09:06:37 From Heidi Iyall : Thanks Anna!

09:15:52 From Maggie Grate : I am on the Coast Salish, Duwamish, Snoqualmie and Tulalip land

09:16:30 From Courtney Schupp : Text your zip code to 1-907-312-5085

09:17:42 From Janelle Todaro : loooong

09:17:53 From Erica Lewis : Grass-fed

09:17:53 From Rachel Uberman : health

09:17:55 From Adele Eslinger : haha. Long is also what I thought!

09:17:55 From Lori van Anrooy : long

09:17:55 From Sandra Ibarra : Strong

09:17:56 From Talea Price : a mamma

09:17:56 From Shannon Rowley : that's a long cow

09:17:57 From Lindsay Goettemoeller : altered or unusual

09:17:57 From Rachel Uberman : beauty

09:18:00 From Abby Miller : agriculture

09:18:01 From Ellen Gray : Is it a horned Jersey?

09:18:02 From Jen Moss : Mother

09:18:02 From Cindy Johnson : limousine cow

09:18:02 From Tricia Heimer : Too long

09:18:03 From Wendy Aguilar : Mommy and baby

09:18:04 From Cheryl Frederickson : moooo

09:18:09 From Jill Farrant : yo, what's up

09:18:09 From Jackie Reed : Momma cow

09:18:10 From Isabel Alvarado : milk

09:18:10 From Amanda Liberty : healthy

09:18:11 From mayrel guadarrama : agriculture

09:18:11 From Margaret Viebrock : the picture appears distorted

09:18:14 From Gina Lee (she/her) : long

09:18:15 From Jess Sappington : Altered

09:18:15 From Nichole Garden : milk

09:18:17 From Linda Mathews : All animals are beautiful

09:18:18 From Amber Noskoff : aww, I love cows

09:18:18 From Kristy McGuire (she/her) : cow

09:18:25 From Ellen Gray : Horned Jersey

09:18:26 From Maggie Grate : inquisitive/questioning/interested

09:18:30 From Katie Smith : two different cows in one?

09:18:31 From Stacey Tigner-Loy : mamma

09:18:46 From Yvonne Ramirez : Ag

09:19:32 From Ellen Gray : Yes. It now establishes a rural vs urban atmosphere

09:20:05 From Linda Mathews : potential displacement

09:20:15 From Janelle Todaro : bored

09:20:17 From Whitney Ajie : bored

09:20:17 From Isabel Alvarado : bored

09:20:18 From Jackie Reed : Bored

09:20:18 From Anna Kitchin : bored

09:20:18 From Jess Sappington : bored

09:20:18 From guest : unengaged

09:20:18 From Mariah she/her/ella : bored

09:20:18 From Angela Shields : bored

09:20:20 From Sandra Ibarra : Bored

09:20:20 From Amanda Liberty : I'm hungry or bored

09:20:21 From Adele Eslinger : bored or frustrated

09:20:21 From Katie Smith : bored

09:20:24 From Jen Moss : wool gathering

09:20:25 From Mary Pearl Ivy : waiting

09:20:25 From Pamela Bish : day dreaming

09:20:26 From Lori van Anrooy : bored

09:20:26 From Nichole Garden : board

09:20:28 From Wendy Aguilar : daydreaming

09:20:28 From Mindy Wallis : tired

09:20:28 From Anna Weyrauch : Day dreaming

09:20:29 From Tricia Heimer : waiting

09:20:30 From Lindsay Goettemoeller : daydreaming

09:20:31 From Jill Farrant : thoughtful

09:20:31 From Sade (they) Gilliom : bored, waiting

09:20:32 From Whitney Ajie : waiting

09:20:32 From Erica Lewis : Cold

09:20:34 From mayrel guadarrama : thinking

09:20:35 From Talea Price : relaxing

09:20:35 From Ellen Gray : thoughtful

09:20:43 From Nichole Garden : watching

09:20:49 From Linda Mathews : soltary

09:20:50 From Cindy Johnson : contemplating

09:21:13 From Katie Smith : disconnected

09:21:14 From Sade (they) Gilliom : Sad, frustrated

09:21:15 From Jess Sappington : Sad

09:21:18 From Whitney Ajie : looks worried now maybe

09:21:18 From Nichole Garden : Left out

09:21:20 From Wendy Aguilar : sad

09:21:20 From Jackie Reed : Sad and frustrated

09:21:21 From Mariah she/her/ella : Sad

09:21:23 From Lindsay Goettemoeller : frustrated and disconnected

09:21:26 From Erica Lewis : Sad, and trying to escape mentally

09:21:27 From Linda Mathews : Lack of input or engagement

09:21:28 From mayrel guadarrama : stressed

09:21:31 From Whitney Ajie : disconnected

09:21:35 From Kyle Lee (he/him) : Aces :(

09:21:38 From Amber Noskoff : lack of comfort

09:21:41 From Isabel Alvarado : feels lonely because he doesn't have anyone to talk to.

09:21:46 From Wendy Aguilar : ignored

09:21:48 From MELINDA DIAZ : annoyed

09:38:10 From Heidi Iyall : Inspirational presentation, Jen. Thank you!

09:38:10 From Whitney Ajie : That was great, Jen - thank you!

09:38:11 From Abby Miller : Thank you! Great examples!

09:38:11 From Adele Eslinger : Thank you Jen! :D

09:38:21 From Julie Bongard : Thank you!!

09:38:33 From Carrie Sinclair : Super helpful!

09:39:20 From Stephanie Winterbauer : Breakout 11. Considering your local program….what groups are already meeting to improve the health of the community?• What could you as a SNAP-Ed provider contribute?• What are the shared goals that you could connect to?

2. Imagine you are going to attend a local coalition meeting for the first time….

• How would you describe your program?

• What next steps would you take to build and strengthen your relationships with other coalition members?

10:09:11 From Erica Lewis : Thank you for the stretches Courtney!

10:21:18 From Ellen Gray : Can you say the name of the FACT group again?

10:24:25 From Heidi Iyall : Thanks, Kate, for sharing all the examples of different levels of collaboration. It was helpful to hear examples!

10:24:37 From Julie Bongard : Thank you!

10:25:15 From Stephanie Winterbauer : Breakout 2Video: https://ctb.ku.edu/en/table-of-contents/culture/cultural-competence/understand-culture-social-organization/examplesThinking about the native people in the Hawaii video, how would you use community engagement to discover need and interest for equitable health initiatives?

• How will you get people involved?

• How will you get ideas generated?

After the Breakout discussion assess your engagement using p. 4 of Community Engagement Tool.

10:25:26 From Ellen Gray : I also think it is so important to provide stipends to allow SNAP Eligible clients to provide their perspectives. Funding considerations...

10:25:53 From Heidi Iyall : no volume

10:27:00 From Margaret Viebrock : I'm concerned about everyone's ability to get back to the chat box for all of the resources. What are you suggesting as the best way?

10:27:16 From Anna Weyrauch : Yes Ellen, I agree. I am wondering how best to provide stipends for people’s time.

10:28:18 From Courtney Schupp : @Margaret Do you mean in the breakout groups? If so, the chat box should follow into the group when you join

10:29:01 From Courtney Schupp : After the training, we will be sharing the chatbox along with the recording so all the resources will be shared that way as well

10:29:07 From Carrie Sinclair : It doesn’t seem to. I’ve been copy and pasting into a Word doc

10:29:48 From Maggie Grate : The chat box from the main meeting does not follow into the breakout rooms.

10:29:52 From Courtney Schupp : Thanks for the tip Carrie! I'm sorry that's happening. Great suggestion too - copy and paste into a Word doc or take a picture with your phone before we open the groups

10:29:59 From Heidi Iyall : The questions were in the chat box for our group, Courtney.

10:30:48 From Terry Perry : They were in for our group also

10:32:40 From Stephanie Winterbauer : Breakout 2Video: https://ctb.ku.edu/en/table-of-contents/culture/cultural-competence/understand-culture-social-organization/examplesThinking about the native people in the Hawaii video, how would you use community engagement to discover need and interest for equitable health initiatives?

• How will you get people involved?

• How will you get ideas generated?

After the Breakout discussion assess your engagement using p. 4 of Community Engagement Tool.

10:32:40 From Amber Noskoff : Courtney, could you please share that youtube link, as well?

10:33:29 From Courtney Schupp : Here's the youtube link for that video: youtube.com/watch?v=RHfl7q1BYOk&feature=emb\_logo&ab\_channel=TheColoradoTrust

11:37:27 From Julie Bongard : Thank you Heidi- great information!!

11:37:54 From Courtney Schupp : If you have questions for Laura or Heidi, you can add them here in the chat box

11:51:24 From Erica Lewis : Do you have the link for the virtual sticky notes?

11:51:49 From Erica Lewis : That looks like an awesome tool for virtual classes as well

11:52:01 From Scott Behmer : https://www.mural.com/

11:52:09 From Scott Behmer : Our team uses it as well

11:52:23 From Erica Lewis : Thank you!

11:57:51 From Terry Perry to Courtney Schupp(Direct Message) : Should we skip breakout?

11:58:09 From Mary Pearl Ivy : Thanks Laura :)

11:58:12 From Courtney Schupp to Terry Perry(Direct Message) : I think doing 10 minutes of it is ok

11:58:22 From Anna K (she, her) : Thank you so much, Laura!! You are such an asset to our community :)

11:58:24 From Julie Bongard : Thank you Laura!

11:58:48 From Ellen Gray : Terrific information! Thanks so much

11:59:34 From Stephanie Winterbauer : Breakout 3 Choose a community initiative that you are currently working on or are thinking about for you community.• How could that initiative benefit from an involved coalition?• Where or how would you find coalition members?

• Describe your role in the coalition.

12:00:26 From Heidi Iyall : Thanks for sharing helpful examples and tips, Laura!

12:12:31 From Courtney Schupp : Please fill out this survey to give us some feedback on today and yesterday's workshops: https://wsu.co1.qualtrics.com/jfe/form/SV\_4UiDqenxs5nVJjM

12:12:33 From Heidi Iyall : Systems Approaches toolkit has a 101 on one-on-ones. It is a good resource for conducting one-on-one community meetings to get to know what coalitions are happening in your community.

12:13:21 From Linda Mathews : Great presentations, sharing of resources and breakouts to hear from others.

12:13:23 From Heidi Iyall : Thanks to all the presenters and CTW!

12:13:32 From Courtney Schupp : Please fill out this survey to give us some feedback on today and yesterday's workshops: https://wsu.co1.qualtrics.com/jfe/form/SV\_4UiDqenxs5nVJjM

12:13:39 From Anna K (she, her) : Thank you everyone!

12:13:58 From Julie Guyton : Thanks to all!

12:14:06 From Carolyn Knowles : thanks!

12:14:08 From Meike Vandonge : Thank you!!

12:14:18 From Jessica Moerman : Thank you!

12:14:21 From Lori van Anrooy : Thank you!

12:14:49 From Nichole Garden : I would love a WUW to talk with folks who have utilized or have experience with some of the Coalition Evaluation tools.

12:14:52 From Sade (they) Gilliom : Thank you for a great training!