

October 2023

Vista at Simi Valley Memory Care Monthly Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Frisbee Golf 9:30 Morning Stretches 10:00 Infusion Bar 11:30 Treeval Word Game: US Presidents 2:00 World of Color 2:30 Chit Chat & Hydrate Social [LR] 2:30 Snacks [LR] 4:00 Green Thumb Gardeners 6:30 Prayer or group spiritual reading 7:00 Church Gathering and Worship 1	9:30 Zumba Gold 10:00 Infusion Bar 11:30 Taste-testing 1:15 Trivia Time [LR] 2:00 Soft pretzels 2:30 Chit Chat & Hydrate [DR] 2:30 Snacks [LR] 3:00 Bocce Ball [LR] 4:00 Seasonal Celebration 6:30 Sentimental Serenity 2	9:30 Kickball 10:00 Infusion Bar 11:30 Group Imagination 1:15 Reminiscing Circle [LR] 2:00 Aquapaint 2:30 Refreshments & Chatting 2:30 Snacks [LR] 3:00 Chair Basketball [LR] 4:00 Dirt cups 6:30 Mindfulness Meditation 7:00 Timeless Melodies Choir Club 3	9:30 TacTic Toss 10:00 Infusion Bar 11:30 Opposites 1:15 Arm Chair Travel To Paris [LR] 2:00 Collaborative Fairy Garden 2:30 Chit Chat & Hydrate [DR] 4:00 Patio Put-Put 6:30 Weekday Worship: Favorite Hymns 7:00 Chapter Chat 4	9:30 Bowling 9:30 Morning Stretches 10:00 Infusion Bar 11:30 This Day in History Discussion Group 2:00 Baking cookies 2:30 Bean Bag Baseball 2:30 Prize Bingo 2:30 Refreshments & Chatting 3:00 Prize Bingo [AR] 4:00 Sunshine and Sing-a-long 6:30 Chicken Soup for the Soul 5	9:30 Badminton 10:00 Infusion Bar 11:30 Jingle Jumble 1:00 Trips and Travels 1:15 Reminiscing Circle [LR] 2:00 Paint Pour 2:30 Chit Chat & Hydrate [DR] 2:30 HAPPY Hour - Live Entertainment 4:00 Uncorked 6:30 Music in Motion 7:00 Montessori Life 6	9:30 Throw Tic Tac Toe 10:00 Infusion Bar 11:30 A World of Good-News 1:00 Be Our Guest 1:15 Toss The Ball Trivia! [AR] 2:00 Puzzle Club 2:30 Refreshments & Chatting 2:30 Snacks [LR] 3:00 Making Jewlery [AR] 4:00 Beautiful Blossoms Game 6:30 Tablet for relaxation 7:00 Pass the Popcorn 7
9:30 Morning Stretches 9:30 Sittercise 10:00 Infusion Bar 11:30 Team's Choice Trivia 2:00 World of Color 2:30 Chit Chat & Hydrate Social [LR] 2:30 Snacks [LR] 4:00 Green Thumb Gardeners 6:30 Meditation Circle 7:00 Church Gathering and Worship 8	Columbus Day 9:30 Sit and Be Fit 10:00 Infusion Bar 11:30 MindStart Puzzling 1:15 Trivia Time [LR] 2:00 Washing dishes 2:30 Chit Chat & Hydrate [DR] 2:30 Snacks [LR] 3:00 Bocce Ball [LR] 4:00 Bird scaping: Attracting and Recognizing your Native Birds 6:30 Daily Devotions 9	9:30 Morning Stretch 10:00 Infusion Bar 11:30 Poetry Pals 1:15 Reminiscing Circle [LR] 2:00 Bookworm 2:30 Refreshments & Chatting 2:30 Snacks [LR] 3:00 Chair Basketball [LR] 4:00 Flag-colored parfaits 6:30 Prayer or group spiritual reading 7:00 Timeless Melodies Choir Club 10	9:30 Balance Boogie 10:00 Infusion Bar 11:30 Spelling Tray Day 1:15 Arm Chair Travel To Paris [LR] 2:00 Time to Shine 2:30 Chit Chat & Hydrate [DR] 4:00 Going out for ice cream 6:30 Daily Devotions 7:00 Chapter Chat 11	9:30 Morning Stretches 9:30 Table Ball / Table Pong 10:00 Infusion Bar 11:30 Dominos 2:00 Crafty Club: Newspaper Florals 2:30 Bean Bag Baseball 2:30 Prize Bingo 2:30 Refreshments & Chatting 3:00 Prize Bingo [AR] 4:00 Armchair Travel: Ireland 6:30 Music in Motion 12	9:30 Volleyball 10:00 Infusion Bar 11:30 Crosswords and puzzles 1:00 Trips and Travels 1:15 Reminiscing Circle [LR] 2:00 Crafty Club: Jewelry Making 2:30 Chit Chat & Hydrate [DR] 2:30 HAPPY Hour - Live Entertainment 4:00 Uncorked 6:30 Chicken Soup for the Soul 7:00 Montessori Life 13	9:30 Ageless Grace 10:00 Infusion Bar 11:30 A World of Good-News 1:00 Be Our Guest 1:15 Toss The Ball Trivia! [AR] 2:00 Puzzle Club 2:30 Refreshments & Chatting 2:30 Snacks [LR] 3:00 Making Jewlery [AR] 4:00 Go Team- Sports Hour 6:30 Sentimental Serenity 7:00 Pass the Popcorn 14
9:30 Morning Stretches 9:30 Shaker Dancing 10:00 Infusion Bar 11:30 Word Clue- fill in the blank 2:00 World of Color 2:30 Chit Chat & Hydrate Social [LR] 2:30 Snacks [LR] 4:00 Green Thumb Gardeners 6:30 Meditation Circle 7:00 Church Gathering and Worship 15	9:30 Croquet 10:00 Infusion Bar 11:30 Finishing Lyrics and Finishing Lines 1:15 Trivia Time [LR] 2:00 Residents Pick 2:30 Chit Chat & Hydrate [DR] 2:30 Snacks [LR] 3:00 Bocce Ball [LR] 4:00 Making mocktails 6:30 Mindfulness Meditation 16	9:30 Home Stretch Derby 10:00 Infusion Bar 11:30 Feel and Find 1:15 Reminiscing Circle [LR] 2:00 No-bake items 2:30 Refreshments & Chatting 2:30 Snacks [LR] 3:00 Chair Basketball [LR] 4:00 Going out for lunch 6:30 Tablet for relaxation 7:00 Timeless Melodies Choir Club 17	9:30 Aqua Toss 10:00 Infusion Bar 11:30 Daily Chronicles 1:15 Arm Chair Travel To Paris [LR] 2:00 Stamp Art 2:30 Chit Chat & Hydrate [DR] 4:00 Resident Spotlight: My History 6:30 Weekday Worship: Favorite Hymns 7:00 Chapter Chat 18	9:30 Baget Baseball 9:30 Morning Stretches 10:00 Infusion Bar 11:30 Word Storm 2:00 Creature Craft 2:30 Bean Bag Baseball 2:30 Prize Bingo 2:30 Refreshments & Chatting 3:00 Prize Bingo [AR] 4:00 Painting watercolor dreidels 6:30 Daily Devotions 19	9:30 HORSE 10:00 Infusion Bar 11:30 Name That Job 1:00 Trips and Travels 1:15 Reminiscing Circle [LR] 2:00 Community Store 2:30 Chit Chat & Hydrate [DR] 2:30 HAPPY Hour - Live Entertainment 4:00 Uncorked 6:30 Weekday Worship: Favorite Hymns 7:00 Montessori Life 20	9:30 Irish Chair Dance 10:00 Infusion Bar 11:30 A World of Good-News 1:00 Be Our Guest 1:15 Toss The Ball Trivia! [AR] 2:00 Puzzle Club 2:30 Refreshments & Chatting 2:30 Snacks [LR] 3:00 Making Jewlery [AR] 4:00 Taste of home 6:30 Sentimental Serenity 7:00 Pass the Popcorn 21
9:30 Morning Stretches 9:30 Octaband 10:00 Infusion Bar 11:30 Name That Tune 2:00 World of Color 2:30 Chit Chat & Hydrate Social [LR] 2:30 Snacks [LR] 4:00 Green Thumb Gardeners 6:30 Prayer or group spiritual reading 7:00 Church Gathering and Worship 22	9:30 Mimicked stretching 10:00 Infusion Bar 11:30 Tongue Twisters 1:15 Trivia Time [LR] 2:00 Community Chores 2:30 Chit Chat & Hydrate [DR] 2:30 Snacks [LR] 3:00 Bocce Ball [LR] 4:00 Welcome Wagon 6:30 Meditation Circle 23	9:30 Chair Dance 10:00 Infusion Bar 11:30 Link Think 1:15 Reminiscing Circle [LR] 2:00 Crafty Club: Picture Perfect 2:30 Refreshments & Chatting 2:30 Snacks [LR] 3:00 Chair Basketball [LR] 4:00 Tablet for a virtual aquarium or virtual pets 6:30 Chicken Soup for the Soul 7:00 Timeless Melodies Choir Club 24	9:30 Seated Qigong Tai Chi and Yoga 10:00 Infusion Bar 11:30 Word Search 1:15 Arm Chair Travel To Paris [LR] 2:00 Planning a parade float 2:30 Chit Chat & Hydrate [DR] 4:00 Friendly Formal 6:30 Tablet for relaxation 7:00 Chapter Chat 25	9:30 Bean Bag Toss 9:30 Morning Stretches 10:00 Infusion Bar 11:30 Flower suncatchers 2:00 Scratch and Design 2:30 Bean Bag Baseball 2:30 Prize Bingo 2:30 Refreshments & Chatting 3:00 Prize Bingo [AR] 4:00 Sunshine Social 6:30 Music in Motion 26	9:30 Meditation and Relaxation 10:00 Infusion Bar 11:30 National Museum of Modern and Contemporary Art: Korea Virtual Tour 1:00 Trips and Travels 1:15 Reminiscing Circle [LR] 2:00 Decorating Club 2:30 Chit Chat & Hydrate [DR] 2:30 HAPPY Hour - Live Entertainment 4:00 Uncorked 6:30 Mindfulness Meditation 7:00 Montessori Life 27	9:30 Bag Toss 10:00 Infusion Bar 11:30 A World of Good-News 1:00 Be Our Guest 1:15 Toss The Ball Trivia! [AR] 2:00 Puzzle Club 2:30 Refreshments & Chatting 2:30 Snacks [LR] 3:00 Making Jewlery [AR] 4:00 Armchair Travel: France 6:30 Daily Devotions 7:00 Pass the Popcorn 28
9:30 Free-Throw Competition 9:30 Morning Stretches 10:00 Infusion Bar 11:30 Dave Delivers Donuts in Denver 2:00 World of Color 2:30 Chit Chat & Hydrate Social [LR] 2:30 Snacks [LR] 4:00 Green Thumb Gardeners 6:30 Meditation Circle 7:00 Church Gathering and Worship 29	9:30 Basketball 10:00 Infusion Bar 11:30 Higher or Lower 1:15 Trivia Time [LR] 2:00 Sorting socks 2:30 Chit Chat & Hydrate [DR] 2:30 Snacks [LR] 3:00 Bocce Ball [LR] 4:00 Birthday Bash 6:30 Chicken Soup for the Soul 30	Halloween 9:30 Senior Stretch 10:00 Infusion Bar 11:30 History Highlights 1:15 Reminiscing Circle [LR] 2:00 Pampered Paws 2:30 Refreshments & Chatting 2:30 Snacks [LR] 3:00 Chair Basketball [LR] 4:00 Wacky Weeding 6:30 Weekday Worship: Favorite Hymns 7:00 Timeless Melodies Choir Club 31	 AT SIMI VALLEY *Find Balance *Give Back *Live Inspired *Seek Knowledge *Stay Strong Intellectual Physical Purposeful Social Location Keys Activity Room Dining Room Living Room AR DR LR			