April 2021 The Addington Place of Meyerland						Monthly Activities		
The Addington Flace	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
MEMORY CARE CENTRAL MEMORY CARE BY SENIOR LIFESTYLE WWW.SENIORLIFESTYLE.COM Activities are subject to change	ADDINGTON PLACE OF MEYERLAND a Senior Lifestyle community	*BOOKMARKS *ESSENCE *SPARK *THYMELESS CONNECT CONTRIBUTE FEEL GROW MOVE REFLECT			9:30 • Daily Chronicle [FR] 10:00 • Exercise [FR] 11:00 • Bowling [FR] 11:30 • Name Ten [FR] 1:30 • Garden Club [GH] 2:30 • Bingo 3:30 • Art&Craft [SR]		10:00 • Exercise [FR] 11:30 • Reading Cub [FR] 3:00 • Coffee in Courtyard 3:30 • Movie Time [FR]	
ADDINGTON PLACE OF MEYERLAND a Senior Lifestyle community	Faster 9:30 • Hymn Songs [FR] 10:00 • Exercise [FR] 11:00 • Bowling [FR] 2:30 • Hand Message [SR] 3:30 • Brain Power 4:30 Old is Gold [FR]	9:30 Documentary [FR] 10:00 Exercise [FR] 11:00 Racket Balloon 11:30 Cognitive Games 1:30 Purposeful Living 2:00 Art&Craft [SR] 2:30 Birthday Party for Clara [FR] 4:00 Bingo [FR]	9:30 Daily Devotion 10:00 Exercise [FR] 11:00 Bowling 11:30 Word Game [FR] 1:30 Puzzles & Sorting [FR] 2:30 Chocalate Dipped Fruits [MB] 3:30 Helping Hands [MB] 4:00 Walking Club	9:30 Travel with Rick Steves [FR] 10:00 Exercise [FR] 11:00 Bean Bag & Ring Toss [FR] 11:30 Manager's Activity [FR] 2:30 Cooking With Chef Grilled Cheese Month [MB] 3:30 Current Events [MB] 4:00 Bingo [FR]	9:30 • Daily Chronicle [FR] 10:00 • Exercise [FR] 11:00 • Bowling [FR] 11:30 • Name Ten [FR] 1:30 • Garden Club [GH] 2:30 • Bingo 3:30 • Art&Craft [SR]	9:30 Documentary [FR] 10:00 Exercise [FR] 11:00 Basket Ball [FR] 11:30 Junk Draw Detective 2:00 Aromatherapy [RR] 3:30 Academy Awards [FR]	10:00 • Exercise [FR] 11:30 • Reading Cub [FR] 3:00 • Coffee in Courtyard 3:30 • Movie Time [FR]	
*BOOKMARKS *ESSENCE *SPARK *THYMELESS CONNECT CONTRIBUTE FEEL GROW MOVE REFLECT	9:30 • Hymn Songs [FR] 10:00 • Exercise [FR] 11:00 • Bowling [FR] 2:30 • Hand Message [SR] 3:30 • Brain Power [SR] 4:30 • Old is Gold [FR]	9:30 • Documentary [FR] 10:00 • Exercise [FR] 11:00 • Racket Balloon [FR] 11:30 © Cognitive Games 1:30 • Purposeful Living 2:00 • Art&Craft [SR] 4:00 • Bingo [FR]	9:30 Daily Devotion 10:00 Exercise [FR] 11:00 Kite Flying 11:30 Word Game [FR] 1:30 Puzzles & Sorting [FR] 2:30 Birthday Party for Josephine [MB] 3:30 Helping Hands [MB] 4:00 Walking Club	9:30 Travel with Rick Steves [FR] 10:00 Exercise [FR] 11:00 Bean Bag & Ring Toss [FR] 11:30 Manager's Activity [FR] 2:30 Cooking With Chef [MB] 3:30 Current Events [MB] 4:00 Bingo [FR]	9:30 • Daily Chronicle [FR] 10:00 • Exercise [FR] 11:00 • Bowling [FR] 11:30 • Name Ten [FR] 1:30 • Garden Club [GH] 2:30 • Bingo 3:30 • Art&Craft [SR]	9:30 Documentary [FR] 10:00 Exercise [FR] 11:00 Basket Ball [FR] 11:30 Junk Draw Detective 2:00 Aromatherapy [RR]	10:00 • Exercise [FR] 11:30 • Reading Cub [FR] 3:00 • Coffee in Courtyard 3:30 • Movie Time [FR]	
	9:30 • Hymn Songs [FR] 10:00 • Exercise [FR] 11:00 • Bowling [FR] 2:30 • Hand Message [SR] 3:30 • Brain Power 4:30 Old is Gold [FR]	9:30 • Documentary [FR] 10:00 • Exercise [FR] 11:00 • Racket Balloon 11:30 • Cognitive Games 1:30 • Purposeful Living 2:00 • Art&Craft [SR] 4:00 • Bingo [FR]	9:30 Daily Devotion 10:00 Exercise [FR] 11:00 Bowling 11:30 Word Game [FR] 1:30 Puzzles & Sorting [FR] 2:30 M Chocalate Dipped Fruits [MB] 3:30 Helping Hands [MB] 4:00 Walking Club	9:30 Travel with Rick Steves [FR] 10:00 Exercise [FR] 11:00 Bean Bag & Ring Toss [FR] 11:30 Manager's Activity [FR] 2:30 Cooking With Chef [MB] 3:30 Current Events [MB] 4:00 Bingo [FR]	9:30 Daily Chronicle [FR] 10:00 Exercise [FR] 11:00 Bowling [FR] 11:30 Name Ten [FR] 1:30 Garden Club [GH] 2:30 Bingo 3:30 Art&Craft [SR]	9:30 • Documentary [FR] 10:00 • Exercise [FR] 11:00 • Basket Ball [FR] 11:30 • Junk Draw Detective 2:00 Aromatherapy [RR]	10:00 • Exercise [FR] 11:30 • Reading Cub [FR] 3:00 • Coffee in Courtyard 3:30 • Movie Time [FR]	
Green House G Meyer Bistro M Relaxtion Room F	9:30 • Hymn Songs [FR] 10:00 • Exercise [FR] 11:00 • Bowling [FR] 2:30 • Hand Message [SR] 3:30 • Brain Power 4:30 Old is Gold [FR]	9:30 Documentary [FR] 10:00 Exercise [FR] 11:00 Racket Balloon [FR] 11:30 Cognitive Games 1:30 Purposeful Living 2:00 Art&Craft [SR] 4:00 Bingo [FR]	9:30 • Daily Devotion 10:00 • Exercise [FR] 11:00 • Bowling 11:30 • Word Game [FR] 1:30 • Puzzles & Sorting [FR] 2:30 • Chocalate Dipped Fruits [MB] 3:30 Helping Hands [MB] 4:00 • Walking Club	9:30 Travel with Rick Steves [FR] 10:00 Exercise [FR] 11:00 Bean Bag & Ring Toss [FR] 11:30 Manager's Activity [FR] 2:30 Cooking With Chef [MB] 3:30 Current Events [MB] 4:00 Bingo [FR]	9:30 • Daily Chronicle [FR] 10:00 • Exercise [FR] 11:00 • Bowling [FR] 11:30 • Name Ten [FR] 1:30 • Garden Club [GH] 2:30 • Bingo 3:30 • Art&Craft [SR]	9:30 Documentary [FR] 10:00 Exercise [FR] 11:00 Basket Ball [FR] 11:30 Junk Draw Detective 2:00 Aromatherapy [RR]	Location Keys Family Room FR Green House GH Meyer Bistro MB Relaxtion Room RR Sun Room SR	