

CDMS Cheerleader/Parent Information



Thank you for your interest in cheerleading!

If you are new to cheerleading, we welcome you and are excited that you have chosen to become part of the Castle Dome Middle School Cheer Team. We are not a competitive cheer team, but one built on the inspiration of introducing and providing students with an understanding and introduction to cheerleading.

We pride ourselves on promoting good sportsmanship and team comradery. Good attitudes are expected from all team members during games, in classrooms and on campus. Positive attitudes are contagious and lead to success!

Our cheerleading program exists for the benefit and development of our students. Our focus is on mutual respect, commitment and dedication in order to prepare, participate, grow and build good character. The key to this is to develop discipline, strong work ethics, loyalty, honesty and teamwork. We will require that team members remain focused not only on these characteristics, but also on their academics. Team members will set goals and work towards achievement. The ultimate purpose of cheerleading at Castle Dome is for each student to have fun, enjoy what they are doing and learn some basic cheerleading skills; while maintaining a positive attitude. We would like for our cheerleading program to enrich and better the lives of each team member, while promoting ourselves and our school as an integral part of the already superior education at Castle Dome Middle School.

Rules and Expectations:

Eligibility – We welcome any CDMS student that wishes to be part of the team. However, students **MUST** maintain a “C” average with no “D’s” or “F’s” on Illuminate. Grade checks will be done regularly, and students with below level grades will be ineligible to cheer at games, dress down on game day, or go to any scheduled away games with the squad until their grades improve. They will be expected to attend practice, but will be required to bring their coursework with them. If a team member is ineligible for three weeks, we will hold a meeting with the parents, teacher(s) and create a plan of action for improvement or if needed, removal from the team roster (as a last resort).

Practice Times – Practices will be held on Tuesday, Wednesday and Thursday’s after school from 4:00pm – 5:30pm, with exception of games days or as otherwise directed by the coach – transportation not available. Saturday practices will take place each month – Times TBD; for practicing dances and stunts for half-time shows. (Full schedules will be provided once available). Practice will be held at CDMS in the cafeteria, gym or a classroom, depending on availability and the focus of practice. **ALL** team members are expected to be at practices. Remember, you are part of a team, and your team is counting on you to be present to support them as they are there to support you. *A written note from a parent or teacher is required for all missed practices.*

Game Times – The cheerleading squad will cheer for Wrestling, Boys Basketball and Girls Basketball. All games begin at 4pm, so cheerleaders are expected to wear their appropriate

uniforms to school the day of all events in which we will be participating/supporting CDMS. Specific attire will be discussed at practices and in team meetings. A copy of the game schedule will be given to all team members and parents for planning purposes once available.

Sportsmanship- We expect parents to model good sportsmanship. We require good sportsmanship be displayed at all times by all members of the team. If a student-team member's antics become a distraction to the team they will be removed from the team roster. During the games, parents are asked to stay in the stands and not approach team members or coach, as to maintain safety and focus. All cheerleaders are expected to stay with the squad during the entirety of the game. This includes between games and half-time.

Uniforms- Each member will have to purchase their own pair of white ankle-length socks and all-white shoes. The uniform will be discussed and finalized on a whole team consensus with both male and female uniforms available. Our goal is to keep uniform costs as low as possible. Each member will be required to pay for their own uniform, purchased through the coach. We are still discussing the options and will have two to three choices available to vote on at our first meeting in late July or early August. Students will NOT be given (or have ordered) a uniform until it is paid for in full. Any uniforms that are lost or stolen must be reported to the coach immediately, and we will do our best to get a replacement ordered as quickly as possible.

The Skirts, Shorts, Tops/Jerseys, Pom-Poms, and T-shirts are all an important part of the uniform and must be kept in good condition throughout the entire season. **If any cheerleader is not in full uniform, he or she will not be allowed to cheer at the game or participate in other outside events.**

Warm-up gear, jackets, duffle-bags and other items will be optional, but provided on the order form list once uniforms have been finalized.

Any other questions that you might have can be answered by contacting:

Coach Megan Knueppel – 503-880-0516 - rapplegate@yuma.org

Coach Lori Sheffield – 928-502-7300 - lsheffield@yuma.org

------(Cut here)-----

I agree to all the coaches' rules and expectations stated in the information package.

Print Student-Athlete Name _____ **Grade** _____

Student-Athlete Signature _____ **Date** _____

Parent/Guardian Signature _____ **Date** _____