COLLECTIVE TRAUMA

CONTINUING EDUCATION OPPORTUNITY

DATE/TIME:

 $5:00 \ \mathrm{p.m.}$ - $6:15 \ \mathrm{p.m.}$ March $7^{\mathrm{th}}, 14^{\mathrm{th}}, 28^{\mathrm{th}} \ \&$ April 4^{th}

LOCATION:

Online (Zoom Link sent after registration)

INSTRUCTOR:

Danielle Render Turmaud, PhD, NCC

5 CE CREDITS

COST:

\$75 for community
members
\$60 for MU Students,
Alumni, Faculty, and
Supervisors of MAC student interns.

To Cancel registration, please contact the MU MAC Department at mac@multnomah.edu. Cancellations with more than 24 hour notice will receive a full refund. Cancellations with less than 24 hours notice will not receive a refund. Refunds are processed within 2 weeks of cancellation notice.



Program Description:

This course offers an environment to learn about collective trauma and the implications it can have on wellbeing. Participants will learn about situations that may elicit a collective trauma response, potential effects of collective trauma, and how collective trauma can impact the helping relationship process. Participants will also learn ways in which mental health professionals may be impacted when supporting survivors of collective trauma and elements that contribute to these challenges. Participants in this course will receive 1) an informational resource on collective trauma and its effects and 2) a therapy worksheet aimed at increasing a client's understanding of ways collective trauma may be impacting them.

Program Objectives:

- Demonstrate a basic understanding of the topic of collective trauma.
- Describe various psychological, relational, physiological, and spiritual effects that collective trauma can have.
- Articulate the ways in which collective trauma can impact the helping relationship and counseling professional.
- Implement ways to support clients during times/ experiences of collective trauma.

Registration: https://www.eventbrite.com/e/collective-trauma-tickets-549853134527

www.multnomah.edu 8435 NE Glisan Street Portland, OR 97220 503.251.6446 mac@multnomah.edu