



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Resident Birthdays</b> Kathryn G. 3/14 Bessie C. 3/21 Jerry H. 3/22 Mary K. 3/22 Margaret K. 3/22 Norma H. 3/22 Elsie P. 3/22 Bill V. 3/26	9:30 Morning Social Hour [D] <b>1</b> 10:30 Chair Yoga [AR] 11:15 IN2L: Mardi Gras [AR] 2:00 Mardi Gras Social [L] 3:15 Patio Hour [L] 7:00 Coloring Mandalas [AR]	9:30 Morning Social Hour [D] <b>2</b> 10:30 Fun and Fitness [AR] 11:15 Donuts and Morning Chat [LR] 2:00 Craig Anders Sings [D] 4:00 Whine Wine Down Wednesday [L] 7:00 Puzzle Time [AR]	9:30 Morning Social Hour [D] <b>3</b> 10:30 Aromatherapy and Hand Massages 2:00 Rehabilitation Exercise With Helen [AR] 3:00 Helping Hands Group [L] 7:00 Coloring Mandalas [AR]	9:30 Morning Social Hour [D] <b>4</b> 10:30 Sit and Be Fit [L] 11:30 Trip: Lunch Outing at Cooper's Hawk 2:00 Feature Friday: The Starling [TR] 4:00 Happy Hour [L] 7:00 Card Games [AR]	9:30 Morning Social Hour [D] <b>5</b> 10:30 Walking Club 2:00 Activity Packet [AR] 3:30 Game Time [AR] 7:00 Connect Four [AR]
9:30 Morning Social Hour [D] <b>6</b> 10:30 Walking Club [AR] 11:15 Golden Girls Show [AR] 1:30 Sunday Worship [AR] 3:30 Game Time [AR] 7:00 Puzzle Time [GR]	9:30 Morning Social Hour [D] <b>7</b> 10:30 Trip: Scenic Drive Around Town 2:00 Rehabilitation Exercise With Helen [AR] 3:15 Resident Council (All Residents) [L] 7:00 Wheel of Fortune & Jeopardy	9:30 Morning Social Hour [D] <b>8</b> 10:30 Chair Yoga [AR] 11:15 IN2L: Reminiscing [AR] 2:00 Spring into Spring Social [L] 3:15 Patio Hour [L] 7:00 Coloring Mandalas [AR]	8:30 Trip: Ladies' Breakfast Outing at First Watch 9:30 Morning Social Hour [D] 10:30 Fun and Fitness [AR] 11:15 Pastries and Morning Chat [LR] 2:00 Music Performance [D] 4:00 Whine Wine Down Wednesday [L] 7:00 Puzzle Time [AR]	9:30 Morning Social Hour [D] <b>10</b> 10:30 Crafter's Corner: Four Leaf Clover Pin [ACR] 2:00 Rehabilitation Exercise With Helen [AR] 3:15 Patio Hour [L] 7:00 Coloring Mandalas [AR]	9:30 Morning Social Hour [D] <b>11</b> 10:30 Sit and Be Fit [AR] 11:15 Ladies' Group [LR] 1:30 Trip: Virginia Museum of Fine Arts 4:00 Happy Hour [L] 7:00 Card Games [AR]	9:30 Morning Social Hour [D] <b>12</b> 10:30 Walking Club 2:00 Activity Packet [AR] 3:30 Game Time [AR] 7:00 Connect Four [AR]
<b>Daylight Saving Time Begins</b> <b>13</b> 9:30 Morning Social Hour [D] 10:30 Walking Club [AR] 11:15 Golden Girls Show [AR] 1:30 Sunday Worship [AR] 3:30 Game Time [AR] 7:00 Puzzle Time [GR]	9:30 Morning Social Hour [D] <b>14</b> 10:30 Trip: Scenic Drive Around Town 2:00 Rehabilitation Exercise With Helen [AR] 3:15 Blackout Bingo [AR] 7:00 Wheel of Fortune & Jeopardy	9:30 Morning Social Hour [D] <b>15</b> 10:30 Chair Yoga [AR] 11:15 IN2L: Virtual Travel to Ireland [AR] 2:00 Movie and Refreshments: P.S. I Love You [TR] 7:00 Coloring Mandalas [AR]	9:30 Morning Social Hour [D] <b>16</b> 10:30 Fun and Fitness [AR] 11:15 Fresh Fruit and Morning Chat [LR] 2:00 Joe Loscihavo on the Piano [D] 4:00 Whine Wine Down Wednesday [L] 7:00 Puzzle Time [AR]	<b>St. Patrick's Day</b> <b>17</b> 9:30 Morning Social Hour [D] 10:30 Baking Hour: Green Mint Chocolate Chip Cookies [L] 2:00 Rehabilitation Exercise With Helen [AR] 3:00 St. Patrick's Day Social [L] 7:00 Coloring Mandalas [AR]	9:30 Morning Social Hour [D] <b>18</b> 10:30 Sit and Be Fit [AR] 11:30 Trip: Lunch Outing at P.F. Changs 2:00 Paint, Wine and Good Times [AR] 4:00 Happy Hour [L] 7:00 Card Games [AR]	9:30 Morning Social Hour [D] <b>19</b> 10:30 Walking Club 2:00 Activity Packet [AR] 3:30 Game Time [AR] 7:00 Connect Four [AR]
9:30 Morning Social Hour [D] <b>20</b> 10:30 Walking Club [AR] 11:15 Golden Girls Show [AR] 1:30 Sunday Worship [AR] 3:30 Game Time [AR] 7:00 Puzzle Time [GR]	9:30 Morning Social Hour [D] <b>21</b> 10:30 Trip: Scenic Drive Around Town 2:00 Rehabilitation Exercise With Helen [AR] 3:15 Blackout Bingo [AR] 7:00 Wheel of Fortune & Jeopardy	9:30 Morning Social Hour [D] <b>22</b> 10:30 Chair Yoga [AR] 11:15 IN2L: Word Games [AR] 2:00 Resident Birthday Celebration [L] 3:15 Patio Hour [AR] 7:00 Coloring Mandalas [AR]	8:30 Trip: Men's Breakfast Outing to Joe's Inn 9:30 Morning Social Hour [D] 10:30 Fun and Fitness [AR] 11:15 Donuts and Morning Chat [LR] 2:00 Chesterfield Historical Society Presents: Historic Coal Mines of Chesterfield [TR] 4:00 Whine Wine Down Wednesday [L] 7:00 Puzzle Time [AR]	9:30 Morning Social Hour [D] <b>24</b> 10:30 Crafter's Corner: Spring is in the Air [ACR] 2:00 Rehabilitation Exercise With Helen [AR] 3:15 Patio Hour [L] 7:00 Coloring Mandalas [AR]	9:30 Morning Social Hour [D] <b>25</b> 10:30 Sit and Be Fit [AR] 11:15 Men's Group [AR] 1:30 Trip: Ice Cream at Bruster's 4:00 Happy Hour [L] 7:00 Card Games [AR]	9:30 Morning Social Hour [D] <b>26</b> 10:30 Walking Club 2:00 Activity Packet [AR] 3:30 Game Time [AR] 7:00 Connect Four [AR]
9:30 Morning Social Hour [D] <b>27</b> 10:30 Walking Club [AR] 11:15 Golden Girls Show [AR] 1:30 Sunday Worship [AR] 3:30 Game Time [AR] 7:00 Puzzle Time [GR]	9:30 Morning Social Hour [D] <b>28</b> 10:30 Trip: Scenic Drive Around Town 2:00 Rehabilitation Exercise With Helen [AR] 3:15 Blackout Bingo [AR] 7:00 Wheel of Fortune & Jeopardy	9:30 Morning Social Hour [D] <b>29</b> 10:30 Chair Yoga [AR] 11:15 IN2L: Trivia [AR] 2:00 Baseball Opening Day Social [L] 3:15 Patio Hour [L] 7:00 Coloring Mandalas [AR]	9:30 Morning Social Hour [D] <b>30</b> 10:30 Fun and Fitness [AR] 11:15 Muffins and Morning Chat [LR] 2:00 John Ellis Performs [D] 4:00 Whine Wine Down Wednesday [L] 7:00 Puzzle Time [AR]	9:30 Morning Social Hour [D] <b>31</b> 10:30 Aromatherapy and Hand Massages 2:00 Rehabilitation Exercise With Helen [AR] 3:00 Virtual Book Reading to Ecoff Elementary [AR] 7:00 Coloring Mandalas [AR]	<b>Location Keys</b> Activity Room AR Arts & Craft Room (upstairs) ACR Dining area D Game room (upstairs) GR Library (downstairs) LR Lounge (upstairs) L Theater (upstairs) TR  Safety first at all our events: Temperature screening & safety protocols will be in place. Masks are required.	