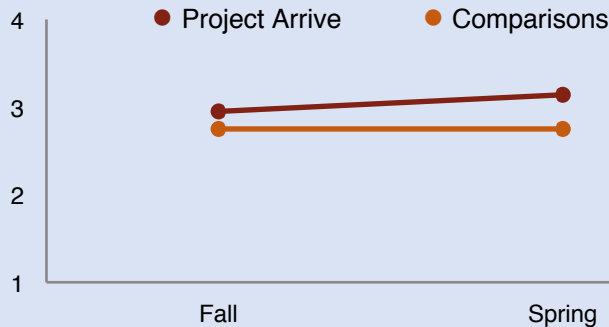


Project Arrive Promotes External Assets

Project Arrive is a high school group mentoring program that is designed to prevent school dropout. One way Project Arrive works to prevent school dropout is to improve resilience, or the ability to overcome adversity and achieve success. Resilience can be improved by promoting **External Assets**, or specific qualities of homes, schools, communities, and friend groups that include support, empowerment, and expectations. These assets function as building blocks for students to develop into caring and competent adults.

Are External Assets Increasing?

Average Increase in all 5 External Assets



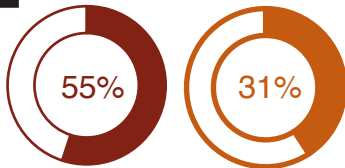
- Overall, Project Arrive students reported **increases** across all 5 external assets.
- Project Arrive students showed **larger increases** than comparisons in all external assets.

Project Arrive vs. Comparisons: Increases in External Assets

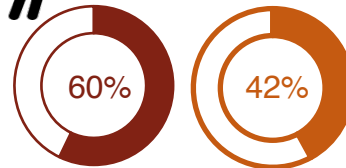
Most Project Arrive students (45-62%) reported increases in their external assets. Fewer comparison students reported increases (31-50%). Project Arrive students were **twice as likely** as comparisons to show increases in **School Belonging, School Support, School Meaningful Participation, and Prosocial Peers**.



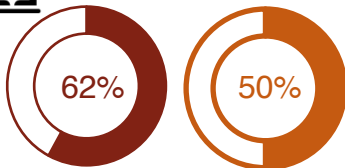
School Belonging



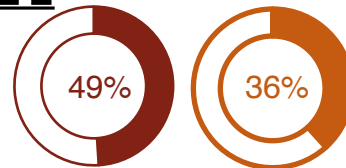
Prosocial Peers



School Support



School Participation



Conclusion

Overall, students in the Project Arrive program showed larger improvements than comparison students in all External Assets. Specifically, significant increases were found in the areas of School Belonging, School Support, School Meaningful Participation, and Prosocial Peers. This finding supports the added benefits that students gain through participation in Project Arrive through their 9th grade year.

What are External Assets?



School Belonging
Teachers care, listen, and notice when students are absent



School Support
School provides a caring & encouraging environment



School Meaningful Participation
Student has an interest and impact in school activities



Peer Relationships
Friends care and provide help during hard times



Prosocial Peers
Friends make healthy choices and do well in school

¹Project Arrive Research Highlights are developed through a partnership of Georgia State University with SFUSD's Student, Family, & Community Support Department and Research, Planning, and Accountability Data Center to support, further develop, and evaluate the effectiveness of Project Arrive. For information about the Project Arrive program, contact Erin Farrell, LCSW (farrelle@sfusd.edu); for information about the research, contact Gabriel Kuperminc (gkuperminc@gsu.edu). Visit the Project Arrive website at <http://sites.gsu.edu/project-arrive>.

²For comparisons between Project Arrive and comparison students, statistical controls were included for gender, household stability, and race.