

THERAPEUTIC INTERVENTIONS FOR TRAUMA

CONTINUING EDUCATION OPPORTUNITY

DATE/TIME:

October 27: 6-9 pm
October 28: 9 am—4 pm

LOCATION:

Travis-Lovitt Room 114

INSTRUCTOR:

Dr. Kathy Thomas, PhD,

10 CE CREDITS**COST:**

\$150 for community members
\$120 for MU Students, Alumni, Faculty, and Supervisors of MAC student interns.

To Cancel registration, please contact the MU MAC Department at mac@multnomah.edu. Cancellations with more than 24 hour notice will receive a full refund. Cancellations with less than 24 hours notice will not receive a refund. Refunds are processed within 2 weeks of cancellation notice.



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Program Description:

The course will focus on treatment of trauma using common evidenced-based, therapeutic approaches in the treatment of trauma such as EMDR, neurofeedback, prolonged exposure, and cognitive behavioral therapy. Discussion of current research regarding additional, helpful, trauma-specific treatment interventions along with spiritual integration will be discussed. A review of the neurobiology of trauma, brain development and its potential impact on health and well-being will be included. A good clinical assessment will also be discussed in choosing an effective treatment modality, based on the client's age and trauma history.

Program Objectives:

It is intended that because of this elective, the student will be able to:

- Identify and understand the major evidenced-based trauma-informed therapeutic interventions.
- Appreciate the importance of diagnosis and choosing the best therapy approach for the treatment of trauma-based disorders based on the client's unique history and presentation.
- Understand the neurobiology of trauma, brain development and potential impact of trauma on health and well-being.
- Gain knowledge and competence as a counselor in being able to effectively discuss and integrate one's spirituality into the healing process.

Registration: <https://www.eventbrite.com/e/therapeutic-interventions-for-trauma-tickets-682025144567?aff=oddtcreator>

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