

Family Dinner Ingredient Hunt!

Finish the activities to help us get dinner on the table!

Help us trace these vegetable names!

lettuce



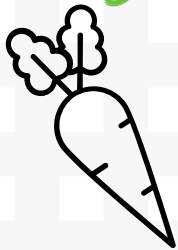
pepper



cucumber



Help us color in these vegetables!



Carrots are **ORANGE**



Broccoli is **GREEN**



Tomatoes are **RED**



Corn is **YELLOW**



WHAT'S FAMILY STYLE DINING?

It's when prepared dishes are placed on the table & everyone fills their own plate. It's great for kids to learn to serve themselves, try a little taste of new foods, and feel like grown-ups!
#WinWin!

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Fun family activity alert! Head to facebook.com/cookingmatters.national for our Quarantine Cook Off Challenge!