

COVID-19 MUTUAL AID NEEDS FOR NATIVE FAMILIES IN RAPID CITY, SD

To contribute financially, please see the fundraisers listed at bottom of this document.

Please send **new** items from this list to the following address. *Pilamaya* (thank you)!

Meals for Relatives/COVID-19 Relief

303 St. Cloud St. #1

Rapid City, South Dakota 57701

List of needs:

Personal Protective Equipment (PPE)

- Masks of all grades and styles
- Face shields
- Children sized masks
- Hand soaps
- Hand sanitizer
- Latex gloves
- Protective eyewear
- Full-body PPE (for making deliveries)

Health & Medicines

- Pulse oximeter
- Thermometer
- Tylenol for adults and children
- Cough remedies like syrup, drops, sprays
- Paper and plastic ware - utensils, bowls, plates
- Washcloths
- Body wipes
- Feminine hygiene products
- Essential oils and blends - mints, citrus and tea tree, azilya cedar, bear root, mullein and sage;
- Diffusers for essential oils
- Vick's rub and vapors
- Warm steam diffuser or humidifier (each room)
- Teas - any kind, but especially ginger, lemon, ceyaka (wild mint), mullein, cedar (1 cup daily, half cup for kids),
- Vitamins - multi-vitamins, zinc, vitamin c and vitamin d
- Tea kettles
- Buffalo bone broth
- Elderberry elixir
- Fire cider
- Pedialyte

Food/Misc.

- Water
- Food esp nuts and trail mixes, breakfast and snack bars, crackers, chocolate.
- Fresh meat
- Fresh produce
- Fermented foods
- Dry goods like rice and beans

Household Items

- Bleach
- Surface wipes
- Alcohol wipes/solution for keys, hands and devices
- Dish soap
- Trash bags
- Shampoo and conditioner
- Laundry detergent
- Body wash
- Empty spray bottles/refillable spray bottles
- Bleach or hydrogen peroxide based cleaner for surfaces
- Hand lotion
- Baby wipes
- Diapers
- Flushable wipes
- Toilet paper
- Paper towels
- New bedding: towels, sheets, pillows
- Toothbrushes and mouthwash for adults and children
- Toys for children, board games
- Journals and notebooks
- Batteries
- Lighters
- Books
- Streaming services
- Electronic devices
- Tents
- Canopies
- Sleeping bags
- Toilet wands and cleaners

Misc.

- Rent and utility money
- Unemployment insurance

To donate financially:

https://www.paypal.com/pools/c/8piSEE5dZF?fbclid=IwAR0Fz_s_FhNI6mygvqRSh56rJU-zhV1SUAON0RL7bXxyuyAm-r7oRDvkwmQ

Or

https://www.gofundme.com/f/covid19-relief-for-natives-in-rapid-city-sd?fbclid=IwAR3Zg__7B-AIKK2Hw6Qki-CMdst2F1_FPNu6Os8ajyB-LWZ0_jRdTt509Z8