Rinse, Dry (Lather), Soap, Wet, Shake (a move),

High Speed Hand Washing Technique

Find the 2015-revised HSW lesson plan and supplemental activities at https://extension.oregonstate.edu/deschutes/enjoying-your-our-healthy-harvest
It is easy to understand and implement, and can be done quickly. It can be fun and empowering for students. It helps prevent food borne illness and the spread of communicable diseases. It also promotes water and energy conservation.

Reminders, refreshers and fresh, age-appropriate approaches are important to re-engage commitment, at least annually.