Sexual Violence Resources

Sexual Violence Sexual Harassment Training (Additional Resources)

It's important to reach out for help and support in such situations. Here are some resources you can consider.

**NATIONAL SEXUAL VIOLENCE RESOURCE CENTER**

The National Sexual Violence Resource Center (NSVRC) is the leading nonprofit in providing information and tools to prevent and respond to sexual violence. NSVRC translates research and trends into best practices that help individuals, communities and service providers achieve real and lasting change. NSVRC also works with the media to promote informed reporting. Every April, NSVRC leads Sexual Assault Awareness Month (SAAM), a campaign to educate and engage the public in addressing this widespread issue. NSVRC is also one of the three founding organizations of RALIANCE, a national, collaborative initiative dedicated to ending sexual violence in one generation.

**HOTLINES**

**National Sexual Assault Hotline (USA)**
Call 1-800-656-HOPE (4673) or visit their website at https://www.rainn.org/. RAINN (Rape, Abuse & Incest National Network) provides 24/7 confidential support and can connect you with local resources.

**National Domestic Violence Hotline (USA)**
Call 1-800-799-SAFE (7233) or visit their website at https://www.thehotline.org/. They offer assistance and support for individuals experiencing domestic violence, which may include sexual violence.

**Crisis Text Line (USA)**
Text "HELLO" to 741741 to connect with a trained crisis counselor via text messaging. They provide support and resources for a variety of crises, including sexual violence.

**SAFE AT HOME**

Safe at Home, California's Address Confidentiality Program, provides services that work best when used in conjunction with an overall safety plan. Eligible applicants must enroll at a Safe at Home designated enrolling agency. A victim’s assistance counselor will help applicants determine whether they are eligible to participate and explain how Safe at Home can be a part of their overall safety plan.

An eligible applicant is:

- a victim of domestic violence, stalking, sexual assault, and effective January 1, 2018, victims of human trafficking;
- a household member of a victim listed above (effective January 1, 2018);
- a reproductive health care facility employee, provider, patient, or volunteer; AND
- is in fear for his or her own safety or the safety of a minor child or incapacitated adult.

The applicant must reside in California and must be an adult applying on behalf of him/herself or be a guardian/conservator acting on behalf of a minor child or an incapacitated adult.

**LOCAL RESOURCES**

Look for local organizations or hotlines in your area that specialize in supporting survivors of sexual violence. These organizations often offer counseling, legal advice, medical assistance, and other resources. You can search online or contact your local government’s social services department for information.

**THERAPY AND COUNSELING**

Consider seeking therapy or counseling from professionals who specialize in trauma and sexual violence. They can provide support and help you navigate the healing process.