

SNAP-ED WORKS



2021 Mid-year SNAPshot



THE SNAP-ED DIFFERENCE

SNAP-Ed's goal is to make it easy for everyone to **eat healthy** and **be physically active**, in alignment with the most current recommendations.

In the first half of 2021, SNAP-Ed sponsored

246

Policy, Systems and Environmental (PSE) activities

that reached **217,570** people

In the first half of Fiscal Year 2021, SNAP-Ed ran

30

Direct Education Programs

that reached **304** youth and **301** adults

ACTIVITIES AND PARTNERSHIPS

SNAP-ED WORKS EVERYWHERE IN THE COMMUNITY

SNAP-Ed's strong partnerships allow **Policy, System, and Environmental** activities to take place in a wide variety of locations throughout Washington State, increasing access for the people who most need it.

Health Promotion

"SNAP-Ed has been such a valuable resource for our clients and I'm sure to many others. In light of everything, I am glad that you are still able to move forward, and we are thrilled that you can continue to partner with New Way and Project Hope."

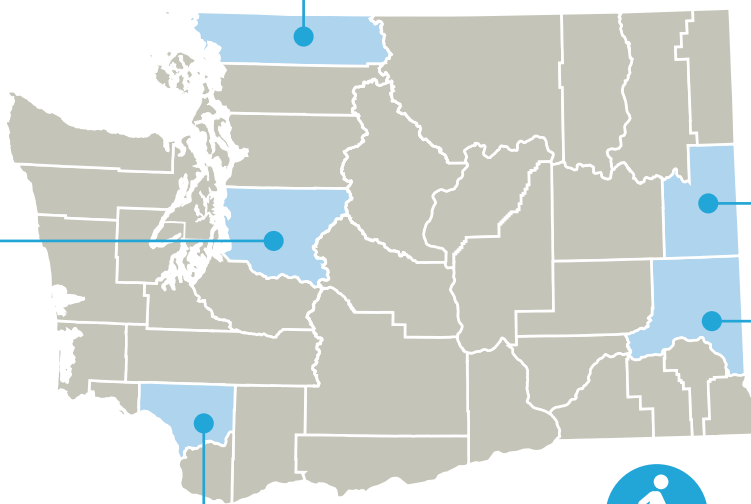
— Washington State University Extension in Whatcom County



Farm to Community

"Our Garden allows us to learn, create, and grow. We cultivate our garden and ourselves! Which makes our community strong, healthy, and connected..."

— Washington State University Extension in King County



Farm to Community

"You are the best! Thank you so much for brightening our days and our fridges! [with the Farm to Food Pantry Program]"

— Spokane Regional Health District



Access to Healthy Foods

Implementing an appointment style system operation [at Community Action Center Food Bank] was quite challenging, but well worth the effort!

— Community Action Center Whitman County



Physical Activity

The City of Longview Complete Streets Advisory Committee is writing a bike-pedestrian plan for the city of Longview in partnership with SNAP-Ed. Longview was listed as the fifth most dangerous city for pedestrians by the State's Traffic Commission.

— Washington State University Extension in Cowlitz County



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EDUCATIONAL OUTCOMES

PARTICIPANTS

In 2021, SNAP-Ed direct education programs taught **301** adults and **304** youth in schools, adult education programs, health care and other settings across Washington state.

Percentages of participants who reported an increase in healthy behavior or maintained highest frequency are reflected below:



38% Ate more fruit daily



36% Ate more kinds of fruits



32% Ate more vegetables daily



39% Ate more kinds of vegetables



57% washed hands more often

DIVERSE PARTNERSHIPS

TOP PARTNERSHIP SECTORS

The Washington SNAP-Ed program values diverse partnerships. The quality of our programming is enhanced through increased collaboration.

1

Food banks and food pantries



2

Schools



3

**Agricultural organizations/
Farmers markets**



4

Low-income housing



5

Government agencies



Foundations



The **Good Food Bag** program was coordinated between **San Juan County Health and Community Services, Senior Services, Orcas Island Food Bank, San Juan Islands Food Hub, and Orcas Island and San Juan Island Libraries**. Thanks to **One Canoe, Soroptimists of Friday Harbor**, and donors through the **SJI Food Hub**, FMNP clients received 3 to 4 bags of fresh produce this last season. Libraries provided free books and summer reading materials for WIC families and food banks helped pack and distribute bags. One client noted, “I really appreciated having this much safer option than having to risk going to the farmers market myself this year.”

— San Juan County Health and Community Services

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