

### Methodologies

#### Quantitative

Nationally representative online survey:

- n=2,289 U.S. adults (aged 18–74), primary household grocery shoppers
- Conducted January 2020
- Topics: Associations with "organic" and "natural"; purchasing and key attributes by category; barriers to purchase; related topics such as GMOs, glyphosate; shopping channels; restaurants; future of organic and emerging trends

#### **Qualitative**

In-depth methodologies:

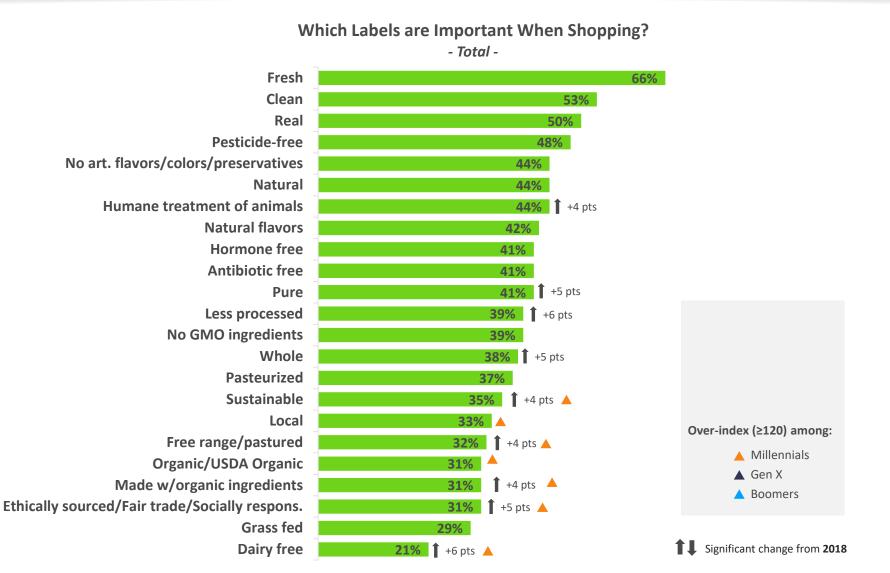
- Mobile ethnographies: 5-day immersive engagement via a virtual platform
- In-home ethnographies/homework on organic shopping/products
- Participants represent mix of engagement levels with organic and natural products
- Mix of age (Millennial, Gen X, Boomer), gender, ethnicity, income, presence of kids and geographic region







### Consumers seek implicit and explicit signifiers of fresh, real food

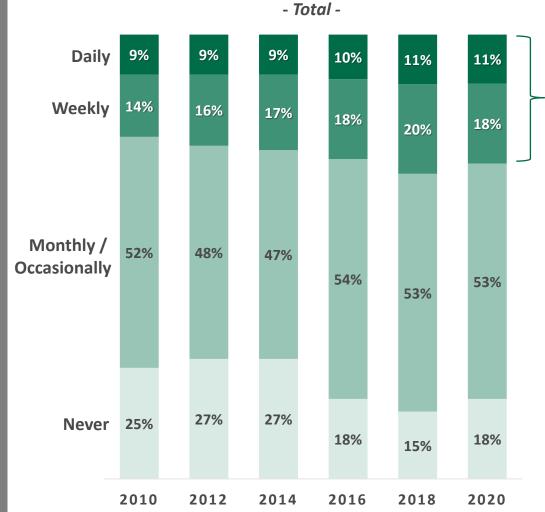


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## Consumer use of organics holds steady with over a quarter of consumers reporting using organics at least weekly

29%





Americans spent

\$47.9 billion

on organic food and beverages in 2018 over double the \$21.3 billion spent in 2009.

## Hartman's World of Organic segmentation helps explain consumer variation in attitudes and behaviors surrounding organic



	Core
Organic Purchases	36%
Natural	33%
Conventional	31%

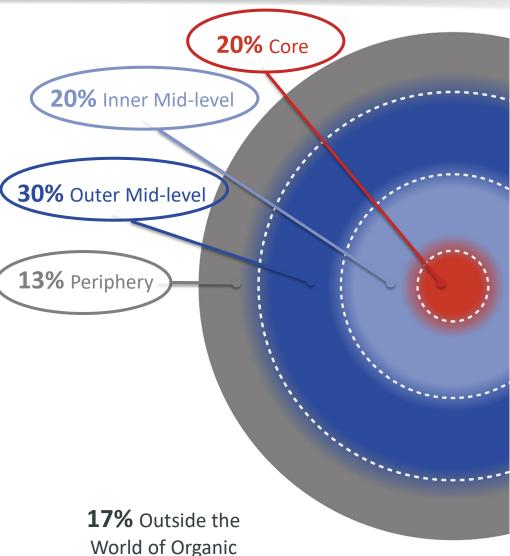


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Organic Purchases	27%
Natural	29%
Conventional	44%



54%





## Understanding the key consumer drivers of organic is the tool to reinforcing consumer trust

## **Key Consumer Drivers of Organic**







#### **Contributing factors:**

- Avoid "chemicals"
- Perception of greater nutritional value
- Holistic view of diet
- Connect personal health to greater good

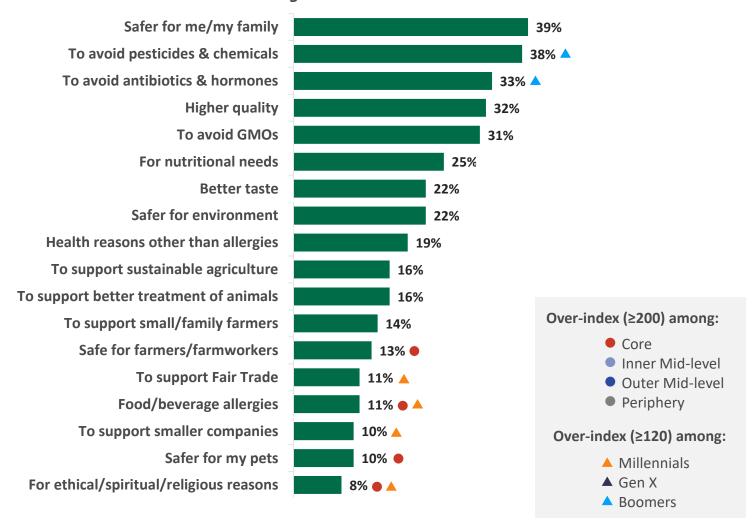
- Culinary and freshness associations
- More care and thought has gone into production
- It "just tastes better"
- Availability and access

- Mitigate global warming
- Reconnect with local food system
- Improve animal and worker welfare
- Increasingly mainstream

## The free-from health and safety associations consumers have with organic continue to be compelling purchase motivations

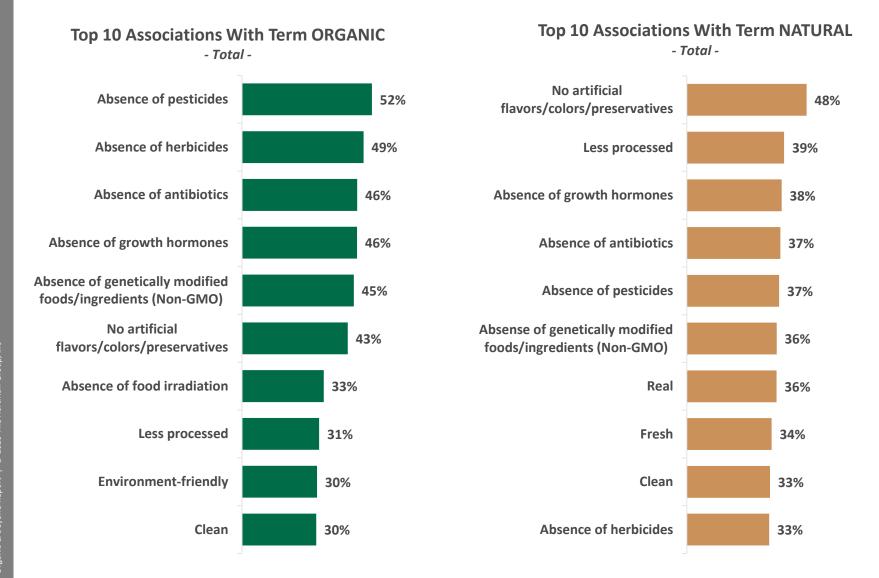
#### Reasons to Buy ORGANIC Food & Beverages

- Organic Purchasers -



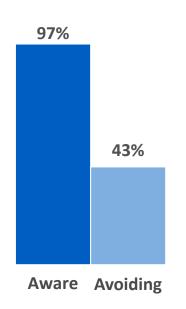
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## Organic is most associated with growing methods while natural is more aligned with processing/production methods



## In addition to organic, consumers continue to consider GMO status, and familiarity with the Non-GMO Project Verified Seal is growing

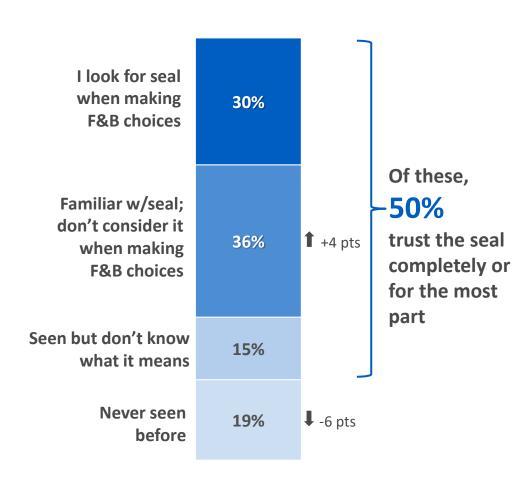
#### Awareness and Avoidance of GMOs - Total -



Lunderstand the science behind **GMOs** but would rather not be a test subject for GMO agriculture.

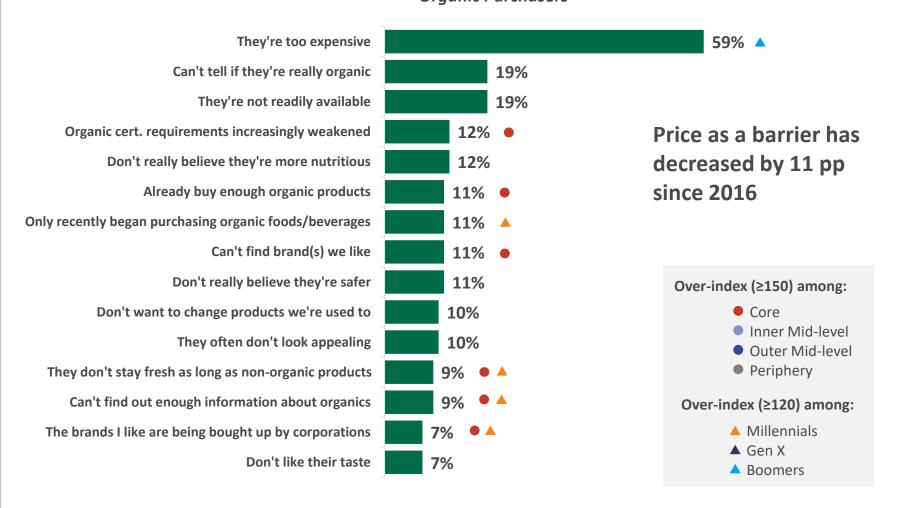
- Millennial, Female

#### Familiarity W/Non-GMO Project Verified Seal - Total -



## While quality cues associated with organic and similar distinctions are important, these still must be balanced with pragmatic considerations

## BARRIERS To Buying MORE ORGANIC Food/Beverages - Organic Purchasers -



## Most consumers wish that organic regulations were more stringent when it comes to animal welfare

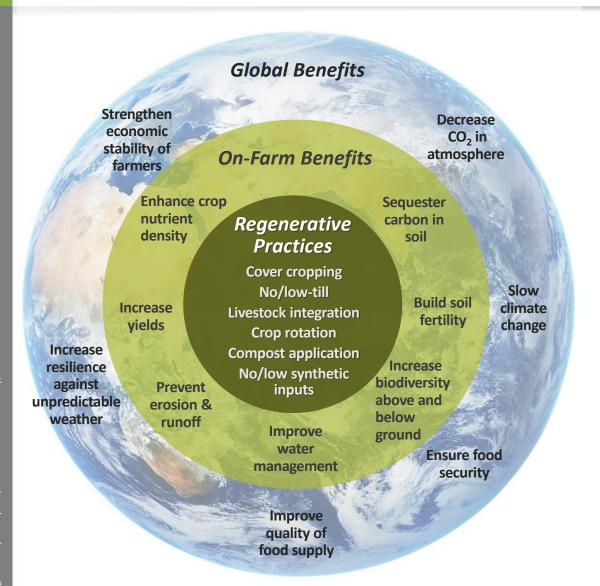
## What's important when shopping?

**78%** 

would prefer more stringent animal welfare requirements for USDA organic certification



## As consumers look "beyond organic", regenerative agriculture is on the horizon



## Regenerative Certifications

## Regenerative Organic Certification:

- Soil health & land management
- Animal welfare
- Social fairness



#### **Soil Carbon Initiative**

- Soil health & climate change
- Conventional or organic



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## The language and practices of regenerative agriculture make it accessible to a broader range of consumers than its predecessors

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Biodynamics and permaculture	Regenerative agriculture
Esoteric language	Scientific language
Abstract goals: create a vibrant ecosystem	<ul> <li>Concrete goals: build soil and sequester carbon</li> </ul>
<ul> <li>Holistic approach: system adopted as a whole</li> </ul>	<ul> <li>Modular approach: individual practices can be implemented</li> </ul>
<ul> <li>Accessible mainly to the most engaged Core consumers</li> </ul>	Growing interest among Core and Mid- Levels
Weak among other segments	
I've been to a biodynamic farm and it's so impressive what they do the concept of how they do everything was so difficult and so interesting.	The idea is there—it's easy for people to grasp. And it seems to be something that has a bit of a bite at the moment, and in a way that is moving things a bit beyond organics.
– Boomer, Female	– Gen X, Male

Characteristics

Likely consumer resonance

Consumer reactions

### As consumers increase their share of organic purchases beyond fresh items, they expand into more convenience-oriented and packaged foods

Why start buying organic?



#### Limit exposure to pesticides

I started with things that I consume most, in the largest portions... especially those on that **Dirty Dozen** list. - Gen X, Male



## **Caring for others**

Organic is equally or more **important** when feeding my son; his young body is developing, growing.

- Millennial, Female



I was told by store employees that [organic fruit and eggs] are better quality and tasted better. I found that to be true.

- Gen X, Female

**Fewer Categories Purchased** 

**More Categories Purchased** 

#### FIELD & FARM



Produce, meat & dairy

#### FRESHER EATING



Fresh perimeter, home meal prep, "better" snacks, "fresher" beverages

#### **EVERYDAY PACKAGED**



Beverages, processed meats/produce, dinner components, traditional snacks & treats

#### **CONVENIENCE & INDULGENCE**



Frozen convenience, indulgent items

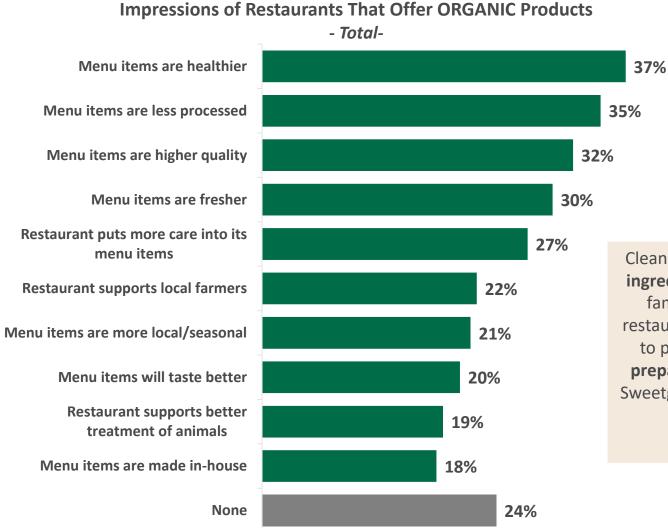
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## Consumer trust in organic brands is already high for specialty retailers and manufacturers, and rising for others



Online purveyors of organic are also rapidly gaining momentum

## Organic items or ingredients at restaurants can heighten impressions of health, quality, and freshness



Clean food, for me, is using whole ingredients and knowing or being familiar with the source. For restaurants, it often requires going to places where you see them preparing your food for you, like Sweetgreen or a restaurant with an open kitchen.

- Gen X, Female

### **Implications**

Continued Strength

The organic market remains strong and continues to grow, albeit at declining rates.

H+W and Sustainability Converge

Health & Wellness continues to be a central driver of organic purchasing, but Sustainability is quickly emerging as another key driver—particularly in terms of forward-looking trends.

Pushing Beyond Organic Some consumers express doubts about organic certification and are looking for additional assurances. A genuine commitment to improving soil health, animal welfare and worker rights are starting to resonate more strongly and regenerative agriculture may be the answer.

**Context Matters** 

Not all categories and types of products are equally important when it comes to organic; occasion and frequency of use figure prominently into consumers' considerations around when organic is important.

Retailer as Curator With retailers playing an important role in how consumers access and interpret organic and natural products, their position is a strong one, especially in the arena of private label offerings.





## For more information about purchasing the full Organic and Beyond report, please contact me at: laurie@hartman-group.com

#### **ABOUT THE HARTMAN GROUP**

The Hartman Group is the premier food and beverage consultancy in the world. Companies and brands across all segments of the food and beverage industry benefit from our unparalleled depth of knowledge on consumers, culture, trends and demand-side market strategy. We listen closely to understand our clients' business challenges and tailor solutions that deliver transformative results. Through a unique suite of integrated custom, primary research capabilities, market analytics, and business strategy services, we uncover opportunity spaces and avenues for growth. We deliver more compelling insights that fuel inspiration and ideas for innovation.