

MY NAME IS

Draw three fruits or vegetables you tried this week! Can you describe how they feel and taste in your mouth?
Draw a line to the words you like best.

DRAW HERE!

mushy

cold

chewy

sweet

hot

sticky

slimy

crunchy

plain

sour

TASTE TESTERS!

Help your kids find new words to describe what they are eating besides "it's yucky." This might make them want to try it again and see if it's really "slimy"!

**COOKING
MATTERS**