

February 2022
Independent Living Monthly Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program dates & times are subject to change. <i>-Martha Bowman, Director of Elements</i>		Transportation Tuesdays 10:30 Tai Chi with Anthony [VDR] 11:00 Catholic Communion [TH] 1:00 Board Games 2:30 Rhythm, Strength & Stretch [TH] 3:00 Sundance Films [TH] 4:00 Chinese New Year Celebration [Bar]	Groundhog Day 10:30 HIIT Back Balance [TH] 10:30 Rummikub [GR] 11:15 Cranium Crunches [TH] 11:30 Giant/Wegmans [BUS] 2:30 Water Aerobics [PI] 3:00 Book Club Discussion [LIB] 4:00 Wine Down Wednesday [L]	10:00 Women's Coffee [L] 10:30 Tai Chi with Anthony [TH] 11:15 Word Games [GR] 1:30 Canasta [GR] 2:00 Sundance Films [TH] 4:00 Creative Coloring [LIB]	9:00 Veteran's Coffee Chat [L] 10:30 Casino Shuttle [BUS] 10:30 Chair Yoga [TH] 11:15 Dementia Series [TH] 2:00 Men's Group [LIB] 3:00 Rosary with Bernie [LIB] 3:30 Shabbat Service [TH] 4:00 Happy Hour with Mike [Bar] 6:30 Winter Olympics Opening Ceremony [TH]	10:30 Water Aerobics [PI] 11:00 Needle Nuts (Knitting & Crocheting) [L] 11:30 Brain Teasers: Puzzles [LIB] 2:00 Matinee Movie: Some Like it Hot [TH] 2:00 Poker Club [GR] 7:00 Movie: Some Like it Hot [TH]
	11:00 Sunday Stretch [TH] 1:00 Board Games [GR] 2:00 Sunday Cinema: The Producers [TH] 3:00 Virtual Church Service [LIB]	10:00 Walking Club 10:30 Flower Arranging [L] 10:30 Water Aerobics [PI] 11:15 Alzheimer's Support Group [FR] 11:15 Bible Study [LIB] 11:30 Rite Aid Shopping [BUS] 2:00 Matinee Movie: My Fair Lady [TH] 4:30 Margarita Monday [Bar]	Transportation Tuesdays 10:30 Tai Chi with Anthony [VDR] 11:15 Rosary with Maggie [LIB] 1:00 Board Games 2:30 Rhythm, Strength & Stretch [TH] 3:00 Sundance Films [TH] 4:00 Manicures [FR]	10:30 HIIT Back Balance [TH] 10:30 Rummikub [GR] 11:15 Cranium Crunches [TH] 11:30 Giant/Wegmans [BUS] 2:30 Water Aerobics [PI] 3:00 Book Club Library Trip [BUS] 4:00 Wine Down Wednesday [L]	10:00 Men's Coffee [L] 10:30 Tai Chi with Anthony [TH] 11:15 Word Games [GR] 1:30 Canasta [GR] 2:00 Sundance Films [TH] 2:00 Trinidad Steel Drum Performance [VDR] 4:00 Creative Coloring [LIB]	10:30 Water Aerobics [PI] 11:00 Need Nuts (Knitting & Crocheting) [L] 11:30 Brain Teasers: Puzzles [LIB] 2:00 Matinee Movie: Animal House [TH] 2:00 Poker Club [GR] 7:00 Movie: Animal House [TH]
	11:00 Sunday Stretch [TH] 1:00 Board Games [GR] 2:00 Sunday Cinema: West Side Story [TH] 3:00 Virtual Church Service [LIB] 6:30 Super Bowl Party [TH]	Valentine's Day 10:00 Walking Club 10:30 Flower Arranging [L] 10:30 Water Aerobics [PI] 11:15 Bible Study [LIB] 11:30 Rite Aid Shopping [BUS] 4:00 Valentine's Day Celebration [L]	Transportation Tuesdays 10:30 Tai Chi with Anthony [VDR] 11:15 Rosary with Maggie [LIB] 1:00 Board Games 2:30 Rhythm, Strength & Stretch [TH] 3:00 Sundance Films [TH] 4:00 Manicures [FR]	10:30 HIIT Back Balance [TH] 10:30 Rummikub [GR] 11:15 Cranium Crunches [TH] 11:30 Giant/Wegmans [BUS] 2:30 Water Aerobics [PI] 4:00 Wine Down Wednesday [L]	10:30 Tai Chi with Anthony [TH] 11:15 Word Games [GR] 1:30 Canasta [GR] 2:00 Sundance Films [TH] 4:00 Creative Coloring [LIB]	10:30 Water Aerobics [PI] 11:00 Need Nuts (Knitting & Crocheting) [L] 11:30 Brain Teasers: Puzzles [LIB] 2:00 Matinee Movie: The Lady Killers [TH] 2:00 Poker Club [GR] 7:00 Movie: The Lady Killers [TH]
	11:00 Sunday Stretch [TH] 1:00 Board Games [GR] 2:00 Sunday Cinema: Meet Me In St. Louis [TH] 3:00 Virtual Church Service [LIB]	Presidents' Day 10:00 Walking Club 10:30 Flower Arranging [L] 10:30 Water Aerobics [PI] 11:15 Bible Study [LIB] 11:30 Rite Aid Shopping [BUS] 2:00 Matinee Movie: Good Morning Vietnam [TH] 4:30 Margarita Monday [Bar]	Transportation Tuesdays 10:30 Tai Chi with Anthony [VDR] 11:15 Rosary with Maggie [LIB] 1:00 Board Games 2:30 Rhythm, Strength & Stretch [TH] 3:00 Sundance Films [TH] 4:00 Manicures [FR]	10:30 HIIT Back Balance [TH] 10:30 Rummikub [GR] 11:15 Cranium Crunches [TH] 11:30 Giant/Wegmans [BUS] 2:30 Water Aerobics [PI] 4:00 Girl Scout Cookie Wine Pairing [L]	11:15 Cooking Demonstration [TH] 1:30 Canasta [GR] 2:00 Sundance Films [TH] 4:00 Creative Coloring [LIB]	10:30 Water Aerobics [PI] 11:00 Need Nuts (Knitting & Crocheting) [L] 11:30 Brain Teasers: Puzzles [LIB] 2:00 Matinee Movie: Tick Tick Boom [TH] 2:00 Poker Club [GR] 7:00 Movie: Tick Tick Boom [TH]
	11:00 Sunday Stretch [TH] 1:00 Board Games [GR] 2:00 Sunday Cinema: Singin' in the Rain [TH] 3:00 Virtual Church Service [LIB]	10:00 Walking Club 10:30 Flower Arranging [L] 10:30 Water Aerobics [PI] 11:15 Bible Study [LIB] 11:30 Rite Aid Shopping [BUS] 2:00 Matinee Movie: The Graduate [TH] 4:30 Margarita Monday [Bar]	Location Keys 11th Floor Bar Bar BUS BUS Family Room FR Game Room GR Library LIB Lobby L Pool PI Theater TH Virtue Dining Room VDR			
			350 Guthrie Rd King of Prussia, PA 19406 484-394-2451			