



Senior Ministry News

Senior Luncheon!!

“Luau Luncheon:” Fri., July 30, 11am-1pm, in the Edge, Vista Campus, \$8 donation. Join us for our annual celebration of summer with a Hawaiian laid back feel. Put on your favorite Aloha attire for an extra raffle ticket! We have a jazz trio to entertain us. Pastor Paul will continue his devotion on prayer. Lunch will be a mini feast of teriyaki chicken, rice, Hawaiian sweet bread and more! Registrations are required. To RSVP, call (760) 330-9107, respond to your Teleteam caller or email cathyd@northcoastchurch.com.

Best Yet, Winning in the 4th Quarter

Most football games are won or lost in the 4th quarter. Life is no different. Retirement and aging are not a negative, the game is not over, and you still have some touchdowns to score! Join Dr. Charlie Bradshaw for a 7-hr. interactive experience that will help you score those ‘touchdowns’. Options include two half days: Fridays, July 16 & 23, 8:30-11:45am or one full day: Fri., Aug. 20, 8:30am-4pm. \$30/person or \$50/couple. Register online at northcoastchurch.com/classes.

Where’s the Hot Sheet?

If you would like to know what is going on at North Coast every week, just get on Cathy’s list to get the Hot Sheet as an email. It is also available online, look for it under News and Events.

Are you a Single Senior?

We are beginning a group for you! To be included, contact Cathy.

Singing Seniors

Retired with time on your hands? Join us!!! Teams go out every Wed. morning to sing to the residents of local nursing homes. It is a rewarding way to brighten the days of others while you meet new friends! Optional lunch together afterwards. Contact Karen at SingingSeniors@cox.net or call (760) 402-3062.

For more information, contact Cathy DiCato at (760) 724-6700 x231 or email cathyd@northcoastchurch.com.

Worship!

Country Gospel: North Coast's very own Tom Cunningham is keeping the Country Gospel worship option alive right from his home! You can join in worship before you watch the sermon during his Facebook Livestreams every Saturday at 5:30pm and Sunday at 10:30am and 5:30pm.

Go to <http://www.tomcunninghamsongs.com/>.

North Coast Worship Sets: Did you know that the North Coast Worship Teams have a YouTube channel? If you are looking for a recorded worship set, check out https://www.youtube.com/playlist?list=PLjDcXkc871Onnh8gUSyZRpWx_iYuo37P7.

India

Children's Bible Clubs

How do you transform a nation of 1+ billion? You start with one child. India is home to boys and girls with tremendous needs. Child labor, illiteracy, child marriage and the oppressive caste system are just some of the challenges they face every day. That's where Mission India's Children's Bible Clubs (and you!) come in. These 10-day clubs give kids the chance to just be kids—play games, sing songs, hear stories, make new friends and smile. At the Children's Bible Clubs, girls and boys are transformed as they discover the love of Jesus. One changed life can ripple out to impact an entire community. For more info, go to missionindia.org.

Prepare 2 Care

How do we equip families to care for aging loved ones before home care or residential assistance is needed? Prepare 2 Care has a website with tons of information and resources to make life easier for seniors and caregivers. If you sign up for Prepare 2 Care's email newsletter, they'll send you a great Vital Information Form that you can fill out for your loved one. Caregiving is hard, Prepare 2 Care gives you tips to help. Go to Prepare2care.co.

Looking Ahead

Senior Luncheon: Friday, August 26, 11am-1pm, the Edge, Vista Campus, \$8 donation, registrations are required. Mark your calendars for Super Salsa Summer! If you would like to be called by a member of our Teleteam, please let Cathy know.

Laughs of the Month

Sound Familiar?

I find these days that most of my conversations start out with “did I tell you this already?” or “what was I going to say?”

I finally did it! I bought a new pair of shoes with memory foam insoles. No more forgetting why I walked into the kitchen.

When I say, “The other day,” I could be referring to any time between yesterday and 15 years ago.

Age 60 might be the new 40, but 9:00 is the new midnight.