

# SmithRx Step Therapy List



Effective January 1, 2020

**Not all benefit plans include the Step Therapy program. Check your plan materials to see if this information applies to you.**

## What is Step Therapy?

The Step Therapy program is a quality and safety program that can help you lower your medication costs. Many medical conditions can be treated using a variety of medications. In some cases, there is a very large difference in cost among the medications, but only a little difference in the way the medications work. Step Therapy requires members to try cost-effective “first-choice” medications before try (or “stepping up to”) more expensive “second choice” medications. Many people find the first-choice medications work just as well for them.

We base the Step Therapy program on U.S. Food and Drug Administration and manufacturer dosing guidelines, medical literature, safety, accepted medical practice, appropriate use and benefit design.

## What if my doctor says a first-choice drug isn't right for me?

If your doctor decides that a first-choice medication is not right for you and prescribes a second-choice medication, please have your doctor submit a prior authorization to SmithRx.

## What happens at the pharmacy?

The pharmacist enters your prescription into the computer system. If your prescription is a second-choice medication, the system will check your claims history. If you have filled prescriptions for first-choice medications within the previous six months, the pharmacist will fill your prescription for your second-choice medication.

If you are required to try a first-choice medication, you have three options:

- You or your pharmacist can call your doctor to change your prescription to a first-choice medication.
- You can pay full price for your second choice medication prescription.
- You or your pharmacist can ask your doctor to request a medical necessity exception.

If your plan approves the request, it will cover your prescription. If your plan does not approve the request, you can still choose another option. You and your doctor make the final decision about the medication that is right for you.

Your benefit document defines actual benefits available and may exclude coverage for certain drugs listed here. Check your benefit information to verify coverage or view your personal benefit information on our website. This list may contain trademarks or registered trademarks of pharmaceutical manufacturers that are not affiliated with your health plan. This list can change or expand from time to time without prior notice. When we list brand-name drugs, programs can also apply to any available generic equivalents.

<b>BRAND NAME</b>	<b>ST CRITERIA</b>
<b>ALL OTHER DERMATOLOGICALS</b>	
TACROLIMUS	One Generic Corticosteroid (topical)
ELIDEL	
PIMECROLIMUS	
EUCRISA	
BENZACLIN	
VELTIN	Must try and fail: clindamycin/benzoyl peroxide, clindamycin <b>AND</b> Tretinoin, Acanya, Onexton
<b>AMPHETAMINE PREPARATIONS</b>	
EVEKEO	Trial and Failure of any 2 preferred CNS stimulants
ADDERALL XR	
MYDAYIS	
ZENZEDI	
DESOXYN	
DYANAVAL XR	
ADZENYS	
DEXEDRINE	
<b>ANESTHETIC LOCAL TOPICAL</b>	
LMR PLUS	Trial and failure of at lidocaine patches
AGONEAZE	Trial/failure of individual components (lidocaine and prilocaine)
ANODYNE LPT	
DERMACINRX	
LEVA SET	
LIDO-PRILO CAINE PACK	
LIDOCAINE-PRILOCAINE	
LIDOPRIL	
LIPROZONEPAK	
LIVIXIL PAK	
LP LITE PAK	
MEDOLOR PAK	
NUVAKAAN	
PRIKAAN	
PRILOLID	
PRILOVIX	
PRIZOTRAL	
RELADOR PAK	
ZILACAINE PATCH	Trial/failure of topical lidocaine
<b>ANTI-ULCER PREPS/GASTROINTESTINAL PREPS</b>	
DEXILANT	Must try one generic proton pump inhibitor
ACIPHEX	Must try: two generic proton pump inhibitors
NEXIUM	
PREVACID	
PRILOSEC	
PROTONIX	

BRAND NAME	ST CRITERIA
ZEGERID	Must try: two generic proton pump inhibitors
ESOMEPRAZOLE STRONTIUM	
OMEPRAZOLE-SODIUM BICARBONATE	
LANSOPRAZOL-AMOXICIL-CLARITHRO	Trial/failure of individual components (Lansoprazole/Amoxicillin Trihydrate/Clarithromycin)
PREVPAC	
<b>ANTIARTHRITICS</b>	
VIMOVO	Trial and failure of generic naproxen <b>AND</b> omeprazole (Rx or OTC)
FEBUXOSTAT	Must try: Allopurinol
ULORIC	
MITIGARE	Must try: Colcrys
INFLATHERM(DICLOFENAC-MENTHOL)	Trial and failure of individual components (diclofenac sodium and camphor)
DICLOFENAC EPOLAMINE	Trial and failure of oral and topical diclofenac
DICLOSAICIN	
VAROPHEN	
<b>ANTICOAGULANTS</b>	
PRADAXA	Must try and fail one: Eliquis, Xarelto
SAVAYSA	
<b>ANTICONVULSANTS</b>	
QUDEXY XR	Must try: Topiramate IR
TOPIRAMATE ER	
TROKENDI XR	
VALTOCO	Trial and failure of oral diazepam
<b>ANTIHISTAMINES</b>	
RYVENT	Must try: generic carbinoxamine or preferred antihistamine (Rx only)
DEXCHLORPHENIRAMINE MALEATE	Trial and failure of diphenhydramine
<b>ANTINEOPLASTICS</b>	
PICATO	Must try: topical fluorouracil or imiquimod
<b>ANTIPARASITICS</b>	
NATROBA	Must try: Permethrin
OVIDE	
SKLICE	
ULESFIA	
<b>ANTISPASMODIC AND ANTICHOLINERGIC AGENTS</b>	
GELNIQUE	Must try 2 generics: Oxybutynin IR/ER and Tolterodine IR/ER
OXYTROL	

BRAND NAME		ST CRITERIA
<b>ANTIVIRALS</b>		
ATRIPLA	Must try and fail one: Biktarvy, Genvoya, Odefsey, Stribild, Symfi, Symfi Lo, Triumeq	
<b>ATARACTICS-TRANQUILIZERS</b>		
GEODON	Must try TWO of the following: olanzapine, quetiapine/quetiapine ER, risperidone/risperidone ODT, aripiprazole	
FANAPT		
INVEGA		
<b>BRONCHIAL DILATORS</b>		
LEVALBUTEROL TARTRATE HFA	Must try and fail Proair HFA, ProAir Respiclick, Ventolin HFA	
PROVENTIL HFA		
XOPENEX HFA		
INCRUSE ELLIPTA	Must try and fail Spiriva	
SEEBRI NEOHALER		
TUDORZA PRESSAIR		
ZILEUTON ER	Must try: montelukast or zafirlukast	
ZYFLO		
<b>CNS STIMULANTS</b>		
QUILLIVANT XR	Trial and Failure of TWO preferred CNS Stimulants	
COTEMPLA XR-ODT		
DAYTRANA		
APTENSIO XR		
CONCERTA		
METHYLIN		
QUILLICHEW ER		
JORNAY PM	Step 1: Trial and failure of generic methylphenidate Step 2 Trial and failure of 1 other preferred CNS stimulants	
ADHANSIA XR		
<b>DIABETIC THERAPY</b>		
ACTOPLUS MET XR	Must try: Metformin or Thiazolidinedione (generics only)	
ADMELOG	Must try and fail: Humalog vials, Humalog cartridges, or Humalog prefilled insulin devices	
APIDRA		
FIASP		
INSULIN ASPART		
NOVOLOG		
NOVOLIN	Must try and fail one: Humulin N, Humulin R. Humulin 70/30	
ADLYXIN	Must try and fail TWO: Bydureon, Bydureon Bcise, Byetta, Ozempic, Trulicity	

BRAND NAME		ST CRITERIA
<b>DIABETIC THERAPY</b>		
TANZEUM	VICTOZA	Must try and fail TWO: Bydureon, Bydureon Bcise, Byetta, Ozempic, Trulicity
INVOKAMET		
INVOKANA	SEGLUROMET	Must try and fail two: Farxiga, Xigduo XR, Jardiance, Synjardy/XR
STEGLATRO		
ALOGLIPTIN		
ALOGLIPTIN-METFORMIN		
KAZANO	KOMBIGLYZE XR	Must try and fail two: Januvia, Janumet, Janumet XR, Tradjenta, Jentadueto, Jentadueto XR
NESINA		
ONGLYZA		
INSULIN LISPRO		
BAQSIMI	Must try Novolog AND Humalog	
Trial and failure of glucagon and glucagen		
<b>DIAGNOSTICS</b>		
NON-PREFERRED TEST STRIPS	Must try and fail LIFESCAN: OneTouch Ultra, OneTouch Verio	
<b>ESTROGENS</b>		
CLIMARA PRO	Must try and fail Combipatch	
<b>GLUCOCORTICOIDS</b>		
AEROSPAN	ALVESCO	Must try and fail one: Arnuity Ellipta, Asmanex HFA and Twisthaler, Flovent Diskus/HFA, Pulmicort
CLODERM		
CLODAN	Trial and failure of one topical, generic corticosteroid	
FLUOVIX	Trial and failure of generic clobetasol	
Trial and failure of generic fluocinonide		
<b>LIPOTROPICS</b>		
ALTOPREV	CRESTOR	Must try one generic statin
FLOLIPID		
LESCOL XL		
LIPITOR		
PRAVACHOL		
ZOCOR		
SIMVASTATIN		
EZALLOR SPRINKLE	Trial and failure of two generic statins	
<b>MEDICAL SUPPLIES</b>		
LIDO BDK	Trial/failure of individual components (lidocaine and prilocaine)	
<b>MISCELLANEOUS</b>		
ATELVIA	Must try: alendronate or alendronate solution	
GRALISE	Must try: Gabapentin	

BRAND NAME		ST CRITERIA
<b>MUSCLE RELAXANTS</b>		
AMRIX	MUST TRY CYCLOBENZAPRINE GENERIC	
NORGESIC FORTE	Trial/failure of individual components (orphenadrine citrate, aspirin, and caffeine tablets)	
ORPHENADRINE-ASPIRIN-CAFFEINE		
ORPHENGESIC FORTE		
<b>NON-OPIOID ANALGESICS</b>		
TREXIMET	Sumatriptan and ANY NSAID (Rx ONLY)	
ONZETRA XSAIL	Trial and failure of two preferred serotonin 5HT1 Agonists	
AMERGE		
AXERT		
FROVA		
IMITREX		
MAXALT		
SUMAVEL DOSEPRO		
ZOMIG		
TOSYMRA		
<b>OPHTHALMIC PREPARATIONS</b>		
VYZULTA	Must try and fail one: latanoprost, travoprost, Lumigan, Travatan Z	
XALATAN		
ZIOPTAN		
<b>OTHER ANTIBIOTICS</b>		
AKTIPAK	Must try and fail one: clindamycin/benzoyl peroxide, clindamycin <b>AND</b> tretinoin, Acanya, Onexton	
<b>OTHER ANTIHYPERTENSIVES</b>		
PRESTALIA	Must try amlodipine or perindopril	
<b>OTHER CARDIOVASCULAR PREPS</b>		
INDERAL XL	Must try propranolol ER generics	
INNOPRAN XL		
CORLANOR	Trial and failure of at least one beta blocker	
KATERZIA	Trial/failure of tablet formulation	
<b>PSYCHOSTIMULANTS-ANTIDEPRESSANTS</b>		
KAPVAY	Trial and Failure of 2 preferred CNS Stimulants	
DRIZALMA SPRINKLE	Trial and failure of generic duloxetine oral capsule	

<b>BRAND NAME</b>	<b>ST CRITERIA</b>
<b>SEDATIVE NON-BARBITURATE</b>	
RAMELTEON	Must try: eszopiclone, generic zolpidem, or zaleplon
ROZEREM	
BELSOMRA	
AMBIEN	
ZOLPIMIST	
AMBIEN CR	Must try: eszopiclone, generic zolpidem, or zaleplon
SONATA	
EDLUAR	Must try: Zolpidem or Ambien
INTERMEZZO	
LUNESTA	Must try: generic zolpidem or zaleplon
<b>TETRACYCLINES</b>	
ACTICLATE	Must try 2 doxycycline generics
TARGADOX	
VIBRAMYCIN	
COREMINO	Must try 2 immediate release generic tetracycline products
DOXYCYCLINE HYCLATE	
MINOCYCLINE HCL ER	