




May 2024

Anthology of Mayfield Heights Memory Care



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  				10:30 Games/Puzzles 11:00 Sing and Exercise with Shannon from Active for Life Fitness 1:00 Art Class with Denise 1:30 Visiting with Layla the Therapy Dog 2:30 Yatzee! 5:30 High and Low Game	10:30 Exercise Class 11:00 Weather, Good News, & Trivia 1:00 Balloon Volleyball 2:00 Getting Ready for the Hummingbirds! 3:00 Line Dance Lessons with Marilyn 6:00 Movie Night	10:30 Stretch & Strengthen Exercise Class 11:00 Trivia Time 1:30 Kentucky Derby Horse Racing Game! 2:30 Afternoon Refreshments 5:30 iN2L Games 6:45 Shabbat Worship Service with Cantor Laurel Barr [ILFDR]	Kentucky Derby (NBC, Ch 3) 10:30 Morning Stretches 11:00 Finish the Phrase 1:00 Word and Number Puzzles 2:00 Family Bingo!! [MCDR] 3:00 Art Pages
	10:30 Seated Exercise Class 11:00 Trivia Q&A 1:00 Streaming Catholic Mass (on iN2L-Youtube) 2:00 Entertainment by Melinda Hill 3:00 Refreshments & Table Games	NURSES WEEK 10:30 Stretch and Strengthen Exercises 11:00 Weather, Good News, & Trivia 1:00 High or Low Game 2:00 Armchair Travel on iN2L 3:00 Sing A Long on iN2L 5:30 Getting To Know You	NURSES WEEK 10:30 Stretch & Strengthen with Denise 11:00 Checking the Chronicle with Denise 1:00 Baking with Denise 2:00 Chair Yoga and Massage with Ericka from Elevate & Evolve Yoga 3:00 Refreshments and Discussion Circle 6:00 Movie Night	NURSES WEEK 10:30 Seated Exercise Class [MCAR] 11:00 Readers Digest 1:00 Art Class with Denise 1:30 Visiting with Layla the Therapy Dog 2:30 Yatzee! 3:00 Root Beer Floats to Celebrate Nurses! 5:30 High and Low Game	NURSES WEEK 10:30 Exercise Class 11:00 Weather, Good News, & Trivia 1:00 Balloon Volleyball 2:00 Outing: Scenic Ride 3:00 Line Dance Lessons with Marilyn 6:00 Movie Night	NURSES WEEK 10:30 Stretch & Strengthen Exercise Class 11:00 Reading the Daily Chronicle with Denise 11:00 Word Games 1:30 Uno and Other Card Games 2:30 Afternoon Refreshments 5:30 iN2L Games	10:00 Mother's Day Brunch 1:00 Word and Number Puzzles 2:00 Family Bingo!! [MCDR] 3:00 Art Pages
	Mother's Day 10:30 Seated Exercise Class 11:00 Trivia Q&A 2:00 Nail Spa 3:00 Refreshments & Table Games	10:30 Stretch and Strengthen Exercises 11:00 Weather, Good News, & Trivia 1:00 Name That Tune 3:00 Sing A Long on iN2L 5:30 Getting To Know You	10:30 Stretch & Strengthen with Denise 11:00 Checking the Chronicle with Denise 1:00 Baking with Denise 3:00 Refreshments and Discussion Circle 6:00 Movie Night	10:30 Games/Puzzles 11:00 Sing and Exercise with Shannon from Active for Life Fitness 1:00 Art Class with Denise 1:30 Visiting with Layla the Therapy Dog 2:30 Yatzee! 5:30 High and Low Game	10:30 Exercise Class 11:00 Weather, Good News, & Trivia 1:00 Balloon Volleyball 2:00 Picture Match 3:00 Line Dance Lessons with Marilyn 6:00 Movie Night	10:30 Stretch & Strengthen Exercise Class 11:00 Trivia Time 1:00 Catch and Toss 2:30 Afternoon Refreshments 3:00 Word Puzzles 5:30 iN2L Games 6:45 Shabbat Worship Service with Cantor Laurel Barr [ILFDR]	10:30 Morning Stretches 11:00 Finish the Phrase 1:00 Word and Number Puzzles 2:00 Polka Music with Joe and Nancy Novak [MCDR] 3:00 Art Pages
	10:30 Seated Exercise Class 11:00 Trivia Q&A 2:00 Glamour Gals Visit 3:00 Refreshments & Table Games	10:30 Stretch and Strengthen Exercises 11:00 Weather, Good News, & Trivia 1:00 Colors and Patterns 2:00 Painting Ceramics with Beautifully Bisque Studios 3:00 Sing A Long on iN2L 5:30 Getting To Know You	10:30 Stretch & Strengthen with Denise 11:00 Checking the Chronicle with Denise 1:00 Baking with Denise 2:00 Chair Yoga and Massage with Ericka from Elevate & Evolve Yoga 3:00 Refreshments and Discussion Circle 6:00 Movie Night	10:30 Seated Exercise Class [MCAR] 11:00 Games/Puzzles 1:00 Art Class with Denise 1:30 Visiting with Layla the Therapy Dog 2:30 Yatzee! 5:30 High and Low Game	10:30 Exercise Class 11:00 Weather, Good News, & Trivia 1:00 Balloon Volleyball 2:00 Outing: Scenic Ride 3:00 Line Dance Lessons with Marilyn 6:00 Movie Night	10:30 Stretch & Strengthen Exercise Class 11:00 Reading the Daily Chronicle with Denise 11:00 Word Games 1:30 Uno and Other Card Games 2:30 Afternoon Refreshments 5:30 iN2L Games	10:30 Morning Stretches 11:00 Finish the Phrase 1:00 Word and Number Puzzles 2:00 Family Bingo!! [MCDR] 3:00 Art Pages
MAY 9TH CAROL C'S BIRTHDAY MAY 12TH MOTHER'S DAY MAY 27TH MEMORIAL DAY	10:30 Seated Exercise Class 11:00 Trivia Q&A 1:00 Streaming Catholic Mass (on iN2L-Youtube) 2:00 Nail Spa 3:00 Refreshments & Table Games	Memorial Day 10:30 Stretch and Strengthen Exercises 11:00 Weather, Good News, & Trivia 12:00 Memorial Day Cookout 3:00 Sing A Long on iN2L 5:30 Getting To Know You	10:30 Stretch & Strengthen with Denise 11:00 Checking the Chronicle with Denise 1:00 Baking with Denise 3:00 Refreshments and Discussion Circle 6:00 Movie Night	10:30 Seated Exercise Class [MCAR] 11:00 Games/Puzzles 1:00 Art Class with Denise 1:30 Visiting with Layla the Therapy Dog 2:30 Yatzee! 5:30 High and Low Game	10:30 Exercise Class 11:00 Weather, Good News, & Trivia 1:00 Balloon Volleyball 2:00 Ring Toss 3:00 Line Dance Lessons with Marilyn 6:00 Movie Night	10:30 Stretch & Strengthen Exercise Class 11:00 Trivia Time 1:00 Catch and Toss 2:00 Cornhole 3:00 Refreshments Outside 5:30 iN2L Games	