



## Walk With Ease Mini Training

Date: Tuesday June 15<sup>th</sup> 9:00am -12:15pm

### Agenda

Time	Topic
9:00 am - 9:20 am	<b>Welcome and Housekeeping!</b> <ul style="list-style-type: none"><li>• Welcome, Tech check, Tribal Land Acknowledgement</li><li>• Icebreaker activity (in breakout groups)</li></ul>
9:20 am - 9:30 am	<b>Now That You're a Walk with Ease Trainer</b>
9:30 am - 9:45 am	<b>WWE Requirements</b>
9:45 am - 10:00 am	<b>Virtual Walk with Ease Resources</b> <ul style="list-style-type: none"><li>• Review Power Points</li><li>• Leader's Manual</li><li>• Participant Workbook/Materials</li></ul>
10:00 am - 10:10 am	<b>Break</b>
10:10 am - 10:15 am	<b>Activity Break</b> <ul style="list-style-type: none"><li>• WWE Stretches</li></ul>
10:15 am - 10:30 am	<b>More Resources from WASNAP-ED.org</b> <ul style="list-style-type: none"><li>• Evaluation, Waivers, Marketing and Recruitment</li></ul>
10:30 am - 11:00 am	<b>Incorporating PSE Strategies into Walk With Ease</b>
11:00 am - 11:10 am	<b>Break</b>
11:10 am - 11:15 am	<b>Activity Break</b> <ul style="list-style-type: none"><li>• Additional WWE Stretches</li></ul>
11:15 am - 11:45 am	<b>Recruitment</b>
11:45 am - 12:00 pm	<b>Evaluation</b>
12:00 pm - 12:15 pm	<b>Questions, Survey, Closing</b>