

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday  |
|--|---|--|--|--|---|---|
| AT SIMI VALLEY   | <b>Location Keys</b><br>Activity Room AR<br>Dining Room DR<br>Living Room LR<br>Movie Theater MT<br>Patio P   | ♥ Emotional<br>⚡ Intellectual<br>↔ Physical<br>☆ Purposeful<br>🌿 Social<br>🦋 Spiritual   | "Strive not to be a success, but rather to be of value."<br>— Albert Einstein  | 9:30 ↔ Morning Stretches <b>1</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>2:30 🌿 Refreshments & Chatting<br>3:00 ⚡ Prize Bingo [AR]  | 9:30 ↔ Marching Into Fitness with Arthur <b>2</b><br>9:30 ↔ Sit and Stretch [AR]<br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ☆ Reminiscing Circle [LR]<br>2:30 🌿 Banana Split Social [P]<br>2:30 🌿 Chit Chat & Hydrate [DR]<br>3:00 ⚡ Coloring Cafe [DR]   | 9:30 ↔ Chair Yoga [AR] <b>3</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ↔ Toss The Ball Trivia! [AR]<br>2:30 🌿 Refreshments & Chatting<br>3:00 ⚡ Pairing Socks [LR]  |
| <b>Independence Day 4</b><br>9:30 ↔ Morning Stretches<br>10:30 Movie: Yankee Doodle Dandy (James Cagney) & Popcorn [MT]<br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:30 🦋 Cornerstone Church Service<br>2:30 🌿 Chit Chat & Hydrate Social [LR]<br>2:30 ☆ Stars & Stripes Carnival<br>6:00 🍦 Ice Cream Social<br>6:30 🎸 Live Music w/ Mike & Mandy - PL<br>7:30 ♥ Virtual Fire Works | 9:30 ↔ Sit and Stretch [AR] <b>5</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ⚡ Trivia Time [LR]<br>2:30 🌿 Chit Chat & Hydrate [DR]<br>3:00 ↔ Bocce Ball [LR]   | 9:30 ↔ Chair Yoga [AR] <b>6</b><br>10:30 ⚡ Jewelry Making<br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ☆ Reminiscing Circle [LR]<br>2:30 🌿 Refreshments & Chatting<br>3:00 🌿 Chair Basketball [LR]   | 9:30 ↔ Sit and Stretch [AR] <b>7</b><br>10:30 ☆ Mani and Chat [AR]<br>11:30 ☆ Men's Club<br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ⚡ Arm Chair Travel To Paris [LR]<br>2:30 ♥ Arm Chair Travel To The Netherlands [MT]<br>2:30 🌿 Banana Split Social [DR]<br>3:00 ↔ Noodle Balloon [LR] | 9:30 ↔ Morning Stretches <b>8</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>2:30 🌿 Refreshments & Chatting<br>3:00 ⚡ Prize Bingo [AR]  | 9:30 ↔ Marching Into Fitness with Arthur <b>9</b><br>9:30 ↔ Sit and Stretch [AR]<br>11:30 ☆ Men's Club<br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ☆ Reminiscing Circle [LR]<br>2:30 🌿 Banana Split Social [P]<br>2:30 🌿 Chit Chat & Hydrate [DR]<br>3:00 ⚡ Coloring Cafe [DR]                   | 9:30 ↔ Chair Yoga [AR] <b>10</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ↔ Toss The Ball Trivia! [AR]<br>2:30 🌿 Refreshments & Chatting<br>3:00 ⚡ Pairing Socks [LR] |
| 9:30 ↔ Morning Stretches <b>11</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:30 🦋 Cornerstone Church Service<br>2:30 🌿 Chit Chat & Hydrate Social [LR]   | 9:30 ↔ Sit and Stretch [AR] <b>12</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ⚡ Trivia Time [LR]<br>2:30 🌿 Chit Chat & Hydrate [DR]<br>3:00 ↔ Bocce Ball [LR]  | 9:30 ↔ Chair Yoga [AR] <b>13</b><br>10:30 ⚡ Stars and Stripes Jewelry Making<br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ☆ Reminiscing Circle [LR]<br>2:00 ♥ Love On A Leash [LR]<br>2:30 🌿 Refreshments & Chatting<br>3:00 🌿 Chair Basketball [LR] | 9:30 ↔ Sit and Stretch [AR] <b>14</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ⚡ Arm Chair Travel To Paris [LR]<br>2:30 ♥ Arm Chair Travel To Japan [MT]<br>2:30 🌿 Chit Chat & Hydrate [DR]<br>3:00 ↔ Noodle Balloon [LR]  | 9:30 ↔ Morning Stretches <b>15</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>2:30 🌿 Refreshments & Chatting<br>3:00 ⚡ Prize Bingo [AR]                                       | 9:30 ↔ Marching Into Fitness with Arthur <b>16</b><br>9:30 ↔ Sit and Stretch [AR]<br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ☆ Reminiscing Circle [LR]<br>— 🌿 Banana Split Social [LR]<br>2:30 🌿 Chit Chat & Hydrate [DR]<br>3:00 ⚡ Coloring Cafe [DR]  | 9:30 ↔ Chair Yoga [AR] <b>17</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ↔ Toss The Ball Trivia! [AR]<br>2:30 🌿 Refreshments & Chatting<br>3:00 ⚡ Pairing Socks [LR] |
| 9:30 ↔ Morning Stretches <b>18</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:30 🦋 Cornerstone Church Service<br>2:30 🌿 Chit Chat & Hydrate Social [LR]   | 9:30 ↔ Sit and Stretch [AR] <b>19</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ⚡ Trivia Time [LR]<br>2:30 🌿 Chit Chat & Hydrate [DR]<br>3:00 ↔ Bocce Ball [LR]  | 9:30 ↔ Chair Yoga [AR] <b>20</b><br>10:30 ⚡ Jewelry Making<br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ☆ Reminiscing Circle [LR]<br>2:30 🌿 Refreshments & Chatting<br>3:00 🌿 Chair Basketball [LR]  | 9:30 ↔ Sit and Stretch [AR] <b>21</b><br>10:30 ☆ Mani and Chat [AR]<br>11:30 ☆ Men's Club<br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ⚡ Arm Chair Travel To Paris [LR]<br>2:30 ♥ Arm Chair Travel To The London [MT]<br>2:30 🌿 Chit Chat & Hydrate [DR]<br>3:00 ↔ Noodle Balloon [LR]     | 9:30 ↔ Morning Stretches <b>22</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>2:30 🌿 Refreshments & Chatting<br>3:00 ⚡ Prize Bingo [AR]                                       | 9:30 ↔ Marching Into Fitness with Arthur <b>23</b><br>9:30 ↔ Sit and Stretch [AR]<br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ☆ Reminiscing Circle [LR]<br>2:30 🌿 Chit Chat & Hydrate [DR]<br>3:00 ⚡ Coloring Cafe [DR]<br>3:00 July Birthday Celebration  | 9:30 ↔ Chair Yoga [AR] <b>24</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ↔ Toss The Ball Trivia! [AR]<br>2:30 🌿 Refreshments & Chatting<br>3:00 ⚡ Pairing Socks [LR] |
| 9:30 ↔ Morning Stretches <b>25</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:30 🦋 Cornerstone Church Service<br>2:30 🌿 Chit Chat & Hydrate Social [LR]   | 9:30 ↔ Sit and Stretch [AR] <b>26</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ⚡ Trivia Time [LR]<br>1:30 Inspirational Talk with Military Veteran<br>2:30 🌿 Chit Chat & Hydrate [DR]<br>3:00 ↔ Bocce Ball [LR] | 9:30 ↔ Chair Yoga [AR] <b>27</b><br>10:30 ⚡ Jewelry Making<br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ☆ Reminiscing Circle [LR]<br>2:00 ♥ Love On A Leash [LR]<br>2:30 🌿 Refreshments & Chatting<br>3:00 🌿 Chair Basketball [LR]                   | 9:30 ↔ Sit and Stretch [AR] <b>28</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ⚡ Arm Chair Travel To Paris [LR]<br>1:15 Writing to the Troops<br>2:30 ♥ Arm Chair Travel To Ireland [MT]<br>2:30 🌿 Fruit Skewers and Chat [DR]<br>3:00 ↔ Noodle Balloon [LR]                           | 9:30 ↔ Morning Stretches <b>29</b><br>10:00 Ronald Reagan Library Outing<br>11:30 ♥ Sing Alongs with Susie [AR]<br>2:30 🌿 Refreshments & Chatting<br>3:00 ⚡ Prize Bingo [AR] | 9:30 ↔ Marching Into Fitness with Arthur <b>30</b><br>9:30 ↔ Sit and Stretch [AR]<br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ☆ Reminiscing Circle [LR]<br>2:30 🌿 Chit Chat & Hydrate [DR]<br>3:00 ⚡ Coloring Cafe [DR]<br>3:30 ♥ Live Music w/ Matt Barber [DR]<br>3:30 🌿 Summer Tea Party [DR] | 9:30 ↔ Chair Yoga [AR] <b>31</b><br>11:30 ♥ Sing Alongs with Susie [AR]<br>1:15 ↔ Toss The Ball Trivia! [AR]<br>2:30 🌿 Refreshments & Chatting<br>3:00 ⚡ Pairing Socks [LR] |