



Couples Date Night

BEST USE

A date night discussion guide that helps spouses learn more about one another's faith experience.

VALUE

Couples engage in meaningful conversation about where they are currently in their spiritual journey and share with each other about their story of faith.

ADVANCED PREP

Set aside a time to have a date in a setting where you will be able to connect and share with each other.

Date Night Activity

STEP ONE

Read 1 Peter 3:15 aloud and talk about whether you feel you have hope and if you could give a reason for that hope. To what extent have you set apart Christ as Lord in your life?

STEP TWO

Take a moment for each of you to select which statement best represents your present reality on the journey of faith:

- I am a bit resistant to Christian faith. (Share why)
- I am considering Christian faith.
- I am ready to follow Jesus Christ.
- I have already decided to follow Jesus Christ.
- I am eager to grow in my faith.

STEP THREE

Take turns answering the following questions to gain better understanding about each other's faith journey:

- What was the spiritual experience of your childhood home?
- How did that experience influence your decision for or against following Jesus Christ?
- Do you consider yourself a committed believer now?
- What do you think is your next step on your journey of faith?
- Are you confident enough in your faith to explain it to others as 1 Peter 3:15 encourages?

STEP FOUR

Consider sharing your faith stories with each other using the Tell Your Story card.

STEP FIVE

Commit to pray for each other as you take that next step in your faith journey. If you are ready to share your own personal faith story with others, come up with one name of a person you will prayerfully seek the opportunity to talk with.

Pray - Ask God to give you courage and the opportunity to take a next step on your journey and/or share your story of faith with someone else in the coming weeks.