

February 2022
Personal Care Monthly Calendar



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Program dates and times are subject to change. -Martha Bowman, Director of Elements						Transportation Tuesdays 1 10:30 Tai Chi with Anthony [VDR] 11:00 Catholic Communion [TH] 2:30 Rhythm, Strength & Stretch [TH] 3:00 BINGO [VDR] 3:00 Sundance Films 4:00 Chinese New Year Celebration [Bar]	Groundhog Day 2 10:00 Walking Club [L] 10:30 HIIT Back Balance [TH] 10:30 Rummikub [GR] 11:15 Cranium Crunches [TH] 11:30 Giant/Wegmans [BUS] 2:30 Water Aerobics [PI] 3:00 Book Club Discussion [LIB] 4:00 Wine Down Wednesday [L]	10:00 Women's Coffee [L] 3 10:30 Tai Chi with Anthony [TH] 11:15 Word Games [GR] 1:30 Canasta [GR] 2:00 Sundance Films [TH] 3:00 BINGO [VDR] 4:00 Creative Coloring [LIB]	9:00 Veteran's Coffee Chat [L] 4 10:30 Chair Yoga [TH] 11:15 Dementia Series 2:00 Men's Group [LIB] 3:00 Rosary with Bernie [LIB] 3:30 Shabbat Service [TH] 4:00 Happy Hour with Mike [Bar] 6:30 Winter Olympics Opening Ceremony [TH]	10:30 Water Aerobics [PI] 5 11:30 Brain Teasers: Puzzles [LIB] 2:00 BINGO [VDR] 2:00 Matinee Movie: Some Like it Hot [TH] 2:00 Poker Club [GR] 7:00 Movie: Some Like it Hot [TH]			
				11:00 Sunday Stretch [TH] 6 2:00 Sunday Cinema: The Producers [TH] 3:00 Virtual Church Service [LIB]	10:00 Walking Club [L] 7 10:30 Flower Arranging [L] 10:30 Water Aerobics [PI] 11:15 Alzheimer's Support Group [FR] 11:15 Bible Study [LIB] 11:30 Rite Aid Shopping [BUS] 2:00 Matinee Movie: My Fair Lady [TH] 4:30 Margarita Monday [Bar]	Transportation Tuesdays 8 10:30 Tai Chi with Anthony [VDR] 11:15 Rosary with Maggie [LIB] 2:30 Rhythm, Strength & Stretch [TH] 3:00 BINGO [VDR] 3:00 Sundance Films 4:00 Manicures [FR]	10:00 Walking Club [L] 9 10:30 HIIT Back Balance [TH] 10:30 Rummikub [GR] 11:15 Cranium Crunches [TH] 11:30 Giant/Wegmans [BUS] 2:30 Water Aerobics [PI] 3:00 Book Club Library Trip [BUS] 4:00 Wine Down Wednesday [L]	10:00 Men's Coffee [L] 10 10:30 Tai Chi with Anthony [TH] 11:15 Word Games [GR] 1:30 Canasta [GR] 2:00 Sundance Films [TH] 2:00 Trinidad Steel Drum Performance [VDR] 4:00 Creative Coloring [LIB]	10:30 Chair Yoga [TH] 11 11:15 Movie Committee Meeting [TH] 2:00 Step by Step Painting [L] 3:00 Rosary with Bernie [LIB] 4:00 Happy Hour with Mike [Bar]	10:30 Water Aerobics [PI] 12 11:00 Needle Nuts (Knitting & Crocheting) [L] 11:30 Brain Teasers: Puzzles [LIB] 2:00 BINGO [VDR] 2:00 Matinee Movie: Animal House [TH] 2:00 Poker Club [GR] 7:00 Movie: Animal House [TH]			
				11:00 Sunday Stretch [TH] 13 2:00 Sunday Cinema: West Side Story [TH] 3:00 Virtual Church Service [LIB] 6:30 Super Bowl Party [TH]	Valentine's Day 14 10:00 Walking Club [L] 10:30 Water Aerobics [PI] 11:15 Bible Study [LIB] 11:30 Rite Aid Shopping [BUS] 4:00 Valentine's Day Celebration [L]	Transportation Tuesdays 15 10:30 Tai Chi with Anthony [VDR] 11:15 Rosary with Maggie [LIB] 2:30 Rhythm, Strength & Stretch [TH] 3:00 BINGO [VDR] 3:00 Sundance Films 4:00 Manicures [FR]	10:00 Walking Club [L] 16 10:30 HIIT Back Balance [TH] 10:30 Rummikub [GR] 11:15 Cranium Crunches [TH] 11:30 Giant/Wegmans [BUS] 2:30 Water Aerobics [PI] 4:00 Wine Down Wednesday [L]	10:30 Tai Chi with Anthony [TH] 17 11:15 Word Games [GR] 1:30 Canasta [GR] 2:00 Sundance Films [TH] 3:00 BINGO [VDR] 4:00 Creative Coloring [LIB]	10:30 Chair Yoga [TH] 18 11:15 Activities Planning Meeting [TH] 2:00 Men's Group [Bar] 3:00 Rosary with Bernie [LIB] 4:00 Happy Hour with Mike [Bar]	10:30 Water Aerobics [PI] 19 11:00 Needle Nuts (Knitting & Crocheting) [L] 11:30 Brain Teasers: Puzzles [LIB] 2:00 BINGO [VDR] 2:00 Matinee Movie: The Lady Killers [TH] 2:00 Poker Club [GR] 7:00 Movie: The Lady Killers [TH]			
				11:00 Sunday Stretch [TH] 20 2:00 Sunday Cinema: Meet Me In St. Louis [TH] 3:00 Virtual Church Service [LIB]	Presidents' Day 21 10:00 Walking Club [L] 10:30 Water Aerobics [PI] 11:15 Bible Study [LIB] 11:30 Rite Aid Shopping [BUS] 2:00 Matinee Movie: Good Morning Vietnam [TH] 4:30 Margarita Monday [Bar]	Transportation Tuesdays 22 10:30 Tai Chi with Anthony [VDR] 11:15 Rosary with Maggie [LIB] 2:30 Rhythm, Strength & Stretch [TH] 3:00 Sundance Films 4:00 Manicures [FR]	10:00 Walking Club [L] 23 10:30 HIIT Back Balance [TH] 10:30 Rummikub [GR] 11:15 Cranium Crunches [TH] 11:30 Giant/Wegmans [BUS] 2:30 Water Aerobics [PI] 4:00 Girl Scout Cookie Wine Pairing [L]	10:30 Tai Chi with Anthony [TH] 24 11:15 Cooking Demonstration [TH] 1:30 Canasta [GR] 2:00 Sundance Films [TH] 3:00 BINGO [VDR] 4:00 Creative Coloring [LIB]	10:30 Chair Yoga [TH] 25 11:15 Dining Committee Meeting [TH] 2:00 Step by Step Painting [L] 3:00 Rosary with Bernie [LIB] 4:00 Birthday Bash with Mike [Bar]	10:30 Water Aerobics [PI] 26 11:00 Needle Nuts (Knitting & Crocheting) [L] 11:30 Brain Teasers: Puzzles [LIB] 2:00 BINGO [VDR] 2:00 Matinee Movie: Tick Tick Boom [TH] 2:00 Poker Club [GR] 7:00 Movie: Tick Tick Boom [TH]			
				11:00 Sunday Stretch [TH] 27 2:00 Sunday Cinema: Singin' in the Rain [TH] 3:00 Virtual Church Service [LIB]	10:00 Walking Club [L] 28 10:30 Water Aerobics [PI] 11:15 Bible Study [LIB] 11:30 Rite Aid Shopping [BUS] 2:00 Matinee Movie: The Graduate [TH] 4:30 Margarita Monday [Bar]	<div><div>Location Keys</div><div><div>11th Floor Bar</div><div>BUS</div><div>Family Room</div><div>Game Room</div><div>Library</div><div>Lobby</div><div>Pool</div><div>Theater</div><div>Virtue Dining Room</div></div><div><div>Bar</div><div>BUS</div><div>FR</div><div>GR</div><div>LIB</div><div>L</div><div>PI</div><div>TH</div><div>VDR</div></div></div> <div><div>350 Guthrie Rd</div><div>King of Prussia, PA 19406</div><div>484-394-2451</div></div>							