:00 Trivia Time Shannon from Active for Stretches 1:00 Balloon Volleyball Life Fitness 1:30 Kentucky Derby Horse 11:00 Finish the Phrase 2:00 Getting Ready for the 1:00 Art Class with Denise Racing Game! Humminabirds! 1:00 Word and Number 1:30 Visiting with Layla the 2:30 Afternoon Refreshments 3:00 Line Dance Lessons **Puzzles** Therapy Dog 5:30 iN2L Games 2:00 Family Bingo!! [MCDR] with Marilyn 2:30 Yatzee! 6:45 Shabbat Worship Service 3:00 Art Pages 6:00 Movie Night 5:30 High and Low Game with Cantor Laurel Barr [ILFDR] **NURSES WEEK NURSES WEEK NURSES WEEK NURSES WEEK NURSES WEEK** 10:30 Seated 0:00 Mother's 10:30 Stretch & Strengthen 10:30 Stretch and 10:30 Seated Exercise 10:30 Stretch & **Exercise Class** 10:30 Exercise Class Day with Denise Class [MCAR] Strengthen Strengthen 11:00 Trivia O&A 11:00 Weather, Good 11:00 Checking the Chronicle with Brunch Exercises 11:00 Readers Digest **Exercise Class** 1:00 Streaming Catholic News, & Trivia 11:00 Weather, Good News. & 11:00 Reading the Daily 1:00 Art Class with Denise Mass (on iN2L-Youtube) 1:00 Baking with Denise 1:00 Word and 1:00 Balloon Volleyball Trivia Chronicle with Denise 1:30 Visiting with Layla the 2:00 Chair Yoga and Massage with 2:00 Entertainment by 2:00 Outing: Scenic Ride **Number Puzzles** 1:00 High or Low Game Ericka from Elevate & Evolve 11:00 Word Games Therapy Dog Melinda Hill 3:00 Line Dance Lessons Yoga 2:00 Family Bingo!! 2:00 Armchair Travel on iN2L 1:30 Uno and Other Card 2:30 Yatzee! 3:00 Refreshments & Table 3:00 Refreshments and Discussion with Marilyn Games 3:00 Sing A Long on iN2L 3:00 Root Beer Floats to [MCDR] Circle Games 6:00 Movie Night 2:30 Afternoon Refreshments 5:30 Getting To Know You Celebrate Nurses! 6:00 Movie Night 3:00 Art Pages 5:30 iN2L Games 5:30 High and Low Game 10:30 Games/Puzzles 10:30 Stretch & 10:30 Stretch and 10:30 Stretch & 10:30 Exercise 10:30 Morning Mother's Day 11:00 Sing and Strenathen Strengthen Strengthen Class Stretches 10:30 Seated **Exercise Class** Exercise with with Denise Exercises 11:00 Weather. 11:00 Finish the Shannon from Active for 11:00 Trivia Time **Exercise Class** 11:00 Weather, Good News, 11:00 Checking the Good News, & Trivia Phrase Life Fitness 1:00 Catch and Toss 11:00 Trivia Q&A Chronicle with Denise & Trivia 1:00 Balloon Volleyball 1:00 Word and Number 1:00 Art Class with Denise 2:30 Afternoon Refreshments 2:00 Nail Spa 1:00 Name That Tune 1:00 Baking with Denise 2:00 Picture Match **Puzzles** 1:30 Visiting with Layla the 3:00 Word Puzzles Therapy Dog 3:00 Refreshments and 3:00 Sing A Long on iN2L 2:00 Polka Music with Joe 3:00 Line Dance Lessons 5:30 iN2L Games 3:00 Refreshments & 2:30 Yatzee! 6:45 Shabbat Worship Service and Nancy Novak 5:30 Getting To Know You **Discussion Circle** with Marilyn **Table Games** 5:30 High and Low Game with Cantor Laurel Barr [MCDR] 6:00 Movie Night 6:00 Movie Night [ILFDR] 3:00 Art Pages 10:30 Stretch & 10:30 Stretch & 10:30 Seated 10:30 Stretch and 10:30 Seated 10:30 Exercise 10:30 Morning Strengthen with Strengthen Exercise Class Strengthen Stretches Exercise **Exercise Class** Exercises Class [MCAR] 11:00 Weather. 11:00 Finish the 11:00 Checking the Chronicle with Class 11:00 Weather, Good News, & 11:00 Reading the Daily 11:00 Games/Puzzles Good News, & Trivia Phrase Chronicle with Denise Trivia 11:00 Trivia O&A 1:00 Baking with Denise 1:00 Art Class with Denise 1:00 Balloon Volleyball 1:00 Colors and Patterns 11:00 Word Games 1:00 Word and Number 2:00 Chair Yoga and Massage 2:00 Glamour Gals 1:30 Visiting with Layla the 2:00 Outing: Scenic Ride 2:00 Painting Ceramics with 1:30 Uno and Other Card **Puzzles** with Ericka from Elevate & Therapy Dog Visit Beautifully Bisque Studios Games 3:00 Line Dance Lessons **Evolve Yoga** 2:00 Family Bingo!! 3:00 Sing A Long on iN2L 2:30 Yatzee! 2:30 Afternoon Refreshments 3:00 Refreshments and with Marilyn 3:00 Refreshments & [MCDR] 5:30 Getting To Know You 5:30 iN2L Games 5:30 High and Low Game **Discussion Circle** 6:00 Movie Night Table Games 3:00 Art Pages 6:00 Movie Night 10:30 Seated **Memorial Day** 10:30 Stretch & 10:30 Seated 10:30 Exercise 10:30 Stretch & Exercise Class Strenathen Strengthen 10:30 Stretch and Exercise Class **MAY 9TH** Exercise Class with Denise 11:00 Trivia Q&A Strengthen Class [MCAR] 11:00 Weather. **CAROL C'S BIRTHDAY** Exercises 11:00 Checking the Chronicle 11:00 Games/Puzzles 11:00 Trivia Time 1:00 Streaming Catholic Good News. & Trivia

MAY 12TH **MOTHER'S DAY MAY 27TH** MEMORIAL DAY

Mass (on iN2L-Youtube) 11:00 Weather, Good News, &

2:00 Nail Spa

3:00 Refreshments & Table Games

Trivia 12:00 Memorial Day Cookout

3:00 Sing A Long on iN2L 5:30 Getting To Know You 6:00 Movie Night

with Denise

1:00 Baking with Denise 3:00 Refreshments and **Discussion Circle** 2:30 Yatzee!

1:00 Art Class with Denise 1:30 Visiting with Layla the Therapy Dog

1:00 Balloon Volleyball

3:00 Line Dance Lessons

with Marilyn

2:00 Ring Toss

6:00 Movie Night

5:30 High and Low Game

1:00 Catch and Toss 2:00 Cornhole 3:00 Refreshments Outside 5:30 iN2L Games