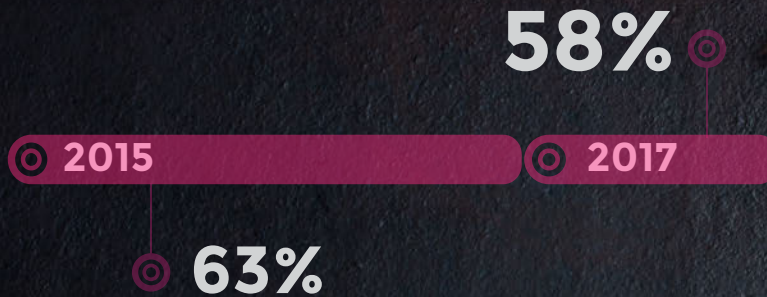


Are Consumers Eating More or Less Healthfully When Dining Out?

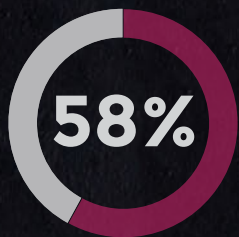
Dining out has historically been a time to celebrate and indulge. The perception of dining out as involving inevitable health and wellness compromise seems to be declining, however, as more healthful options proliferate.

The Majority of Consumers Believe That They Eat Less Healthfully When Dining Out



Why? More consumers are blaming lack of choices and transparency about health and wellness at restaurants for eating less healthfully.

Reasons for Eat Less Healthfully When Dining Out
(of the 58% who say they eat less healthfully when dining out)



of those →

