

Deliverance Aftercare

A very important aspect of deliverance takes place after the deliverance session is over. This can be easily overlooked, and we need to be sure we don't do that.

I'm going to break this down into two parts:

- 1) The moments immediately after the deliverance has taken place.**
- 2) The days, following the deliverance session.**

So let's look at the first one.

#1) How can we help the person the most in the moments following this deliver in session?

A. Some of that is dependent upon what happened in the deliver in session.

1. If it was a fairly calm deliverance. What I mean by that is:

- a. There was vert little for manifestations, or adrenaline rushes that the person experienced.**
- b. There's not a lot that needs to be done for them. Of course, we always need to follow the spirit in anything he would want us to tell them, but the basic thing is to reassure them, and encourage them to now fill the empty areas of their temple that are now there because other spirits have left. (Holding the Land Book)**

2. If it was a traumatic deliverance, more care needs to be taken. Here's what I mean by that:

- a. Empathy must reign supreme here. Put yourself in their place the best you can, and help them cognitively organize and understand what just happened to them.**

b. How did the demon manifest?

- Speak or scream through them.
- Gain bodily control in any way.
- Convulse their body.
- Take over the function of the body, so that the person was not able to control their body, speech, etc.
- Did the demon take the person out of the room?
 - > Did anyone stay with them?
 - > Did they regain control of their senses / body finding themselves in a different location - possibly all alone?
- Did the person's body need to be restrained because of what the demon was trying to do through them?
- Did the person remain coherent, or did they black out?
- Do they have a memory of what just happened?
- Are they now fearful because of what happened?
- Have they been physically hurt? Do they need medical attention of some type?

B. The first things they need are:

1. Reassurance: everything is ok.
2. Talk them through what they may be feeling physically (adrenaline).
3. Have them take deep breaths and become calm.
4. Encouragement: we're making progress.
5. Re-assure them that we'll deal with any questions they have.
6. Address any feelings of:

- Embarrassment
- Shame
- Fear
- Feeling stupid or awkward.
- Feeling like a freak.
- Something is wrong with them.

C. Once that is accomplished, now go back and deal with the list of things under I-A-2-b (above). Any of these things that they have a question about

or they don't understand should be processed through with them until they have a good mental grasp of what just happened and understand it.

1. Don't over analyze everything. (It can cause numerous bad after affects)
 - a. Fear
 - b. Pride
 - c. Worry / Anxiety
 - d. Seeker of Negative attention. (Always have some demonic thing going on with them from that time forward)
2. By over analyze I am talking about working through your own questions, struggles, possible negative perceptions, concerns, etc. - with the person who is receiving deliverance.
3. Address anything that they have a question about or is bothering them. Speak Faith and Re-assure / Encourage them.

C. Make sure they understand Self-Deliverance.

1. God often removes demons from a person in what I call layers.
 - a. This is especially true if the deliverance is traumatic / intense.
 - b. Our soul and body can only handle a certain amount of trauma, and if they are experiencing trauma during the deliverance, God won't push that. He will doing a work of deliverance that may take some time, and they may feel like they are in a on-going battle. As long as progress is being made, and the person is becoming increasingly free - this is what I'm referring to by demons being removed in layers.
2. They may not be free yet.
 - a. They need to understand that.
 - b. And they need to understand that they can get rid of the demons without someone else's help. They are not bound to or held back by someone else's schedule, availability, etc. They can

address the problems, and get rid of the demons. (James 4:7)

- c. They need to understand it can be a process, or they may go into fear, and add to their problems.

D. As a side thought: sometimes people can have difficulty with self-deliverance. (The demons won't leave)

1. The answer to that is:

- a. Are they certain of what the scripture says about it?
- b. Do they know who they are in Christ?
- c. Are they living James 4:7 on a daily basis.
- d. They may need to do some Prayer and Fasting.
 - > Our spiritual power in deliverance is increased through Prayer and Fasting.

2. The answer to ease of seeing someone delivered, or doing self-deliverance rest in those 4 points.

E. If it wasn't addressed in the Deliverance Session - remember: there is always a reason the demons were there.

1. Help them realize there may be some sin they need to take care of.

- a. Was it generational?
- b. Was it personal?

2. How did the demons get in?

- a. That opening needs to be closed if at all possible.

3. Encourage them to seek the Holy Spirit on it. HE KNOWS WHAT THE PROBLEM WAS.

- a. Guard against saying much unless you've heard from the Spirit.

They don't need our speculation. It can steer them in the wrong direction.

#2) The Days Following the Deliverance Session.

A. Check up on them to make sure they're doing Ok.

1. Again, use wisdom. We're not trying to frighten them.

2. If they're doing Ok, let them know you're available if they need anything.

3. If they're not doing Ok, then stay consistently in touch with them and help them until they are doing Ok. (In their Soul and Body)

B. Often, especially at the beginning, follow up deliverance is needed to take out more layers of demonic issues before the person can begin to walk it out with their own faith.

C. Again, make sure they understand Self Deliverance.

D. Encourage them to spend more time in the Word, and in talking with the Holy Spirit to fill the newly opened land in their temple.

E. They have no reason to fear - but realize that they may need to kick a few more critters (demons) out before they are done.

1. That doesn't make them unusual, strange, weird, or have something wrong with them.

2. It can be quite normal.

F. Help them realize that the same demon / or class of demons will be coming back around to see if they can get back in.

1. Explain to them - how to be ready for that. (see: 'Holding Our Land')