

Tips for Your Visit

Sensory tips:

Noisy places

- The children's large playground near the Upper Pavilion can get very busy and loud during popular times. Quieter times are generally early morning weekdays, early Saturday mornings, and early afternoon on Sundays. Park hours are 8 a.m.– Sunset, Sunday-Saturday. The park office does not have established business hours, but feel free to stop by.

Quiet places

- The Coopers Hawk walking trail (Trail 0.4 miles) offers quiet, shady opportunities to explore. The main pond boardwalk offers beautiful, quiet scenery and wildlife observation opportunities. Please note that the park does not allow fishing.
- Visit our established Prairie Garden on the Outer Loop Trail. Take a seat and enjoy views of blooming pollinator flowers, birds passing through for some seed, and of course pollinators such as bees and butterflies.

Activity suggestions

- Activities that offer more interaction and sensory opportunities include the Discovery Box bin located outside the park's main office. Pick up a box to do a variety of different educational activities through out the park.

