

Hotel/Motel Housekeeping Staff Can Find Bed Bugs



Your job is more important than ever! You can help keep your hotel/motel bed bug free. Following this information will help keep you from spreading bed bugs to other rooms and yourself! When cleaning, be sure to:

- Turn on all the lights in the room or use a flashlight to look for bed bugs.
- Look for signs of bed bugs while cleaning each room.
- Tell management right away if you see signs of bed bugs.

What to look for:

- Bed bug “marks” are brown, red or black spots or stains (blood and bed bug poop).
- Shed bed bug skins. Bed bugs leave skins behind as they grow.
- A sweet, strange or musty smell when you enter the room.
- Bed bug eggs are hard to see. They are tiny and white, like a piece of lint.
- Bed bug babies are tiny and may be yellow or white. Bed bugs grow to be size of an apple seed. Adult bed bugs are brown or red. Bed bugs usually hide during the day, so you may not see any of the bugs themselves.



Where to look:

- When changing the sheets, look closely under the mattress, in the seams and at the box springs near the head of the bed. Also look at the bed frame and behind the headboard.
- Look for bed bug “marks” on the sheets and bedding.
- Look for signs of bed bugs and “marks” when dusting or washing baseboards, electrical outlets, wall hangings, cracks and crevices in walls, drapes, corners of the room and windows and the area where the carpet touches the walls.



What to do if you find signs of bed bugs:

If you see any signs of bed bugs, let management know right away. If you find a bed bug, put it in a sealed plastic bag and show it to management. Change the vacuum bag after cleaning the room. Seal the used vacuum bag in a plastic bag and throw it away in an outside dumpster. Pay special attention when cleaning the rooms next to and above and below any room where bed bugs are found.

Don't take bed bugs home with you:

- Change out of your uniform before leaving the hotel/motel. Put the uniform in a plastic bag and seal it shut. Wash uniform in hot water and dry it on high heat for at least 30 minutes.
- Spray your shoes with rubbing alcohol before leaving the hotel/motel. Do not spray alcohol around flames or lighted cigarettes.